



# Belcarra Barnacle

May 2025

Belcarra's Community Newspaper

Volume 46 Issue 04





## THE BELCARRA BARNACLE

Our purpose is to inform and involve.

The Barnacle welcomes all contributions about our local community. If you would like to submit an article to the Editor, please be advised that your name will be listed as the author. We reserve the right to edit for brevity, accuracy, clarity or taste.

### SUBMISSIONS

Email: [belcarrabarnacle@gmail.com](mailto:belcarrabarnacle@gmail.com)

Paper submissions can be placed in the Barnacle box outside the Village Office or sent by mail to:

The Belcarra Barnacle,  
4084 Bedwell Bay Road,  
Belcarra, B.C. V3H 4P8.

Deadline for Submissions is the 20th of the month.

Out of Town Delivery is available at \$20.00 per year  
Email the Barnacle to arrange.

### PUBLICATION

We publish ten times a year, at the beginning of the month. We do not publish in January and August.

### VOLUNTEERS

Editor: Dayna Fitz  
Assist. Editor: Deneige Davis  
Advertising: Sandra Rietchel  
Treasurer: Clive Evans  
Members: Michele Babineau  
C Baptist  
Nora Boekhout  
Bonni Marshall  
Deborah Struk

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## FROM THE EDITOR

Welcome to your community newspaper!

Thank you to everyone who sends us their stories, ideas, photos, letters, and opinions. The Barnacle is glad to hear from you. We hope that your writing may encourage and inspire others. Villagers, don't forget to tell us about the big things going on in your lives. We are here to help celebrate!

It's National Volunteer Appreciation week from April 27 to May 3. To our Barnacle volunteers who help us get the paper published every month — Deneige, Sandra, Clive, Michele, Cecily, Nora, Bonni, and Deborah — thank you.

Dayna

[belcarrabarnacle@gmail.com](mailto:belcarrabarnacle@gmail.com)

## COVER PHOTO

Our front cover features a photograph by Gary Marcus. It's a moody photo of the navigational marker near Hamber Island.

Please keep sending us your photos. It is a pleasure to share them.

## ADVERTISING RATES

Classifieds (3-5 lines) are free for Belcarra Residents

|                          | Per Month | 5 Issues | 10 Issues |
|--------------------------|-----------|----------|-----------|
| <b>BLACK &amp; WHITE</b> |           |          |           |
| Card (2" x 3")           | \$24      | \$90     | \$144     |
| 1/4 Page                 | \$30      | \$108    | \$180     |
| 1/2 Page                 | \$60      | \$240    | \$360     |
| 1 Full Page              | \$150     | \$540    | \$960     |
| Classified 3 Lines       | \$ 6      |          |           |
| <b>COLOUR</b>            |           |          |           |
| 1 Page (Back Page)       | \$270     | \$1200   | \$2500    |
| 1/2 Page (Centre)        | \$180     | \$840    | \$1680    |

Please send ads in PDF, jpeg, or tif format to:

[belcarrabarnacle@gmail.com](mailto:belcarrabarnacle@gmail.com)

To Advertise Contact:

Sandra [srietchel422@gmail.com](mailto:srietchel422@gmail.com)

**BELCARRA DIRECTORY**

Belcarra Village Hall 604 937 4100  
[www.belcarra.ca](http://www.belcarra.ca)

CRAB (Penny Moen) 604-727-2510  
[CRAB4084@gmail.com](mailto:CRAB4084@gmail.com)

SVFD (Jay Sharpe) 604 765 2944  
[jay.sharpe@anmore.com](mailto:jay.sharpe@anmore.com)

RCMP - Non-Emergency 604 945 1550

Village Road, Water, and WARD 604 917 0113  
 Emergencies

SVFD Recruitment:  
[sasamatrecruitment@gmail.com](mailto:sasamatrecruitment@gmail.com)

**IMPORTANT DATES IN MAY**

- 1 Stage 1 Watering Restrictions
- 10 Anmore Community Market
- 11 Mother's Day
- 12 Regular Council Meeting
- 12 Belcarra Garden Club
- 12 Full Moon (Flower)
- 19 Victoria Day
- 26 Regular Council Meeting
- 26 New Moon

**NOTICE****TRANSLINK SPRING SERVICE CHANGE****Bus Route: 182 Moody Centre Station/Belcarra**

Say hello to more seasonal service on the 182!

Shortened wait times by 30 minutes on weekends  
 and holidays.

Saturday/Sunday/Holidays  
 Buses run every 30 minutes from 8 a.m. to 8 p.m.  
 (from current 60 minutes)

The new service started April 21.



As your representative in Victoria  
**I'm here to help**



**RICK GLUMAC, MLA**  
 Port Moody-Burquitlam

2708 St. Johns Street  
 Port Moody, V3H 2B7

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### Editor's Notes from April Council Meetings

For copies of the reports and detailed minutes, visit the Village website at [www.belcarra.ca](http://www.belcarra.ca). Recordings of Council meetings are available on [the Village YouTube site](#).

Note: Due to the Federal election, the April 28 Council meeting was cancelled.

#### April 14 Council Meeting

Council received the KPMG "Village of Belcarra Audit Findings Report" for the year ended December 31, 2024.

Ken Bjorgaard, Village Financial Consultant, presented the "2024 Financial Statements". Ken also presented a summary of some "Key Financial Indicators" (See Table 1 below). Council accepted the draft statements and KPMG can now provide a final audit report.

Council declared April 28, 2025 as the official "Day of Mourning for Workers Killed and Injured on the Job". In recognition, Council observed one minute of silence during the meeting.

Council supported the nominations of Mayor Meghan Lahti, City of Port Moody, and Councillor Nancy McCurrach, City of Port Coquitlam, for re-appointment to represent Belcarra at the E-Comm Board of Directors for the 2025-2026 term.

Council accepted a report of the "Status of Strategic Priorities Work Plan Initiatives and Key Infrastructure Projects as at March 31, 2025"

Council accepted Village staff's "Quarterly Department Reports – For Quarter ending March 31, 2025".

The Village of Belcarra 2025 Tax Rates Bylaw No. 634, 2025 received first, second, and third readings.

Land-clearing was noted on the Metro park's former caretaker's lot on Midden Road. Metro parks is considering the installation of a septic system.

It was noted that effective April 24, 2025, Melony Burton is the newly appointed Chief Administrative Officer, Financial Officer, Approving Officer, and Secretary to the Board of Variance.

Stewart Novak reported to Council that an application to receive a water metering grant upgrade was not approved. He indicated that there may be other future funding opportunities for the Village.

**Table 1: Summary of Key Financial Indicators (changes from 2018 - 2024)**

| Indicators   | 2018 Year-End<br>Financial<br>Results | 2024 Year-End<br>Financial<br>Results | \$ Change   |
|--|---------------------------------------|---------------------------------------|-------------|
| Cash & Investments                                       | \$ 1,700,055                          | \$ 4,276,014                          | \$2,575,959 |
| Unrestricted Operating Surpluses                         | \$ 274,594                            | \$ 370,075                            | \$95,481    |
| Reserve Funds  | \$ 975,630                            | \$ 3,400,333                          | \$2,424,703 |
| Long-Term Debt   | (\$3,727,134)                         | (\$2,813,955)                         | \$913,179   |
| Net Assets (Debt) (Financial<br>Assets less Liabilities) | (\$2,492,408)                         | \$940,978                             | \$3,433,386 |

**Stage 1 Restrictions**  
**Metro Vancouver Water Supply**  
**In Effect from May 1 to October 15**

**Residential lawn watering allowed:**

Even-numbered addresses on Saturdays

Odd-numbered addresses on Sundays

- Automatic watering: 5:00 am - 7:00 am
- Manual watering: 6:00 am - 9:00 am

**Watering trees, shrubs, and flowers** is permitted any day from 5:00 am to 9:00 am if using a sprinkler, or any time if hand watering or using drip irrigation. All hoses must have an automatic shut-off device.

**Edible plants** are exempt from restrictions.

**Congratulations, Paula Richardson**

Paula Richardson, our Village Chief Administrative Officer, retired on April 24. Here are a few final words from Paula:

*"It has been my privilege to work in Belcarra for almost nine years and as I retire, I am excited to spend more time with my family, including my four grandsons. Thank you to those of you in the community who I know, those who I have worked with, and all of the passionate residents who have kept me on my toes. It has been a pleasure to get to know so many. Lastly, it has been an honour to work with Council over the years and to the Belcarra staff, each and every one of you is a treasure and I will miss you all. I couldn't have done it without you. Cheers to Belcarra and many, many good memories."*



Paula Richardson at her last Village Council meeting — surrounded by Councillors Joe Elworthy, Liisa Wilder, and Janet Ruzycki, and Mayor Jamie Ross.

# Sasamat Volunteer Firefighters Association



SVFA  
2025 Award Details  
Due: June 18, 2025



ATTENTION: Anmore & Belcarra Grade 12 Students  
Amount of Award: \$750

## Criteria:

- Must be a Grade 12 student and resident of Anmore or Belcarra.
- Available to graduating students entering a post-secondary education program in one of the following fields: Fire, Police, Public Safety, Medical, Healthcare, Dental, Military, Social Services.
- Students must provide Proof of Enrollment in a post-secondary program within one year.
- 750–1,000 word essay on the topic: ***“Why Volunteering is Important in My Community?”***
- Include details of volunteer service in the essay.
- 2 Letters of Reference from non-family members, verifying volunteer work hours completed.
- Include contact details of References (e.g. email, phone number)

## Essay Prompt: ***“Why is Volunteering Important in My Community?”***

- By “community,” we mean where you live (e.g. Anmore or Belcarra), your school community, faith community, team/club community and/or other communities to which you belong.
- Describe “your community” in your essay.

## Possible prompts to help elaborate your response:

- What was your role in the volunteer work? What specific volunteer service did you provide?
- What were your responsibilities? What did you accomplish? How many hours did you serve?
- Upon reflection, what did you learn from your experience? How has this experience influenced your future direction?
- What program are you planning to study? How will your community service assist you in this path?
- Feel free to add any additional information to complete your answer.

Applications are due June 18<sup>th</sup>, 2025, and can be submitted to either Heritage Woods Career Centre or to your local Village Hall (Anmore or Belcarra ).

**Questions? Contact SVFA at:** <reply2svfa@gmail.com>

# Sasamat Volunteer Firefighters Association



## 2025 Award Application Form

Due: June 18, 2025



Student's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Graduating Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Post Secondary Plan: \_\_\_\_\_  
( a brief description of what field you plan to study )

Planning to enroll at: \_\_\_\_\_

Accepted at: \_\_\_\_\_

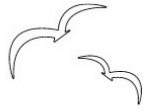
### **CHECKLIST:** (include all documents in one package)

- ☐ Resident of Anmore or Belcarra – Graduating from Grade 12 this school year
- ☐ 750–1000 word essay on the topic “Why Volunteering is Important in My Community?”
- ☐ Volunteer Hours documented – include details of volunteer service in the essay
- ☐ Proof of acceptance at a post-secondary and/or enrollment within one year
- ☐ Two Reference Letters - from non–family members
- ☐ Reference letters to include contact details and verification of volunteer hours
- ☐ Application Form attached – Attach this form to the front of supporting materials

### **Return completed application by June 18, 2025 to:**

- ☐ Heritage Woods Career Centre, OR your local Village Hall (Anmore or Belcarra )





## Down by the Bay

by Clive Evans

Spring has sprung and the bird is on the wing but that's absurd the wing is on the bird.

What have you seen in your garden lately? If you live on Main Avenue, chances are that you have seen a bear in its underwear. What does that say about the neighbourhood?

The blush of yellow on the Forsythia is a sure sign of the change in seasons, not just that there is a wonderful show of blossoming shrubs everywhere you look. Camelias and Magnolias are particularly in full bloom this year. Daffodils are making a show and leaf shoots of Day Lilies, Tulips, Solomon's Seal and all kinds of plants are showing signs of life. Even the large trees are showing more greenery every day. One treasured flower is the Hellebore, which has been in bloom since December. It was nearly destroyed by the cold snap, but is now back in full glory. Of course, the grass is sprouting and the first cutting has started the season; and then there is the trimming of the hedgerows and shrubs within the yard.

In between the rain rivers there was enough time to prune the apple trees and raspberries and now we wait in anticipation to see if it was not too drastic. It is now time to be pruning and putting the Geraniums back on the sun deck once that has been scrubbed and the grandsons called to do the heavy lifting.

Having been away for a couple of weeks, I am still waiting for our feathered friends to come back to a regular showing in full force to enjoy the seed spread on the deck railing. Stellar Jays have shown up in large groups and the Dark-eyed Juncos are beginning to increase in numbers. Blackcap Chickadees, White Crowned, and Song Sparrows, together with Spotted Towhees are regulars. House Finches, Canada Geese, Band-tailed pigeons and Robins are occasional shows. A cloud of Pine Siskins and the Piliated Woodpecker make the odd show, as does the Bald Eagle perching at the edge of the Bay. Crows and Gulls are usually seen, but the big joy is the return of the Rufous Hummingbird that loves to perch on the middle spire of a truncated Hemlock and flash his breast for all to see. Generally, we get to see around ten species and up to thirty-five birds in a one-hour session.



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## Memories of a Trip to Japan By Klaus Bever

Japan is, seemingly, a country of contrasts. Monuments to many centuries of feudalistic and warrior monarchical history are blended with graceful Buddhist temples and Shinto arches amidst pastel green shaded gardens. No warrior is more frightening than the samurai; no garden more restful and peaceful than the Japanese garden.

The people moving on the streets of Tokyo are goal dedicated and very private on their paths, avoiding eye contact. When we appeared lost and indecisive in the maze of the Tokyo subway underground, many hands and smiling faces came to help us. The ticket machines of the Tokyo rail stations have the same dirty patina and lack of personality as those in Vancouver. Our first outing was from the port city of Yokohama to the seaside former capital city of Kamakura, to the south. When the rail ticket machines failed us, we were helped by school children and early morning commuters. This was a pleasant opening chapter to our second visit to Japan.

We had forgotten that most admirable of Japanese technological achievements, the making of some of the very brief but necessary, recurrent human moments an event of immense daily anticipation and satisfaction: the visit to the toilet. The overall appearance of the toilet in Japan is not unlike that found in the public washrooms at Costco or at the Vancouver International airport. The toilets are similarly throne-like in overall appearance, suggesting perhaps that some business conducted, at times, may be urgent and of royal importance. The toilet is most often of ivory-white glazed ceramic, covered rather indecorously with an oversized thick plastic lid. But there, most comparisons end. The lid, on being lifted, has some weight to it. The often non-thought-provoking act of toilet lid lifting in Canada seems to acquire more importance in Japan. It is perhaps similar to a first step in a more lengthy theatre piece long remembered.

The toilet seat is of a familiar size, shape, and texture as found in Canada. But oh my, oh my... it is heated. And not heated to a level of near thermal discomfort but more to the temperature of faint memories of bath water that mommies slowly lower their babies' bottoms into.

Of course, shortly after, one does what one comes here to the toilet to do. And afterwards, amidst the various more incredibly mundane alternatives from around the world, you are ready for that uniquely Japanese olympian expression of modern-chip, high-tech achievement. There is a spigot near the back of the toilet which softly, soothingly directs a warm stream of water upwards and towards where it is most needed. The flow continues uninterrupted, unhurriedly, until you press a small button on the wall near the toilet. The visit ends as the spigot flow slowly diminishes, and then stops.

Our time in Japan was far too brief.



## *Hey, Belcarra Graduates!*

The Barnacle is planning for our annual graduates' feature page in the June issue.

We want to know if you are graduating this year. Whether it's middle school, high school, university, graduate school, college, technical program, etc ... we want to celebrate all Belcarra graduates.

Please send us your name, school, and what's next for you. Include a current photo and a baby photo.



## Block Watch

Les Bramley is looking for volunteers to help get Block Watch going again in Belcarra.

From Les — "This is a simple job that does not take much time, and helps keep your community safer."

Contact Les or RCMP Coordinator Melanie Stewart, if you would like to help or learn more about Block Watch.

Melanie can be reached at 604-472-2719.

Block Captain #6 — Les Bramley  
phone: 604-937-7103

email: [lesbramley@shaw.ca](mailto:lesbramley@shaw.ca)

## ANMORE COMMUNITY MARKET

On Saturday, May 10, head over to Anmore HUB for the Anmore Community Market.

You will be treated to blue-grass music played by Belcarra's own Gord Sadler and his band "5 on a String". Gord and his group are a Belcarra Day favourite and, yes, "5 on a String" will be in the park on June 1.

Pascal Teste, our Belcarra furniture maker, will be there. Do drop by to see (and purchase!) his latest projects.



## Belcarra Garden Club



Reminder — Our first meeting of the year is on May 12 at 2 pm at the Belcarra Park picnic shelters. At this meeting we will trade plants and many varieties of flowers and vegetable seeds. You won't want to miss out. Do remember to bring containers and boxes to take everything home.

Our June meeting is on the 9th at 2pm at the Belcarra Picnic shelters.

To become a member, please contact us at 604-937-7103 or email: [lesbramley@shaw.ca](mailto:lesbramley@shaw.ca)

Happy Gardening!

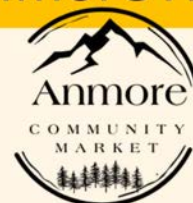


## ANMORE COMMUNITY Market

Saturday May 10, 2025

10:30-4pm

Anmore HUB



**Bonus:**  
Free Raffle  
Entry!!!

Join your friends and neighbours for a fun day out!

- 40+ Market Vendors!
- Live Music!
- Food Truck!
- Bike Pump Track!
- Raffles!
- Collecting for SHARE!
- No Entrance Fee
- So much more...



Like and Share Anmore Community Market on Facebook

### CRAB Village Entrance Sign By Penny Moen, CRAB President

CRAB would like to take a moment to address the recent messages posted on the community service sign at the entrance to our Village. The sign is intended to be used for community announcements, reminders, and important information, such as upcoming events and property tax due dates. We aim to keep everyone informed and help folks avoid penalties for overdue taxes.

We apologize for any confusion or offence caused by recent messages. We recognize that certain messages may not have been suitable for our diverse community, and we are committed to ensuring the sign is used appropriately moving forward.

One such message that was posted, "Elbows Up," was intended to promote unity and remind us of the strength we share as Canadians. Unfortunately, it has come to our attention that this phrase has been associated with a particular political group. In light of this, we have taken it down to avoid further misunderstanding or division within our community.

We appreciate your understanding and cooperation as we continue to improve how we communicate with our village. If you have any questions or concerns, please feel free to reach out to CRAB.

Thank you for being a valued member of our community.

Look Up! This month our night sky will feature the bright planets Jupiter and Mars visible in the evening. Jupiter will be particularly bright, and Mars will appear reddish.

### Easter Egg Hunt By Zara Naing

The sunny rays finally emerged after a chilly, rainy moment in our year. Easter has arrived, and the community has come together once again. This is a time for new beginnings, with cherry blossoms blooming, picnics at the park, and Easter Egg Hunts! The annual Easter Egg Hunt is a tradition for our community, and this year was no different! Families, friends, and neighbours came together to celebrate the new season with a little bit of fun for everyone. With chocolate eggs hidden all around Belcarra Park, kids were allowed to run free outside with a little bit of healthy competition. The fresh rain and morning dew on the grass quickly dried off with the warmth of the sun and was replaced with chocolates and footsteps as children ran around collecting what they could find. From searching through hiking trails leading into the forest, to playground surfaces, there was always a treat for anyone and everyone to find! The Sunday morning was filled with excitement, not just for the kids, but also for parents and the local residents who took the time to come out. With a warm hot chocolate in hand, people were able to come together in nature and exchange greetings as the kids were occupied in the hunt. Old friends caught up once again after the long winter, and new neighbours were welcomed with open arms. It is a great way to learn more about your community!

Belcarra has it all, from its diversity in nature to its willingness of people. Thank you to everyone who has helped to organize and create this special event that the younger kids will remember as they grow old! Your time and effort is greatly appreciated and everyone in Belcarra is ever so grateful.



Who was that person dressed in bunny ears briefly interrupting your pancake eating and egg hunting to capture your cheery smiles... Thank you, Cathy Fong! Great pictures!

Formerly Terra Pacific Land Surveying

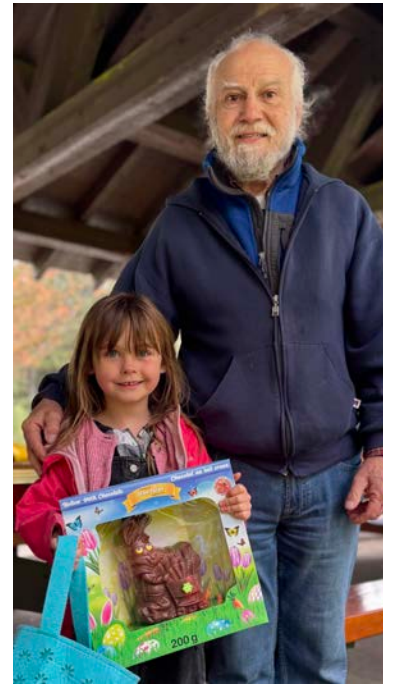
# bennett

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CRAB Easter Egg Hunt  
Belcarra Park



Egg Hunt photos submitted by Cathy Fong, Zara Naing and Brian Hirsch



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## Easter Sunday Pancake Breakfast









**Hello, spring!** 

It was wonderful to see so many neighbours come together for our Easter Breakfast — what a lovely morning filled with community spirit! We were especially grateful for the break in the weather so the kids could enjoy hunting for eggs at Belcarra Park.

A heartfelt thank you to everyone who came out to join in the fun, and an extra big thank you to all our amazing volunteers! We were excited to welcome some new faces this year — your help truly makes our events a success.

Now we're looking ahead to our next big community celebration — Belcarra Day on Saturday, June 1, between 10 AM and 2 PM. Be sure to mark your calendars!

Join us in the park for a day of fun. There will be animals to pet (yes, goats, and snakes  ) , a trackless train, face painting, games with prizes, CRAB candy store, and the Sasamat Volunteer Fire Department grilling up hot dogs. Don't forget to bring some cash for snacks and a chance to win some awesome raffle prizes!

We're looking for volunteers to help make Belcarra Day amazing. It's a fun way to get involved and spend time with the community — and it's perfect for families too!

See you in the park!

***The Frozen River*** by Ariel Lawton

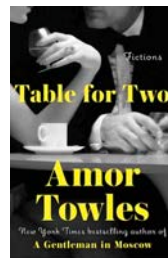
In 1789 in the close-knit community of Hallowell, Maine on the Kennebec River two mysterious events occurred: a body was found frozen in the river and an alleged rape was committed by two of the town's most respected gentlemen. Thus, we have two investigations: a murder and a rape. In the middle of these two events is the mid-wife, Martha Ballard, who doggedly pursues the truth.



Are these events connected? Does her diary hold the secrets to the truth? Will the men in power listen to a woman who at this time is considered best seen and not heard? *The Frozen River* is a tense and tender story about a remarkable real woman of her time. CG

***Table for Two*** by Amor Towles

*Table for Two* includes six short stories based in New York City and a novella set in Golden Age Hollywood. The stories often involve a pair of family members or strangers facing each other across a kitchen table to confront some new reality in their lives. Our lives can change significantly due to a single conversation at a table for two. A funny, charming, and sophisticated book. JK



## CRAB Membership and 2025 Directory

**The 2025 Belcarra Directory is ready.** Liisa Wilder will be distributing copies in the next weeks. She has done another great job and has included some lovely photographs by Belcarra residents.

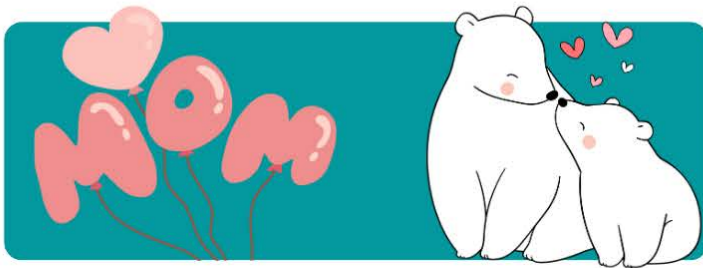
It's not too late to become a member of CRAB and receive your copy. Just email [crab4084@gmail.com](mailto:crab4084@gmail.com)

A membership costs \$30 per family. We use the funds to host fun community events throughout the year.





COLOUR YOUR SUPERMOM!



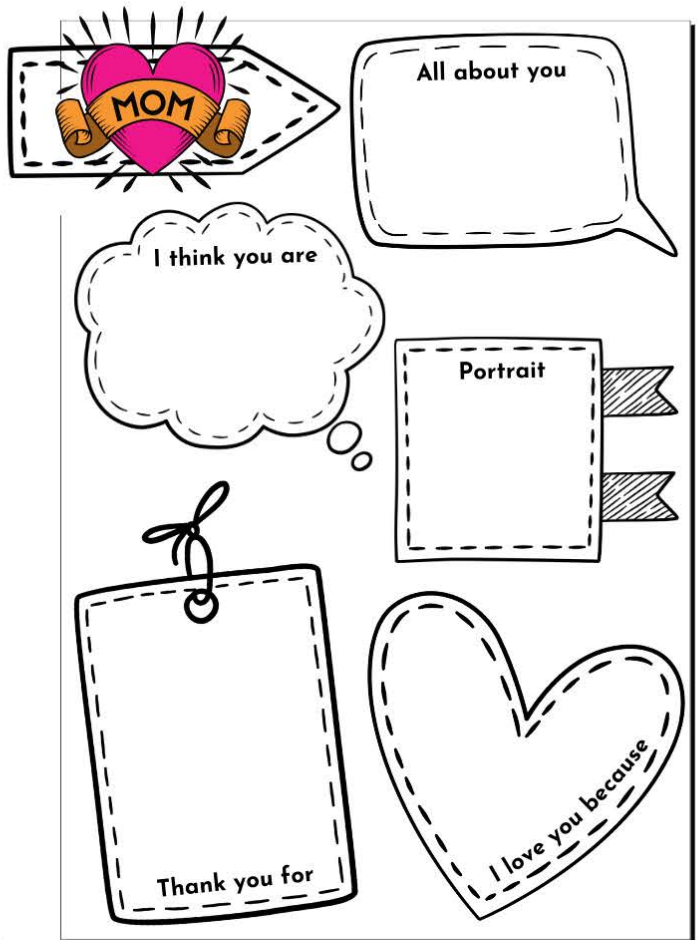
HOW DO BABY TRAINS EAT?

WHAT DID THE MAMA TOMATO SAY TO THE  
BABY TOMATO?

WHAT DID THE MAMA SPIDER SAY TO THE  
TEENAGE SPIDER?

WHAT WAS CLEOPATRA'S FAVOURITE DAY?

They choo-choo!  
Ketchup!  
You spend too much time on the web  
Mummy's Day!



**DID YOU HEAR?**  
**THERE'S A GREAT VET IN TOWN**



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### Belcarra Blessings By Deborah Struk

April was a good month. So thankful that sunshine came to grace our gardens and allow us gardeners time to weed and prepare for flowers and other glorious plants. Looks like April showers brought April flowers and we hope the same for this month.

Running into neighbours with a tanned glow is evidence of holidays in sunny places.

Magnolias and cherry blossoms are bursting forth with lovely shades of pink, purple, and snowy white. Orcas spouting in Indian Arm, birds singing, and frogs croaking are all sights and sounds that bring joy and hope. The beauty of creation is good for the soul.

Belcarra is blessed with many artists who can capture the beauty of nature. I finally was able to check the halls at the YVR Fairmont hotel where one of our residents is the 'artist in residence'. The talented Bronwen Belenkie often paints 'in residence' and people can witness her creations come to life. I am in awe of how she captures outdoor scenes. Bronwen is able to make mountains and trees seemingly come to life. It is truly awesome to experience. I would encourage anyone travelling in and out of YVR to view her paintings at the Fairmont. You will be in awe.

Enjoy and be blessed. As I write, I am praying for a most favourable outcome in our Federal election. God keep our land glorious and free.

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### Letter to the Editor Healthcare By John Willms

I have just listened to Pierre Poilievre's speech that he gave in New Westminster on April 6. He talked about his ideas to solve the drug problem (fentanyl) in Canada. It is the first speech on this subject that I have heard from any candidate and I thought that he hit a "home run". What a lot of Canadians have had to endure, especially the elderly, is the destruction of our health care system. The doctors, nurses, and caregivers are unbelievably dedicated to the cause of helping the medically challenged, but the system is broken and the problem is political. The hospitals, the ER departments, the ambulances, and the fire departments are flooded with drug-related patients. Many of us who are not on a self-destructive journey but have medical issues; we are having to endure this problem. The wait times for the ER, doctor's appointments, specialists, x-rays, scans, etc. are far too long. The entire system is set up based on what the system has been budgeted for. It is time the system is changed, we should not have to leave Canada to have our health care looked after.

The self-destructive journey that the drug-related patients are on should not be part of our hospital care system, but they should have their own care system.

Today the Federal government allocates a certain amount of funds to the provinces and then it's up to the provinces to deal with our so-called health care system, which is totally broken. The self-destructive drug problem should be a Federal issue, run and paid for by the Federal government, maybe then they would do something about it. This is just my personal opinion.

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**Letter to the Editor**  
**Barnacle Content**  
**By Corinna Goodman**

What was that about in our newsletter?

Okay, I've been stewing about this for days and I can no longer keep quiet. Did anyone else nearly choke on their coffee when they opened last month's newsletter and saw a whole page dedicated to telling us that we need to "embrace Christ" for Easter? I mean, come on!

Look, I've lived in this Village for years, but when I opened up what's supposed to be our community newsletter and found Bible quotes splashed all over the place, I felt I was being ambushed by a street preacher right in my own living room.

The last time I checked, our newsletter was supposed to be about community stuff — you know, the bear found in someone's yard, the Council report, finally getting street lights by the mailboxes. Community things! Not a sermon! I don't go around slipping pamphlets about my personal beliefs under everyone's doors, so why is this okay?

I'm not saying that I'm against religion. That's not the point! The point is that we have 250 homes here in Belcarra. Do we really think everyone believes the same thing? Of course not! What about the Jewish families? The Muslim families? What about people who don't believe in anything? Are they all supposed to just smile and nod when our community newsletter starts preaching at them?

Is it really that hard to understand that a community newsletter should be for the whole community?

If people want to celebrate Easter or any other religious holiday, that's totally fine! Great! But there's a difference between "The neighbourhood Easter egg hunt will be held at the park on Sunday" and "You must embrace Jesus as your saviour and here are the bible verses telling you why." One is information. The other is ... well, it's inappropriate. And I'm tired of pretending it's not.

**FortisBC Notification**  
**Advanced Metering**  
**Infrastructure Project**

FortisBC will soon begin work throughout the community to upgrade residential gas meters to wireless advanced meters.

Here's what FortisBC wants its gas customers to know before the gas meter exchange:

- Most customers don't need an appointment for the meter exchange.
- To assist the technician with their work, we ask that customers maintain a clear path to the meter and keep the area around it clear of items that may be blocking access.
- A FortisBC employee or approved contractor will install the new meter. This meter exchange will take approximately one hour.
- The technician may need to temporarily shut off gas service and may need to enter the premises to relight gas appliances once the meter exchange is complete.
- If a customer is present, Fortis can relight appliances right away.
- If a customer is not present during the exchange, Fortis will leave a number to call to have a technician return in a timely fashion to relight gas appliances, if required.

For further details, visit the FortisBC website at [fortisbc.com/newgasmeters](https://fortisbc.com/newgasmeters).

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### Stories from the Archives — “Deep Cove”

Researched By: Ralph Drew, Belcarra, March 2025

Source: [Vancouver Daily News-Advertiser, Sunday, July 26<sup>th</sup>, 1908, page 2](#)

“An appropriation of \$200,000 [about \$5.4 million today] having been passed by the Federal Government towards the construction of a bridge across the Second Narrows in Burrard Inlet, it is interesting to note that the ‘Vancouver, Westminster & Yukon [V.W.&Y.] Railway Company’ have filed plans for a railway line extending from Second Narrows to Deep Cove on the North Arm of Burrard Inlet [a.k.a. ‘Indian Arm’]. Also, that erection of strong steel bridges, capable of carrying heavy cars across Lynn and Seymour Creeks, is now being rapidly carried to completion, and that an excellent road communication will shortly be established between North Vancouver City and Deep Cove. Plans are also underway for extending the telephone service to this place, and an estimate has been furnished for the cost of construction of this line.”

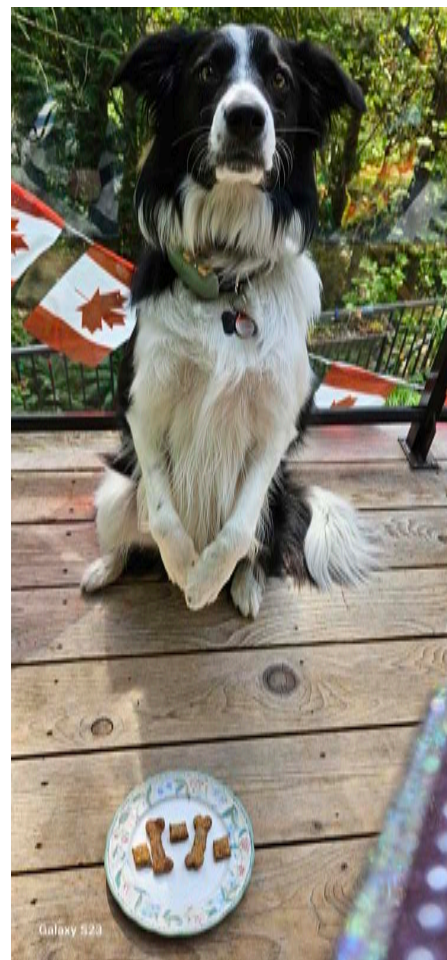
“When the wonderful natural advantages of this beautiful portion of our harbour are remembered, it is hard to overestimate the full significance of the above facts, and easy to foresee a wonderful development in this district in the near future. That Deep Cove is bound to become a most delightful suburb from a residential point of view when good communication by land is established, has long been realized by those who know the spot. The knowledge, however, that some of our shrewdest business men have made heavy purchases in this section lends colour to the rumour that the opinion is rapidly gaining ground that Deep Cove has a future as an industrial, shipping and railway centre.”

“It must be admitted that this bay affords anchorage and shelter for shipping that is unsurpassed in our harbour; that it can easily be reached by vessels of the deepest draught; that it is in close proximity to the proposed bridge over which the great transcontinental [railway] lines now building to this coast will have to cross to reach Vancouver, and that these lines can have easy access to its shores.”

“The fact that the ‘V.W.&Y. Railway Company’ apparently already recognized these advantages by registering their plans for a line into Deep Cove will go far towards directing to this place the attention of the great companies who will soon be seeking for an outlet in this harbour.”

#### Afternotes:

1. The ‘Vancouver, Westminster & Yukon Railway Company’ (V.W.&Y.) was incorporated in 1901 by British Columbia’s foremost industrialist of the day, John Hendry, and shortly thereafter Hendry received a federal charter to lay track from New Westminster to Vancouver. Hendry subsequently sold most of the assets associated with the V.W.&Y. in the four years leading up to 1915 when the company’s charter expired, and the Deep Cove railway extension was never built.
2. In 1906, the ‘North Arm Navigation, Land and Development Company Limited’ created the Deep Cove Subdivision Plan and began marketing lots in the townsite the same year.
3. The First World War (1914–1918) interrupted many proposed development plans including the Second Narrows bridge access and railway crossings to North Vancouver.
4. The original ‘Second Narrows Bridge’ was not opened until November 7th, 1925.



**Nora and Peter Boekhout’s cookie-loving Turbo**  
See page 22 for his favourite cookie recipe.





If you are looking for an easy dessert that is both delicious and lemony, look no further than Sue Brain's recipe for a Lemon Tart. She made this for a recent CRAB directors' meeting and it was a big hit. Sue kept it simple with a ring of fresh raspberries decorating the tart but assured us that we would not go wrong serving it with a dollop of freshly whipped cream. So good!

### Recipe for Lemon Tart By Sue Brain

#### Crust:

1 cup flour  
1/2 cup butter  
1/4 cup sugar  
pinch of salt

Mix together the flour, sugar, butter, and salt. Press the crumbly mixture into a greased tart pan. Bake at 325 F for 20-25 minutes until golden. Let the crust cool.

#### Filling:

3 large eggs  
14 oz sweetened condensed milk  
1 Tablespoon lemon zest  
1/2 cup fresh lemon juice

Blend filling ingredients together. Pour into the baked crust and bake another 25-30 minutes until set.



Here are some doggie biscuits blended from recipes at [mydogrecipe.com](http://mydogrecipe.com) and [pawsomerecipes.com](http://pawsomerecipes.com). (Just go with ingredients in your pantry!) Turbo thought my adaptation was delicious!

### Recipe for Crunchy Apple-Banana Dog Treats By Nora Boekhout

#### Ingredients:

1 apple (shredded)  
1 small ripe banana  
1 egg (large)  
1 Tbsp peanut butter (all natural please!)  
1 Tbsp coconut oil  
1 cup oat flour (more expensive!)  
1 1/2 cups whole wheat flour  
1/4 cup flax seeds (milled)  
1/4 tsp cinnamon

1. Preheat oven to 350°F (175°C). Line baking sheet with parchment paper.
2. Wash and core an apple. Grate it finely.
3. Mash a small ripe banana. (I like to keep my overripe bananas in the freezer for all baking needs.)
4. Mix the apple, banana, egg, peanut butter, and coconut oil (melted) in a large bowl.
5. Add your dry ingredients and mix well. Add a little more flour if it seems too sticky. Add a little water if you need to get any dry bits in the bowl.
6. Lightly flour your surface and roll dough to about 1/4 inch.
7. Cut into your favourite shapes. You can also divide into long rectangles (3/4" x 6" or 12") and score them every 3/4" to make squares that are easy to snap apart after baking.
8. Bake for about 25-35 minutes (ovens vary), until golden.
9. Cool before serving! Homemade treats for weekly servings are best kept in the fridge with the rest kept in the freezer.

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## 1<sup>st</sup> Anmore Scouts Update

Community service, personal growth, outdoor skills, and exotic adventures are some of the things that make the Scouts program so amazing, and senior members of the Scouts section had the opportunity to combine all of these in their recent international volunteer trip to Costa Rica.



Six youth spent their Spring Break taking part in a series of exciting and rewarding activities. For photos and all the details, check out their blog at: <https://1stanmorecostarica2025.blogspot.com/>



A highlight included spending time with the Boruca People, an indigenous group living in southwestern Costa Rica. The 1<sup>st</sup> Anmore Scouts met a local Scouts group and spent time learning about their customs, history, culture, and lifestyle. They saw how artisans create the world-famous Boruca masks and the cultural and economic significance of this art form. Cooking lessons, a swim in a local river, and more were all part of the adventure. One of the 1<sup>st</sup> Anmore youth even celebrated her 15<sup>th</sup> birthday with the Boruca Scouts, including the fun tradition of having

an egg broken on her head! Thanks to the generosity of our community here in Canada, the Scouts were able to provide their hosts with a substantial donation of school supplies, books, household essentials, and cash; all very appreciated in the Boruca's vibrant but impoverished community.

Another major part of the trip was a week spent volunteering at Reserva Playa Tortuga on Costa Rica's Pacific coast. Here, the Scouts had many different jobs including capturing and measuring crocodiles and caimans, checking a sea turtle nest for hatchlings (and keeping the nest site safe from poachers), monitoring and maintaining trail cameras, observing bird behaviours, collecting butterfly eggs and maintaining their enclosures, painting a mural, and much much more.

Every member of the Scouts group was positively impacted by their experience at this nature reserve and they all reported that they are excited to take more volunteer trips in the future.

As if this wasn't enough, the Scouts also camped overnight in Corcovado National Park, the most bio-diverse place on the entire planet, toured a chocolate producer, rappelled through a series of waterfalls, and enjoyed cooking and eating countless dishes of Costa Rican cuisine.

Be sure to check out their blog to read the first-hand accounts of every participant.

So what's next? Well, it certainly seems that this trip has inspired youth throughout 1<sup>st</sup> Anmore to dream of future adventures and volunteer experiences. Members of the Beavers and Cubs section are already dreaming of places they would like to visit and experiences they would like to have with people around the world. Stay tuned to see where that leads!



## BELCARRA DAY SCHEDULE

SUNDAY, JUNE 1

10:00 AM TO 2:00 PM



Trackless Train

Cinemazoo Farm Animals



Wild Education Reptiles

CRAB Candy Store



Kids Amusement Games

10:00 AM to 1:30 PM

Face Painting

10:30 AM to 12:30 PM



Tug of War

11:00 AM to 11:30 AM

Music by "5 on a STRING"

11:30 AM to 1:30 PM



SVFD BBQ Lunch

11:30 AM to 1:30 PM

Group PHOTO, Cake, Raffle Prizes

1:30 PM to 2:00 PM



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## Town Hall Meeting

A Neighbours Circle

Hosted by the Anmore Times and the Anmore  
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Have your voice heard, share  
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our upcoming Town Hall Meeting!

**Thursday May 8<sup>th</sup> 2025**

**6 – 8pm**

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# BELCARRA DAY

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