



Belcarra Barnacle

October 2025

Belcarra's Community Newspaper

Volume 46 Issue 08





THE BELCARRA BARNACLE

Our purpose is to inform and involve.

The Barnacle welcomes all contributions about our local community. If you would like to submit an article to the Editor, please be advised that your name will be listed as the author. We reserve the right to edit for brevity, accuracy, clarity or taste.

SUBMISSIONS

Email: belcarrabarnacle@gmail.com

Paper submissions can be placed in the Barnacle box outside the Village Office or sent by mail to:

The Belcarra Barnacle,
4084 Bedwell Bay Road,
Belcarra, B.C. V3H 4P8.

Deadline for Submissions is the 20th of the month.

Out of Town Delivery is available at \$20.00 per year
Email the Barnacle to arrange.

PUBLICATION

We publish ten times a year, at the beginning of the month. We do not publish in January and August.

VOLUNTEERS

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Assist. Editor: Deneige Davis
Advertising: Sandra Rietchel
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FROM THE EDITOR

Happy Thanksgiving and happy fall! We at the Barnacle are grateful for your support, your contributions, and your continuing interest in your community paper. Please keep sharing.

Klaus, Farley, and I are on our way home. It's been a great visit to Ontario and we've had lots of time to reconnect and hug our family. We even convinced my sister to contribute to the Barnacle (Thanks, Jody!) We have enjoyed the changing leaves, watched Monarch butterflies cluster in Point Pelee National Park, tasted the bounty of a fall harvest, took a swim in every Great Lake but Michigan (well.. Farley did anyway), and we were tourists in my hometown of Kingston.

See you all very soon!
Dayna



ADVERTISING RATES:

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Please send ads in PDF, jpeg, or tif format to:

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	Per Month	5 Issues	10 Issues
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Card (2" x 3")	\$24	\$90	\$144
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1/2 Page	\$60	\$240	\$360
1 Full Page	\$150	\$540	\$960
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1 Page (Back Page)	\$270	\$1200	\$2280
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SVFD (Jay Sharpe) 604 765 2944
jay.sharpe@anmore.com

RCMP - Non-Emergency 604 945 1550

Village Road, Water, and WARD
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SVFD Recruitment:
sasamatrecruitment@gmail.com

Important Dates in October

- 6** Belcarra Garden Club Meeting
- 6** Regular Council Meeting
- 6** Full Harvest Super Moon
- 13** Thanksgiving
- 18** Persons Day in Canada
- 20** Regular Council Meeting
- 20** Diwali
- 21** New Moon
- 31** Halloween
- 31** Trick or Treat at the Village Hall
between 5:30 pm and 6:30 pm
- 31** Fireworks in the Park (8:00 pm)



A photo of "A beautiful Belcarra Sky" by Amanda Bouchard.

Do keep sending us your favourite local photos and artwork. It is a pleasure to share them. belcarrabarnacle@gmail.com

Hey proud parents, neighbours, and friends —

The Barnacle loves to celebrate our community! Let's recognize and share the significant events in our local neighbourhood.

If someone has reached a milestone, or is celebrating an anniversary, or is just doing something really cool, come share the news.

Send us an email
BelcarraBarnacle@gmail.com ... and we will do the rest.

Send pictures!

The Barnacle is published in both hard copy and online. If you are limiting your online presence, just let us know. We are happy to try and accommodate, including using only first names.



September Council Meeting Editor's Notes

For copies of the reports and detailed minutes, visit the Village website at www.belcarra.ca. Recordings of Council meetings are available on the Village YouTube site.

September 15 Council Meeting

TransLink provided a notice to the Village of their 2025 Service Changes to Belcarra: Seasonal bus service on route 182 (Moody Centre Station / Belcarra) will be reduced until spring 2026.

The Union of British Columbia Municipalities (UBCM) Canada Community Building Fund BC notified the Village that the first Community Works Fund Payment for 2025/2026 will be \$32,816.

Council approved the schedule for the 2026 financial planning process and the 2026 – 2030 Financial Plan/Budget as presented by Ken Bjorgaard, Financial Consultant, and Melony Burton, Chief Administrative Officer (CAO).

The Village will receive a grant in the amount of \$33,150 from the Provincial Government to create a mobile emergency operations centre including the purchase of a cargo trailer and equipment, laptop computer, lockable cabinet, awning or tent, folding tables and chairs, helmets and vests, and IT hardware/software and installation support.

Mayor Ross reminded everyone that September 30, is National Truth and Reconciliation Day.

The CAO introduced Catherine Grisewood, a new member of the administrative team at the Village hall. Catherine has a background in customer service, administration, and executive support from her previous roles with Fraser Health, City of Port Coquitlam, Kwikwetlem First Nation, and the Ministry of Transportation and Infrastructure. Welcome, Catherine!

The CAO reviewed the work by staff, since the July 21 Council meeting:

- Fieldwork for a drainage inventory is complete and mapping updates are underway
- Roadway crack sealing completed
- Vegetation trimming along roadways is completed

- Marine pipeline inspection (potable water pipe from North Vancouver) completed
- Fire pumps and the emergency generator maintained
- Tatlow and Watson trails maintained
- Fleet servicing completed

During the question and answer period, the CAO provided an update to the ongoing Sasamat Fire Department service review: Anmore has submitted a position to the Village and Belcarra will respond by the end of September.




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SVFD Board of Trustees Meeting Editor's Notes

The Board of Trustees of the Sasamat Volunteer Fire Department (SVFD) met on Thursday, September 11.

Metro Vancouver Regional District (MVRD) provided a draft 2026 operating budget and 2026-2030 financial plan for the Sasamat Fire Protection Service (SFPS). Staff proposed a budget of \$952,629, a slight increase over 2025. The budget includes a contribution of \$400,00 to the Capital Facilities Reserve and \$92,000 to the Capital (equipment) Reserve. The Trustees amended the draft to increase both Capital Reserves by three percent to address inflation. By the end of 2025, the total Capital Facility Reserve is projected to be at just over \$1.6 million. During this discussion, Mayor McEwen suggested that the Capital Facilities Reserve financing model may be different in future.

The 2026 Work Plan was presented. The plan includes a potential full-time Fire Chief and continuing work on the replacement of the two fire halls.

Chief Sharpe provided an update:

- Department training, maintenance, and conference work is on or ahead of schedule.
- "Tender 2" truck replacement remains on hold.
- There are eleven possible department recruits from Belcarra (one), Anmore (five) and the remainder from Port Moody. New recruits are first selected from Anmore and Belcarra.
- The department has capacity for 45 members of which there are currently 33. New recruit training starts on October 1.
- The Sasamat Volunteer Fire Association (SVFA) and the SVFD may host a CPR training day this fall.
- The Belcarra radio system upgrade is now complete and uses a cellular connection.
- There have been 95 Call-outs this year of which 12 were fires, 57 Medical, 8 Motor Vehicle, 17 alarms, and 1 Other.

- The SVFA has applied for a grant totalling \$67,165 for the purchase of two new pieces of equipment: one to clean personal protective equipment and the other to be used during auto extrications.

Mayor McEwen will speak to BC Hydro about the cost of SVFD responses to Buntzen Lake. This year BC Hydro agreed to a payment of \$10,000 for this service, a fraction of the actual costs.

The Trustees approved a motion to direct MVRD staff to bring back a report highlighting the next steps for the design, cost, and building of the two fire halls. A report is expected back for discussion before the end of October.

Mayor McEwen noted that Anmore Council has sent a letter regarding the ongoing service review to Belcarra's Council. A response from Belcarra is expected by the end of September. The goal of the service review is to find agreement between Anmore and Belcarra on the apportionment and recovery of capital costs for the service.

MVRD staff and Chief Sharpe identified the need for a command control vehicle for the use of the Fire Chief or acting Fire Chief when responding to a call. The Trustees approved a motion to assume a lease from MVRD for a 2024 truck at a cost of up to \$1500 per month.

Note: The above is my summary, with all of my errors and omissions.

You can watch the meeting for yourself or review the official meeting minutes on the Village's website:

<https://belcarra.ca/community/sasamat-volunteer-fire-department/>



Things to Look for in the Night Sky

Source: [nationalgeographic.com](https://www.nationalgeographic.com)

Full Harvest Supermoon — October 6

October's full moon rises on October 6, just as the moon reaches its closest point to Earth. That timing makes it a supermoon, appearing up to 14 percent larger and 30 percent brighter than when the moon is at its farthest point. Dubbed the "harvest moon" per the Farmer's Almanac, it is the closest full moon to the autumn equinox.

Orionid Meteor Shower — October 21

The Orionids are an annual meteor shower peaking around October 20-21, originating from the debris of Halley's Comet, and appearing to radiate from the constellation Orion. The meteor shower will coincide with a new moon on the 21st, and the lack of moonlight will make for optimal viewing conditions.

A Chance to see Mercury — October 29

Because Mercury orbits so close to the sun, it's often obscured by the star's glare. On October 29, the planet will be at its greatest separation from the sun and therefore one of the best times to view Mercury. Look for the planet toward the west in the early evening, just after sunset.

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Information about viewing salmon:

<https://psf.ca/salmonspotting/>

Follow the link or google the "Pacific Salmon Foundation" for maps on where to go, when to go, viewing etiquette, and descriptions of the best areas to spot salmon.





Traditional Art Unveiling Ceremony held at Eagle Ridge Hospital

A Traditional Ceremony was held earlier this year for the unveiling of new artwork by Rosalie Dipsco Williams. Rosalie's new artwork is displayed in the emergency department of Eagle Ridge Hospital (ERH). Fraser Health Authority (FHA) commissioned Rosalie as "part of its ongoing commitment to create culturally safe and welcoming spaces for both staff and patients." Mayor Jamie Ross was invited to attend and spoke at the ceremony.

Chelsea Fillardeau, the FHA lead in the Indigenous Health team, shares:

"It is a way to have local indigenous artists represent their Nations /communities through art. The piece displayed at ERH, in particular, has a lot of depth. Rosalie carefully put so much thought and detail behind this piece; using colonial history of the town crossed over with indigenous teachings and medicines."

When our ancestors held these types of ceremonies, it was held as one of the highest honours.

Families would spend years planning and prepping to host families and other nations. Still, until this day we have these protocols and beliefs that our people actively practice. We are taught that the drum is our heartbeat.

It is the tool that helps us call in our ancestors, we are taught that our songs are medicine. So when we bring the drum and song together we are calling our ancestors in, to spiritually cover and thank the one being honoured."



The following is from an Artist's Biography of Rosalie Dipsu Williams:

"Rosalie Dipsu Williams was a member of Stat'Imic Nation of Mount Currie, British Columbia, Canada. She has since married John Williams and is now a proud member of Squamish Nation.

She was born in 1960, at the Bralorne Mines Hospital. In her early childhood she became separated from her family when her mother Evelyn Peters tragically passed away.

Rosalie was raised in Vancouver, British Columbia, in the care of the Woods family. When she became of age, she became interested in finding her place of origin and reacquainting herself with her family and background.

She lived in the heart of Vancouver where she gained knowledge and compassion for people from all walks of life. In the process she became aware of her native spirituality, which in turn led her to find her natural ability as a visionary artist.

Rosalie's concepts and colour theories captivate her viewers; graphics, landscapes, and ghost imaging are balanced alongside a retained authenticity to her native culture."



A Happy Update on our Little Eagle Friend By Andrea Jauck

I have some wonderful news to share about Edwina the eaglet! You might remember that this spring she had a tough start, having fallen from her nest and injuring her wing. Initially, there were real concerns that she might not recover. In fact, I was told at one point that it could take up to nine months for her to heal, and if she couldn't fly by then, they might have to make a heartbreaking decision. Naturally, I was worried and kept her in my thoughts.

But then, just a week later, I got the most delightful call. It turns out there was a mix-up, and the eagle I'd heard about was actually a different bird. Our Edwina was doing just fine all along! She was not only healthy but also ready to spread her wings. On September 13th, she was released from Hamber Island. She took off beautifully, flew straight up to the trees near her old home, and now she's happily back in her territory. I even hear her calling in the mornings, which is just the best feeling.

I'm so thrilled to share that Edwina is thriving and free. It's a little piece of happy news that makes the day brighter!





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🎃 CRAB Halloween Celebration 🎃

By Penny Moen

I hope everyone had a wonderful summer! As president of CRAB, I'm delighted to invite all of our Belcarra goblins, monsters — and yes, older kids too — to join us for some Halloween fun.

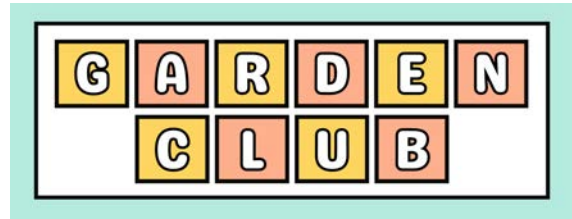
Bring your trick-or-treaters in costume to the Village Hall on October 31st between 5:00 and 6:30 pm to pick up a treat bag.

Then, gather at the park at 8:00 pm for a spectacular fireworks display.

Halloween is more than costumes and candy — it's about laughter, connection, and sharing time together as neighbours. These moments are what helps make Belcarra such a special place to live, and I encourage everyone to come out and celebrate the spooky season as a community. I'd also like to extend a heartfelt thank-you to all of our volunteers and supporters who help make events like this possible.

As we near the end of the year, please watch for the notice of our Annual General Meeting (AGM). If you're looking for an opportunity to get involved, make your voice heard, or join our leadership team, we would love to see you there.

On behalf of CRAB, I look forward to celebrating Halloween with you all.



Happy Gardening Belcarra!

Another good season for our club, the membership is slowly increasing! Thanks, **Belcarra Barnacle**, for helping us attract new members.

Our final meeting this year will be held on Monday, October 6th at 2pm at the Belcarra Picnic Shelters. Our annual plant and seed exchange will take place at this meeting.

The Belcarra Garden Club meetings will resume in May.

To become a member of the BGC, please contact us at 604-937-7103 or email lesbramley@shaw.ca.



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CRAB's 6th Annual Potluck Picnic in the Park!



What a lovely afternoon!

A gathering of neighbours for some friendly conversation and delicious food.

Les Bramley provided an informative Block Watch presentation and organized a raffle. Dan Greenwood was the lucky winner of a first-aid kit.

What a nice surprise to have a visit from our MP Zoe Royer!

Thanks to everyone who volunteered and to everyone who came out.

If you didn't make it this year.... we hope that you will consider joining us next year!

Thank you — Megan Shelly, Cathy Fong, and Penny Moen — for sharing your photos!



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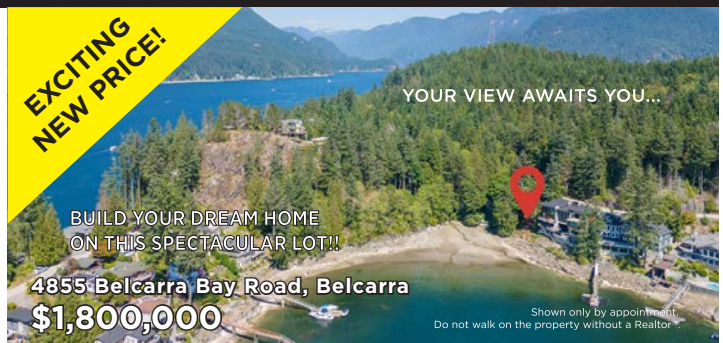
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Jelly in the Sky— Submitted by Christine Wohlleben



Red Coral Fungus — Submitted by C Baptist

A Halloween-themed poster for a "Trick or Treat" event. The background is a dark wooden wall decorated with string lights, black bat cutouts, and large black spider cutouts. On the left, a dog is dressed as a ghost, wearing a white sheet and a small pumpkin basket. On the right, a small witch character is visible. At the bottom right, a friendly-looking ghost character in a white sheet and orange skirt is smiling. The text "TRICK OR TREAT" is written in large, stylized letters, with "OR" in orange and "TRICK" and "TREAT" in blue. Below this, "HALLOWEEN" is written in large, bold, orange letters. To the right of the "TRICK OR TREAT" text, the date and time "October 31st 5:30 ~ 6:30pm" are displayed. At the bottom left, a block of text reads: "BETWEEN 5:30 PM AND 6:30 PM ON HALLOWEEN NIGHT -- CRAB WILL BE AT THE VILLAGE HALL GIVING OUT LOOT BAGS AND TAKING PHOTOS. COSTUMES REQUIRED!". At the bottom right, a small logo of a crab is followed by the text "HOSTED BY C.R.A.B.".

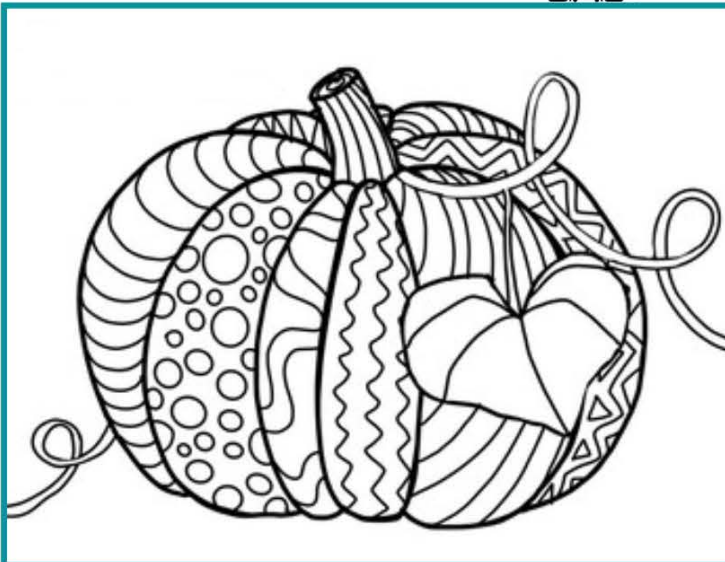
Kidz Zone

October Edition



My name is _____.
 I am so excited for
 Halloween! I am going to
 dress up as _____!
 My favourite candy is called
 _____ and my least
 favourite is _____.

COLOUR ME!



CAN YOU SOLVE THE RIDDLE?

Easy

I am tall when I am young,
 but short when I am old.
 What am I?

Medium

What room does a ghost
 avoid?

Hard

The person who built it
 sold it. The person who
 bought it never used it.
 The person who used it
 never saw it. What is it?

E: A Candle M: The Living Room
 H: A Coffin GOOD JOB!

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On the Belcarra Reading Table By Klaus Bever

Nothing remains the same, for long.

And we value change. It was a retired Saskatchewan farmer who oftentimes reminded me that change is as good as a rest; that when the seasons change, the work on the farm changes, the birds in the fields change, the suppers on the table change, and with all that change, it feels as though you've taken a well-deserved holiday, a rest, in Winnipeg. And when those aching adolescent lyrics from England were all that I ever listened to, or wanted to listen to, it was my mother who reminded me that the Rolling Stones belting out "Can't get no satisfaction" wasn't her favourite line but a welcome change from the Beatles persistently and beseechingly screaming "I wanna hold your hand". The concept of change was germinating. There were patterns mowed into the grass in our front yard that my father insisted would show the neighbours how a neatly mowed and manicured lawn reflected our pride in our new neighbourhood. It was invigorating when I became old enough to mow that lawn, and with relish for rebellion, change the pattern mowed into the grass. Our family was not driven from the neighbourhood with that change in our front lawn. My pop seemed overly content to have me continue to cut our grass. Change can be unsettling.

Some change is difficult to recognize. When you remodel your kitchen, the outside neighbourhood traffic isn't likely to recognize any change to the house. But if you repaint your yellow house blue, there will be a flood of comment. Change may be so gradual that only snapshots, with time between, may allow its recognition. Family picture albums are like that. Change that has consequence, and especially unwanted consequence, is the most difficult to recognize. There may be little spirit to recognize the change. In many of our everyday choices it is easier to live and to continue to accept the true and predictable than to consider the alternative, and have to adjust to that change. The inability to find any easy peace with change, keeps us from its acceptance.

It is easier to find denial. Denial is immediate, resourceful and problem solving and practical for the moment.

When the changes we sense in the people around us can no longer be easily denied, we gradually, slowly, approach acceptance of those changes. The neighbour who seems to be losing initiative, whose conversations become repetitive, vague, poorly focused, overly detailed, or just impossible to follow despite a long, pleasant, vigorous history of past engagement, is going through change. There may be a multitude of explanations. There may be very few. Time and life provide so many other distractions, until some single event forms suddenly to wash all those away.

Niall Williams' book, "Time of the Child", explores the theme, amongst others, of change: the adjustment to the change of circumstance, the change of person, the change of capacity. How does someone adjust to the changes that can no longer be denied when those changes, if publicly recognized, will affect the whole community. Will adjustment then force some change on almost everyone within the village in Williams' novel, and will those adjustments be fairly applied? That is the dilemma facing the good Doctor Jack Troy when his cleric friend and confidant, Father Tom, the iconic, dedicated village priest, can no longer disguise the effect of living too long in a role without change, and with an apparent lack of capacity to make any change. As with all the characters in Williams' Ireland, the doctor and the priest can be easily loved and easily forgiven for all this humanity.

This book is a good read for the need to recognize and accept change and the seemingly occasional insurmountable difficulties attached.



Time of the Child

By Niall Williams

Bloomsbury Publishing

November 2024



Book Reviews

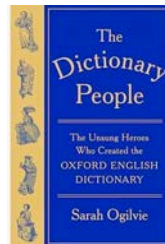
Let's Call her Barbie by Renée Rosen

This is NOT the Barbie movie in book form. This is the "who, why, when, and how" of the very popular, rather sexy, much played-with doll, Barbie by Mattel. It's really the story of Ruth Handler who in 1956 wanted to give girls something more to fantasize with. It was another option to pretending to be a mother with baby dolls. Barbie represented a career and girlish self-esteem. Ruth hired a brilliant engineer, Jack Ryan, and professional dress designers to fashion her clothes. But the road to success was not smooth. There were personal lows, public scandals, and private tensions. Throughout this book, you will admire greatly the vision and tenacity of Ruth Handler, a woman CEO in a man's world! CG



The Dictionary People: The Unsung Heroes Who Created the OXFORD ENGLISH DICTIONARY. by Sarah Ogilvie

Years ago I had a very small role in converting the 29 volumes of the OED into its current electronic online version. Generally regarded as the world's leading English language dictionary, the history of the OED, which was created by James Murray and a small team of lexicographers and others beginning in 1879, is endlessly fascinating. Sarah Ogilvie, a lexicographer currently associated with the OED, found Murray's address book in the OED archives some years ago. She was thus able to trace the lives and contributions made by a sample of Victorians, both in the UK and beyond, who sent Murray "4"x"6" paper slips illustrating the use of words over the centuries. This was (and still is) the heart of dictionary making. As one might expect, some of the OED contributors brought unique knowledge and personalities to the process, running the gamut from distinguished scholars, residents of insane asylums, to local nudists. Well worth reading. JS



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— Emma Thompson



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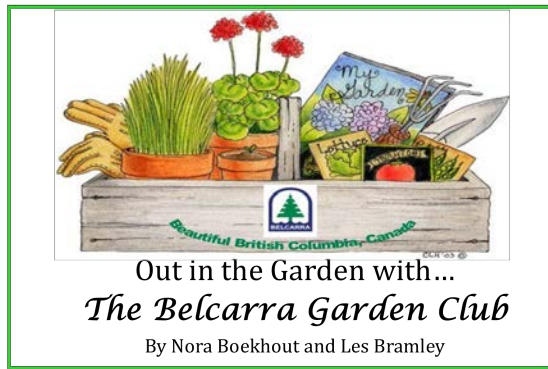
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Van Dusen Botanical Garden by Nora B.



It was such a treat to visit this Vancouver gem, and it was the perfect weather for a field trip! We really didn't need the visitor map as the walks are well laid out and one of our members knew them by heart!

The entrance cleverly displays many of the flowers currently in bloom, as each season shows off an amazing array of plants.

As we waited for all to arrive, we visited the "Pollinators" learning area. (Note: no one took on the challenge to "dress up like a pollinator"! Lol!)

Stepping outside the first vista is a lake, water fountain, and a charming bronze statue amidst a seating area. There are multiple water features along the way: waterfalls, ponds, fountains. Funny note: after taking a photo of two bronze herons, we turned on the path to see... a live heron fishing amongst the water lilies! We did not see any other birds, which seemed odd, but the number of different bees and insects was astounding! One insect we were glad not to see was the European fire ant, which merited a "warning sign" along one of the paths!

Every planting bed was a mass of eye candy... what a riot of colours and shapes! For example, there were collections of roses, azaleas, carnivorous plants, ferns, heathers, as well as areas devoted to different themes, such as Woodlands, Mediterranean, African, Australian, and tree groupings of maples, conifers, dogwoods. The hydrangea groupings were spectacular, and of note was a "mophead hydrangea" with little flowers shaped like stars. That was a new one for us! The paths are landscaped with magnificent trees and thick bushes, which add to the ambience of the gardens. A surprise was the "Snake Branch Spruce"; it seemed almost alien! A fun spot was the learning centre with raised beds displaying plants for "Botanical Drinks," "Dye Making," and Pizza! This brings me to "The Maze"! Wow! Those of us "who dared enter" had a good long hunt and more than a few wrong turns before we managed to escape! We also had a bit of a chuckle at the "Rock Garden" ...no watering necessary there! A light lunch at the Truffles Café capped off the day, and we all agreed it would be worthwhile returning in different seasons!



Full article (and lots of photos), sources, and links are on our webpage: <http://tinyurl.com/rwcf9b85>

Stories from the Archives — “The Proposed Road to Indian River”

Researched By: [Ralph Drew](#),
Belcarra, BC, September 2025.

Prior to ‘World War One’, the Provincial government had plans to construct a six-foot (2 m) wide trail from the northern boundary of the ‘District of North Vancouver’ (see map below) to the mouth of Indian River, at Wigwam Inn, along the west shore of the North Arm (a.k.a. ‘Indian Arm’). However, that project only got as far as the planning stage.

In July 1912, it was reported that the ‘District of North Vancouver’ was making rapid progress on surveying the ‘North Arm Road’ (a.k.a. ‘Indian River Drive’) from Keith Road (today known as ‘Mount Seymour Parkway’) and the engineers had reached the last district lot at the north end of the municipality ⁽¹⁾⁽²⁾. It was anticipated that the 10-mile (16 km) road would prove a great boon to mineral exploration along the North Arm section of the district and would also prove a scenic settlement road second to none in the country.

In 1912, the District of North Vancouver constructed the municipal wharf at ‘Woodlands’ ⁽⁴⁾ and, in 1914, ‘Indian River Drive’ was constructed as far as ‘Woodlands’. ⁽⁵⁾ However, most ‘Woodlands’ residents depended heavily on the passenger ferry services of ‘Harbour Navigation Company’ for transportation, mail services and groceries. A pathway was kept between North and South ‘Woodlands’ so that the residents north of the wharf could pick-up their mail and fresh milk. ⁽⁶⁾

In 1916, the Provincial government built a six-foot (2 m) wide trail from the mouth of the Indian River, at Wigwam Inn, to the summit of the divide, a distance of about 16 miles (about 25 km). ⁽⁷⁾⁽⁸⁾ The objective was to make a trail of sufficient width to accommodate the transportation of supplies and mining machinery by means of sledges, and thereby reduce the cost of transporting supplies and other necessities for mineral exploration.

This trail connected with the trail put through from Squamish to the mineral claims located about mid-way between Squamish and the head of Indian Arm. ⁽⁹⁾⁽¹⁰⁾ With the two trails linked-up, access was created from the mouth of Indian River to Squamish making a large mineral area accessible to prospecting and practicable development.

References:

- (1) [“Improvements and Works are Progressing”](#), Vancouver Daily World, Friday, July 12th, 1912, p.17.
- (2) [“Many New Roads Being Opened”](#), Vancouver Sun, Saturday, July 27th, 1912, page 5.
- (3) [“The New Vancouver Across The Inlet”](#), Vancouver Daily News-Advertiser, Sunday, October 12th, 1913, page 18.
- (4) [“Notice To Contractors”](#), Vancouver Daily World, Tuesday, April 23rd, 1912, page 21.
- (5) [“To Have Trunk Roads”](#), Vancouver Sun, Wednesday, July 29th, 1914, page 3.
- (6) [Roy J. V. Pallant](#), “Woodlands Post Office (Document No. 180980)” and “Indian Arm Post Office (Document No. 180957)”, [Museum & Archives of North Vancouver](#), [Socio-Historical Service Infrastructure](#), Chapter 2.
- (7) [“Opening Six-foot Trail Up Indian River”](#), North Shore Press, Friday, August 4th, 1916, page 1.
- (8) [“Trails Are Great Advantage”](#), Vancouver Daily News-Advertiser, Saturday, October 21st, 1916, p. 5.
- (9) [“Government Trails to Assist Miners”](#), Vancouver Province, Thursday, July 13th, 1916, page 15.
- (10) [“Building Mining Trail”](#), Vancouver Daily World, Monday, July 31st, 1916, page 10.

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Letter to the Editor Thoughts on Truth

By Deborah Struk

October is, once again, upon us. The leaves have started to fall while the mornings and evenings are noticeably cooler. With pumpkin muffins, lattes, and long sleeves, our hearts are stirred and filled with warm thoughts of all we can be thankful for. I mean seriously... what is it about cupping one's hands around a favourite warm beverage while enjoying the beauty of creation? We are so blessed to be able to do that in Belcarra. On clear evenings, it is heartwarming to see so many arrive at Belcarra Park just to watch the sunset and soak in the peace and beauty.

It is necessary for our souls to be at peace and give thanks. Many were horrified with the assassination of Charlie Kirk which happened in front of thousands of young innocent people. It truly was an evil event that has shaken many. It is scary to think some celebrated it. We should be able to feel safe and thankful we live in North America where healthy dialogue is (and should be) encouraged. It is a blessing to have access to view online, full clips from years of Mr. Kirk's friendly engagement with so many different people. Still stories are spun, saying he was hateful, or much worse. One only needs to watch the full clips of the supposedly hateful comments, to realize it is not true. We can be thankful for our eyes and ears and ability to check things out, beyond what we are told to believe. This applies to most everything in life.

We can be thankful for school, college, and university campuses that still allow for healthy debate and dialogue, encouraging critical thought, all done in love. Canada, sadly, does not have a good reputation there: by example of Dr. Jordan B. Peterson or Dr. Julie Ponese. Hate has no place. Censorship may be necessary where real evil is being espoused, but not toward those who encourage healthy discourse.

Mr. Kirk would purposefully try to engage those who opposed him to friendly debate and dialogue. The last five years have taught many of us to not listen to just one or two media outlets. Independent news outlets, not bound by government financing, can be great sources. I personally know three people in public funded news media who have left their jobs because they were bullied and penalized because they tried to publish what they really saw and knew. Why can't truth be told? We need to use our five senses, and wisdom, and be willing to question and engage in dialogue with others. Beyond that, we must not get so caught up in news and what is happening out there, that we do not see the blessings in each day. We, being made in the image of God, have feelings and intelligent thought and voices to be able to bless others. Again we are reminded of the words of Jesus regarding not being troubled as the world has plenty of trouble. He has overcome those.

A powerful exchange was Jesus and Pilate before He was crucified, "You are a king then?" asks Pilate. "You say that I am a king," responds Jesus, "I was born for this, and I have come into the world for this, to testify to the truth. Everyone who is of the truth, listens to my voice."

Truth is important, to recognize and hear Christ Jesus speaking. My hope is that all would hear Him and accept Him, by faith and heed the truth. We can be thankful that there is one who loves every one.

We all have many blessings to be thankful for. May they be more and more evident each day. Love those around you, enjoy each and every moment and take time to experience joy and peace. You are loved. May you know the Creator's great love for you. Have an amazing October and Thanksgiving. Be blessed with warm cups of delicious tea, coffee or hot chocolate while enjoying the beauty around. Have an outstanding October!





Letter to the Editor For the record (FYI)

By Brian Hirsch

Regarding the September Issue, quote on page 18

I posed the question on the web:

"Is it true that the expression 'Logic will get you from A to Z. Imagination will get you everywhere' is attributed to Albert Einstein?"

Answer: No, the quote "Logic will get you from A to Z. Imagination will get you everywhere" is generally not attributed to Albert Einstein, though it is widely associated with him. Some sources even clarify that the quote, sometimes rendered as "A to B" instead of "A to Z," has no known definitive source but is mistakenly attributed to Einstein.

Here's what we know:

Misattribution:

The phrase is frequently associated with Einstein, but there is no verifiable source to confirm he said it.

Variations:

You might see the quote written as "Logic will get you from A to B. Imagination will take you everywhere," rather than "A to Z".

Lack of Source:

The quote is sometimes listed as "attributed-no-source" on quote sites, indicating its origin is unknown.

Alternative Explanation:

One source suggests the quote may have been misattributed by Gestalt therapist Frederick Perls, who described an interaction with Einstein and may have mistakenly associated the quote with the physicist.

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BLUEBERRY MUFFINS

BY JODY FITZ

Growing up in Sudbury, our family was lucky enough to take advantage of the wild blueberries growing in abundance in the area.

In July, the family would pile into the forest green family truckster, the back filled with empty plastic vessels, and head off for blueberry picking. We would listen for approaching bears while filling our buckets. Our dog Charlie, lying nearby on the hot sand, nibbled berries right off the short bushes. Our mom and dad would pick the largest number of berries, while I preferred to fill my pail with everything from berries to twigs, to green buds, if only to end my unpaid child labour sooner than later.

During those summer months we would enjoy blueberry jam on toast and biscuits, blueberry pie dripping with purple juices, and bowls so heaped full of berries for breakfast, I could barely find room for a spoon. One could wonder when they too might be taken to the juicing room with Violet Beauregarde to be squeezed.

In the winter months, Dad would make blueberry muffins on Sunday mornings. I would sit on the green vinyl bench in our tiny kitchen, enjoying the waft of sizzling bacon, my chubby fingers pushing shortening into the corners of the dark patina bun pits, trying hard not to miss a spot. There can be no crime worse than a muffin that does not release fully intact. To this day, decades later, our dad will still make muffins when my brother's or sister's family comes to visit.

Years later, while attending college, I tried making the famous muffins for my housemates, but they fell far short. The blueberries were bland, the tops were smooth, the size was small... though they did fly impressively out of the tin like a toddler on a wet slip and slide.

I asked my dad what I was doing wrong, and he told me his secret tips which I will share with you here: make the recipe for one and a half times for a big muffin and stir very lightly, ensuring you have lumps remaining. I embraced the measurements easily enough, but the folding technique took time and practice.

Blueberry Muffins **from *Five Roses Flour Cookbook***

Ingredients:

- 2 cups flour
- 3 tsp. baking powder
- 1 tsp. salt
- ½ cup sugar
- 2 eggs, beaten
- 1 cup milk
- ¼ cup butter, melted
- 1 cup fresh or frozen blueberries piled high

Note: Thaw frozen blueberries

Grease or line a 12-cup muffin tin. Preheat oven to 400F. In a large bowl, combine flour, baking powder, salt, and sugar, giving it a light whisk. In a small bowl, whisk together the eggs, milk, and cooled butter. Toss blueberries in the flour mixture, coating fully.

Pour the wet ingredients into the dry ingredients and stir lightly until mixed, using your spatula to fold the mixture over and on to itself. Stop stirring while you still have some bits of flour visible in the batter.

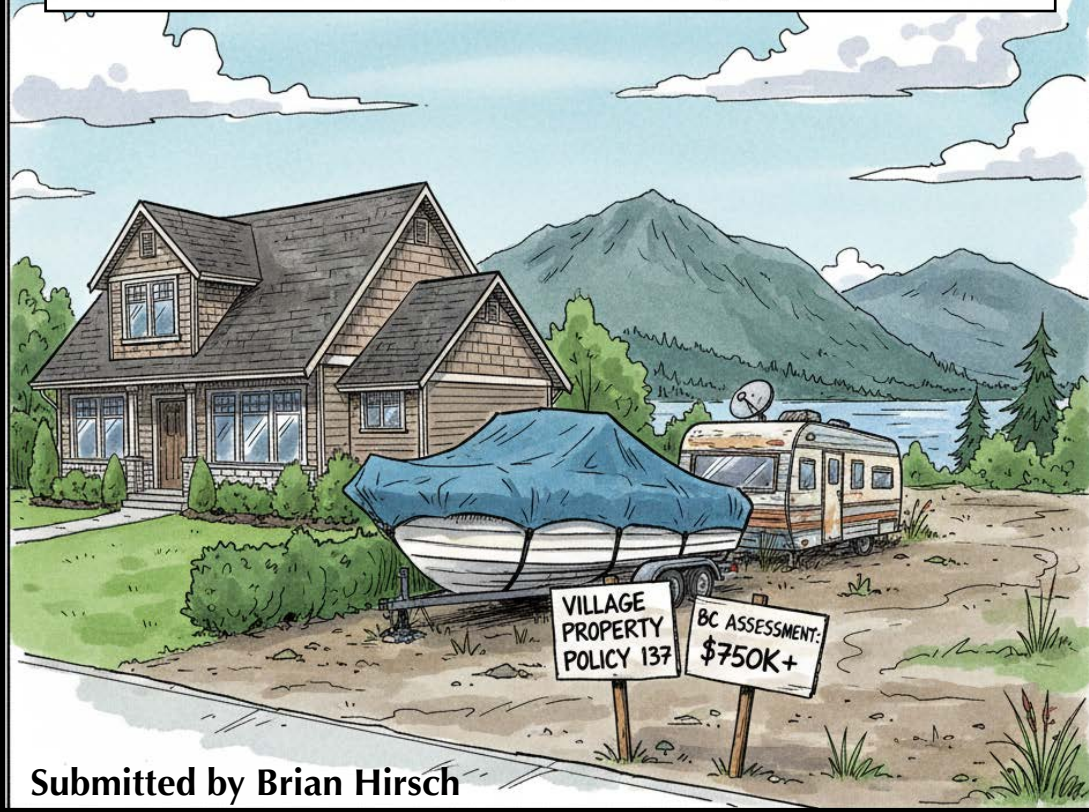
Distribute batter evenly amongst 12 cavities, about 1/3 cup per bun pit. Bake at 400 for about 20 minutes or until a tester comes out clean. Allow the muffins to cool for five minutes in the tin before releasing.

RECIPES WANTED:

We love a great recipe, especially when it comes with a story.

Email us at belcarrabarnacle@gmail.com to share yours!

WE'VE GOT PRINCIPLES AND IF YOU DON'T LIKE THEM, WE GOT OTHERS! SOME GET A PASS, OTHERS WELL, MAYBE NOT



Submitted by Brian Hirsch

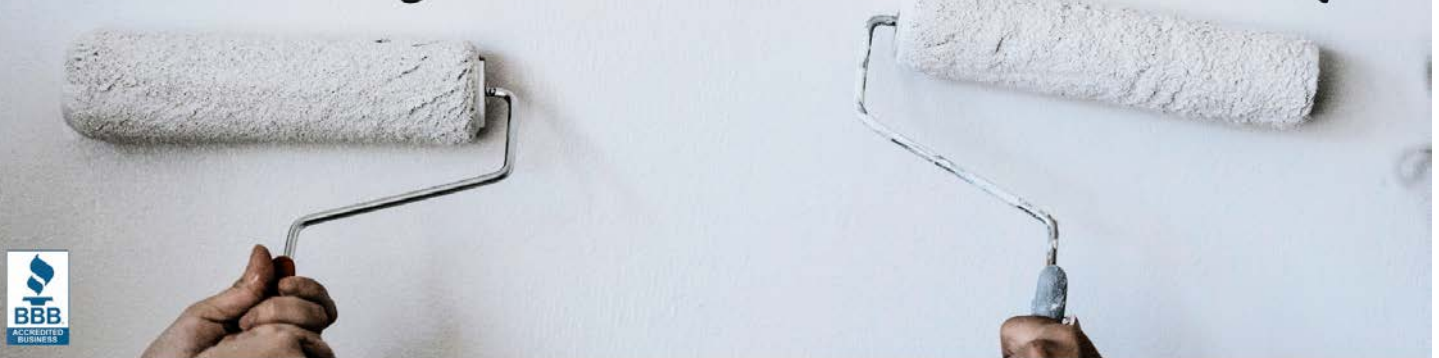
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