

# Belcarra Barnacle

February 2024

Belcarra's Community Newspaper

Volume 45 Issue 01





#### Published ten times yearly by THE BELCARRA BARNACLE

Our purpose is to inform and involve.

The Barnacle welcomes all contributions about our local community.

If you would like to submit an article to the Editor, please be advised that your name will be listed as the author.

We reserve the right to edit for brevity, accuracy, clarity or taste.

#### **SUBMISSIONS**

#### E-Mail: <u>belcarrabarnacle@gmail.com</u>

Paper submissions can be placed in the Barnacle Box outside the Village Office or sent by mail to:

The Belcarra Barnacle, 4084 Bedwell Bay Road, Belcarra, B.C. V3H 4P8.

Deadline for Submissions: 20th of the month

Out of Town Delivery of The Belcarra Barnacle is available by mail at \$20.00 per year to cover mailing expenses. Email the Barnacle to arrange.

#### PUBLICATION

We publish at the beginning of the month. We do not publish in January and August.

#### **VOLUNTEERS:**

Editor: Dayna Fitz	604 469 0408
Assistant Editor: Deneige Davis	
Advertising: Sandra Rietchel	604 786 5114
Treasurer and Distributor: Clive Evans	604 931 7396
Members: Michele Babineau Nora Boekhout Bonni Marshall Deborah Struk Mayling Stubbs	

#### WORDS FROM THE EDITOR:

Welcome to your Community Newspaper and our first issue of 2024.

Thank you to everyone who sent in articles and photos.

My hope is that we will celebrate more in 2024 — Tell us about your milestones, your birthdays, your favourite things to do in our Village, your child's achievements, describe a favourite walking trail, introduce a new family member (four-legged too) — please share with your community!

Dayna Fitz, Editor belcarrabarnacle@gmail.com

#### **ADVERTISING RATES:**

Classifieds (3-5 lines) are free for Belcarra Residents

	Per Month	5 Issues	10 Issues
<b>BLACK &amp; WHITE</b>			
Card (2" x 3")	\$24	\$90	\$144
1/4 Page	\$30	\$108	\$180
1/2 Page	\$60	\$240	\$360
1 Full Page	\$150	\$540	\$960
Classified 3 Lines	\$6		
COLOUR			
1 Page (Back Page)	\$270	\$1200	\$2280
1 Page (Centre)	\$240	\$1080	\$2100
1/2 Page (Centre)	\$180	\$840	\$1680

Please send ads in PDF, jpeg, or tif format to: <u>belcarrabarnacle@gmail.com</u>

Sandra at 604 931 4262 or srietchel@shaw.ca

(Ads must be copy ready)

#### The Belcarra Barnacle

February 2024

#### **BELCARRA DIRECTORY**

Belcarra Village Hall www.belcarra.ca	604 937 4100
CRAB (Penny Moen) c.r.a.b.4084@gmail.com	604-727-2510
SVFD (Jay Sharpe ) jay.sharpe@anmore.com	604 765 2944
RCMP - Non-Emergency	604 945 1550 <i>or</i> 604 469 1599
Village Roadways,Water & WARD Emergencies	604 917 0113
CV/ED Deenwittmeent	on itmont@gnoil.com

SVFD Recruitment: <a href="mailto:sasamatrecruitment@gmail.com">sasamatrecruitment@gmail.com</a>

#### **COUNCIL MEETINGS**

Council meetings are at the Village Hall.

Livestream is available: <u>Village of Belcarra YouTube Channel</u>. To ask questions while watching livestream, please email <u>prichardson@belcarra.ca</u>. Your questions will be read at the appropriate time in the meeting.

Please check the Village website for more information <u>www.belcarra.ca</u>

Westwood Printing

QUALITY IS EVERYTHING

#### 604.464.8840 sales@westwoodprinting.com www.westwoodprinting.com

Unit 102 - 1030 Westwood Street Coquitlam, BC V3C 4E4

#### **IMPORTANT DATES**

#### FEBRUARY 2024

- **2** Groundhog Day
- **5** Regular Council Meeting (7 PM)
- 5 Public Budget Meeting (6 PM)
- 9 New Moon
- 10 Lunar New Year (Year of the

Dragon)

- 11 17 Real Acts of Caring Week
- 14 Valentine's Day
- 15 National Flag Day
- 19 Family Day
- 20 Regular Council Meeting
- 24 Full Moon
- 28 Pink Shirt Day

#### COVER

On our cover is a photo of a pileated woodpecker submitted by Guilherme Carvalho / Mr.Gphotographer (instagram).

For more information about woodpeckers and other birds, try <u>birds.cornell.edu</u>. It's a great site to help you identify our feathered friends by sight and sound.

Do keep sending us your favourite local photos and artwork. It is a pleasure to share them.

belcarrabarnacle@gmail.com



#### MAYOR'S REPORT

Happy New Year, everyone!

What a mix of weather we have had — mild temperatures and sunshine; then dry, chilly Arctic air with snow; and now, mild, and rainy. Our spring bulbs which were moving along quickly — now seem to be hesitating.

The CRAB Santa Ships and Light Show put on by many volunteers were enjoyed by Belcarra residents and the many visitors who joined us from neighbouring communities. They just kept arriving! The good planning work done by the CRAB leadership, supported by one of our RCMP officers, Metro Parks, and our crew that put on the light show made for a unique and special night.

Here are the Council meeting highlights since my last update.

#### Council Meeting, January 22, 2024

Following a presentation by leadership students from School District 43 and their counsellor Harriette Chang, Council declared February 11-17 "Real Acts of Caring Week" in the Village of Belcarra.

Council provided a grant in the amount of \$353 to the Communities Embracing Restorative Action (CERA) for support of the Community Youth Justice Program for 2023.

Ken Bjorgaard, Financial Consultant to Belcarra, reported on 2023 projects to be re-budgeted in 2024 and unspent 2023 budgets to be carried forward and included in the Village of Belcarra 2024-2028 Financial Plan Bylaw. These included General Operating, General Capital, and Water Capital projects.

Stewart Novak, Public Works, provided information and recommendations on the following topics:

• Work carried out by the Invasive Species Council of Metro Vancouver • Report of Marine Avenue road repair provided by EXP Technical Services.

#### Council passed the following motion:

That Marine Avenue road depressions be repaired in accordance with Item 4.2 Option 1 – Asphalt Removal and Replacement with Added Granular Base Layer from the report provided by EXP Geotechnical Services dated December 13, 2023; and

That the entire roadway between the 3960 block cul-de-sac to 3700 block of Marine Avenue be repaved at the total cost of \$250,410.60 (including a 20% contingency); and further,

That the draft 2024 budget be amended accordingly.

Council accepted recommendations from Sartaj Grewal, Building Official, regarding Water Service Connection — Fire Sprinkler Systems Only.

Council accepted recommendations from Amanda Seibert, Corporate Officer, regarding The Village of Belcarra Blasting and Rock-Breaking Regulation Bylaw No. 619 (third reading) and The Village of Belcarra Fees and Charging Bylaw No. 517, 2018 Amendment Bylaw No. 622, 2024 (first, second, and third readings).

Council provided third reading of The Village of Belcarra Council Indemnity Bylaw No. 620, 2023.

Paul Richardson (CAO) notified Council that first reading of the Official Community Plan (OCP) Bylaw will be further delayed pending the current roll-out of the Provincial Housing Legislation.

Our CAO received notice that by the end of January 2024 Belcarra will receive \$153,143 from the \$51 million capacity fund for local government. The capacity fund is to support activities or projects local governments must undertake to meet new legislative requirements related to supporting housing initiatives, including updates on zoning bylaws and the OCP. Further information will be provided by our CAO as she receives it. *Mayor* continued from page 4

More details, and a recording of these meetings, are available on the Village website [www.belcarra.ca].

A Public Budget Consultation Session is scheduled to be held on February 5, 2024, at 6 PM, at the Village Hall. This public session will provide the opportunity for input by residents on the 5-year (2024-2028) Financial Plan which includes the 2024 Budget. Further information can be found on the Village website. Council will review and consider feedback on the budget at the February 20, 2024 regular Council meeting. If you are unable to attend, please review the information on the website which provides alternate ways to provide feedback.

Happy to chat,

Jamie



Village of Belcarra — Public Alerting System

Stay informed and plan ahead — Belcarra is now connected to the <u>Alertable Notification System</u>. Register and receive notifications regarding emergencies affecting Belcarra, including: severe weather, road blockages, natural disasters, industrial hazards, and other emergencies with the potential to affect numerous citizens.

To learn more about <u>Alertable</u> and how to register, go to <u>www.belcarra.ca</u>



February 2024



Sasamat Fire Department Has a New Truck!

By Colin Richardson

If you see something big, black, and red with flashing lights cruising your neighbourhood, it's all good. Say "Hello" to Sasamat Fire Department's new fire engine! This is Engine 3 or, as it is fondly known by our members, "The Beast". You will understand this nickname when you finally get to see this important piece of firefighting apparatus up close. This new firefighting truck will complement our other Engine (Engine 1) and our Ladder Truck (Ladder 7).

Engine 3 was delivered to the department in December and is replacing the original Engine 3, a 1996 GMC pumper truck.

The new Engine 3 was built by HUB Fire Engines in Abbotsford at a total cost of \$599,500. It may sound like a lot of money, but in terms of a new fire engine, it was a bargain for taxpayers. Incorporating a commercial chassis, as opposed to custom chassis (which is the standard chassis for most urban/suburban departments), the department saved approximately \$200,000.

Now you're probably wondering what you get for that amount of money. So here are some other details we want you to know:

• Chassis: 2022 International, four-wheel drive.

- Height: 11 feet.
- Power: Cummins L9 400 horsepower.
- The truck carries five firefighters.
- Water supply: the tank holds 800 Imperial gallons (IG). Most municipal fire engines carry 300 IG.
- Pumping capacity: 1750 Imperial gallons per minute (IGPM).
- Foam tank: 20 IG.
- Also included: five SCBAs (Self-Contained Breathing Apparatus), eight air bottles, and 2400 feet of various hoses.

The new Engine 3 was built to meet all current regulatory standards. This means that it has more features to keep firefighters safe. It also means that the mechanical features make it very fuel efficient with much lower exhaust emissions than our older Engine 3. The fourwheel drive feature gives us more capability to attend emergencies in challenging conditions such as deep snow, steep icy hills or unpaved roads; as found en route to Farrer Cove or the BC Hydro roads around Buntzen Lake. The higher clearance ensures that the truck won't impact the roadway when entering or exiting steep driveways.

Over the past several weeks, our members have been familiarizing themselves with the new arrival. Training and orientation will continue over the next few weeks until everyone is comfortable and confident in their ability to operate all aspects of the Engine. Once training is complete, the Engine will be situated at the Belcarra Firehall.

• Length: 31 feet 8 inches.





### Thank you to Belcarra By Bruce Drake



Diana and I arrived here in 1975 and we spent 48 of our 49 years of marriage in Belcarra. Diana loved the setting amidst 'Forest and Sea'. As someone who worked in downtown Vancouver, I was rather more ambivalent but was at least wise enough to recognize that her judgement on the matter was likely far better than mine. As usual, she was right.

While Diana saw a Village offering solitude, natural beauty, and the opportunity to live within nature, I objected that it rained a lot. It was pointed out to me that we were living in a rain forest and it was that rain that brought life to Belcarra's spectacular woodlands. Like most Belcarrans I would soon learn the calm and relief that came as one entered the forested approach to our Village.

Belcarra proved to be the perfect environment to raise children who would find pleasure in outdoor activities and develop a deep appreciation for nature. The relative isolation also lent itself to independence, reading, and introspection (not to mention very regular duty as a taxi service).

Diana appreciated all the volunteering done by residents ranging from gardening to CRAB, the Barnacle, Blockwatch, SVFD, and Council engagement. She enjoyed assisting with preparing the Hall for CRAB events; working to make Belcarra Days memorable, and designing unique seasonal displays for our Village entrance sign. When COVID put a stop to travel, Diana took the time to apply her remarkable imagination to writing a pair of children's adventure books based on Indian Arm with a female protagonist with First Nations ancestry. While the research was thorough, it was her love of the local waters and Belcarra itself that animated the stories and brought them to life.

She completed publication of the first volume and handled its initial promotion just prior to her cancer diagnosis in early 2023. At the same time our youngest grandchild, Sammy, was diagnosed with an inoperable cancer of the brain stem. They would pass within a few weeks of one another some 8-9 months later.

Diana loved literature, stories, imagination, and her privacy. Our family respected her wish for no public ceremony and invited only the immediate family to the spreading of her ashes in the ocean and in a few spots on the trails she loved to walk.

I want to sincerely thank her many friends for their understanding. While our family remains devastated by our losses, we have also been appreciative of the unfailing kindness and understanding shown by all of our Belcarra neighbours. It is a reminder, once more, of Diana's wisdom in choosing this community.

We will always remember Diana and Sammy, particularly when enjoying Belcarra's natural beauty, be it in sunshine or the 'gentle rain' which we occasionally encounter.



#### It's a Win for Team Salty Science!

By Catherine Reynolds and John Reynolds

If you have read the last issue of The Barnacle, looked at the Belcarra Facebook group, or noticed the sign on the way into the village within the past month, you've likely learned of Salty Science, the team of four marine scientists who set out to row across the Atlantic Ocean this past December. We're pleased to share that 38 days, 18 hours, and 56 minutes later, this great oar-deal is over and Salty Science have crossed the finish line as the winning women's team!

Belcarra's own Isabelle Côté was one of the four women marine biologists participating in the World's Toughest Row - 5000 km unsupported from the Canary Islands to the Caribbean - to raise money for marine conservation and education. The women started rowing only two years ago, though they had extensive marine experience and athletic backgrounds.

Amid considerable fanfare, a total of 38 boats left La Gomera on December 13 heading southwest, just as Christopher Columbus did 500 years ago. Chris, however, was not in a 28 foot ocean rowing boat named Emma!

The first two weeks were rough for Isabelle and Salty Science. First, it was seasickness, then towering waves crashing on the boat broke an oar and bent an oarlock, rendering one of their three rowing stations unusable. Days later, the water maker compartment flooded, frying the electrics. Teammate Lauren Shea magically rebuilt the electrical control box and replaced the pump, and Salty Science was back in business! The four days that it took to fix the water maker were incredibly physically taxing as the team had to handpump over ten litres of water per day. The upside is that Emma proved to be a most reliable vessel that simply refused to capsize. As the seas eventually calmed and winds became more favourable, the team found themselves neck-and-neck with There She Rows, a UK team who had been leading the women's class from the start. The two teams then swapped the lead back and forth for the remainder of the crossing, generating lots of excitement among those following the race.

Naturally, the four marine biologists geeked out over the wildlife they encountered at sea. The team saw whales, dolphins, and sea birds, but had no idea they would be bombarded by kamikaze flying fish every night. They also didn't expect to be escorted nightly by schools of large tuna, or to have their rudder bumped repeatedly by a shark.

By the final week of the race it was still a tossup which women's team would finish first. But heavy seas pushing westward favoured Salty Science, who gradually stretched their lead to 50 nautical miles in the final days. On January 20 at about 11:30 pm local time, Salty Science reached the finish line at the historic Nelson's Dockyard in Antigua. Amid much cheering from friends, family, and onlookers, they pulled up to the dock, where they saw people and dry land for the first time in over a month. They wobbled onto the podium to accept their trophy, while the whole event was livestreamed. The next day, the team returned to the dock for an emotional welcome to There She Rows as they made their finish.

As we write this from Antigua, three days after the finish, Isabelle is only just becoming able to walk unassisted. Her legs are fine and her balance is returning slowly. Apart from that, the most noticeable differences are her very deep tan and weight loss, par for the course even though food on the boat was plentiful.

Salty continued on page 9

Donations to support marine conservation and education are still gratefully received via the Salty Science website, <u>SaltyScience.org</u> *Salty* continued from page 8

We'll let Isabelle take it from here:

"We had not entered this race with the goal of winning it, just to cross safely and have the best experience possible. But winning sure is nice! Seeing our team name on the Belcarra sign was particularly heartwarming. Thank you for all the good wishes and support from Belcarrians. An endeavour like this takes a village, and I'm glad Belcarra was mine."



Photo Credits: World's Toughest Race



#### At Aging My Way Home Care

**Certified Companion Aides (CCAs)**<sup>®</sup> help you live life on your own terms, in your own style and without burdening family.

Caring companionship • Meal planning and preparation • Incidental transportation • Running errands • Light housekeeping • Medication reminders • Monitoring of safety while bathing • Assistance with bill paying

Affordable rates available from 1 hour to 24-hour care.

Wouldn't it be wonderful to have assisted living in the privacy and comfort of your own home?

My Wa Humr Care

There is No Place Like Home

Call today for a free assessment and a full list of services

604-290-8331

#### Stories From The Archives The Refusal of the Act of Incorporation to Port Moody Source: Mainland Guardian, Wednesday, June 6th, 1883. Researched by Ralph Drew, Belcarra, BC, January

2024.

"We had the privilege of looking at a letter signed by the Attorney-General [John Roland Hett] addressed to the persons interested, stating that the incorporation of Port Moody had been refused. No reason was adduced; the applicants were treated like a parcel of mendicants [beggars] who may be kicked from the door without rhyme or reason. The odd part of the matter is that the Attorney-General should have written to notify the applicants of the refusal of their request; the matter has no connection to the Attorney-Generals department, but of this more anon [shortly]."

"The matter, if we are not egregiously mistaken, belongs to the Provincial Secretary's department, and the Provincial Secretary [John Robson, MLA, New Westminster District] is one of the 'Coal Harbour Ring', and of course, opposed anything connected to Port Moody. It would therefore appear that he had made a kind of 'cat's paw' [a person who is used by another to carry-out an unpleasant task] of the Attorney-General. If the Provincial Secretary, the Attorney-General and the rest of their colleagues think they can deprive the residents of Port Moody of their privileges as citizens, they are very much mistaken. The paltry pettyfogging [to argue over small, unimportant issues] pleas of these so-called ministers, who wreak their spite on citizens and property holders, who neither know nor care anything about them, because some persons politically opposed to them are interested, cannot be permitted for a moment. It may suit the purposes of the Provincial Secretary to play his game behind the Attorney-General"

"That His Honour the Lieutenant-Governor [Clement Francis Cornwall] refused a charter to the would-be municipality, knowing the facts of the case, we do not believe. That statements may have been made to him by one or two interested persons whom he is in duty bound to believe, we are inclined to think. One of these low cunning tricks, only likely to occur to a mind like that of 'Honest John' [Provincial Secretary John Robson] was, we are told, perpetuated in order to create some excuse for refusing the charter."

"A person was despatched on Dominion Day to count the actual residents of Port Moody. Almost everybody and his wife were in this city, demonstrating their loyalty to the great Dominion. Now, there is very little doubt that the report of this person was laid before the Lieutenant-Governor, and presentations made to impress certain baseless objections to granting the charter. The whole affair, we learn, is to be thoroughly investigated, and such an exposure will be made as will probably bring about the removal of all the obstacles to incorporation. That a charter will be obtained, no one need have a shadow of a doubt, and probably the refusal of the charter may tend to do good, as it may rid the country of a Government that is a disgrace and a danger to it."

#### After Note:

In 1883, several members of the B.C. Cabinet were denounced as part of the "Coal Harbour Ring," speculators who benefited privately from the relocation of the C.P.R. terminus from Port Moody to Coal Harbour in Vancouver. It was later concluded from documents of that period that the province's land grant to the C.P.R. represented a windfall for the company: the C.P.R. had secured land to cover the cost of an extension that it would have had to build in any case. The 'Port Moody Gazette' (Responsible Government, Saturday, November 15th, 1884, page 2) put it even stronger: "Port Moody must be ... crushed if possible, in order that the market might be created for the Provincial Secretary's land"



In a previous issue I noted that the science and art of wine is ever evolving and then I read an article that ABC does not apply anymore. ABC you ask? Anything but Chardonnay! There was a period when this wine tasted more of oak than wine and it turned many people away from trying a wine that can be a superb tipple. I recall that the Australians were guilty of this evolution. Some of us in our wine club have made Chardonnay on a regular basis and the crème de la crème is produced from grapes grown by Sangiacomo Vineyard on the Sonoma Coast, California. If you find a bottle labelled made with grapes from Sangiacomo Vineyard treat yourself. On a US website I found a 2011 vintage by Sojourn at \$45.00 and a 2010 by Ten Acre for \$48.00. Chardonnay in Bordeaux is called Chablis and is available in some local stores.

Great Wine News magazine had a book review on "Why You Like the Wines You Like" by Master of Wine, Tim Hanni, reinforcing what I quoted in last month's article.

It is humorous, down to earth, and apparently considered a revolutionary, myth-busting approach to wine and food enjoyment, based on the latest palatal and consumer research.

Also last month I mentioned Malbec as a wine to try at a very reasonable price. Well, now there will be a World Malbec Day to be held on April 17 with various functions being held in many countries. The London venue has already been sold out.

Have you ever heard of wine called Saperavi? Apparently, it has been made in The Republic of Georgia and some 50 year old examples have been uncovered that were made during the Soviet era. It is very dark skinned with red pulp and makes an intensely deep coloured, high acid, strong flavoured wine. This wine will enhance the colour of Cabernet Sauvignon and Merlot grown in the warmer climates. The Australians are into growing this grape and expect to produce some very good wine over the next few years.

Do you have a wine to recommend?

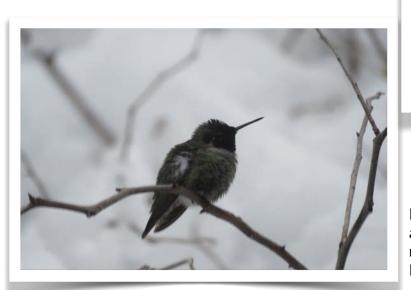




It's a Win for Team Salty Science! John, Catherine, and Geneviève greet Isabelle after a gruelling trans-Atlantic race. See page 8 to read more about Salty Science's race.

Photo Credit: World's Toughest Race





Above: Snowballs Photo Credit: Marcus Schmieder

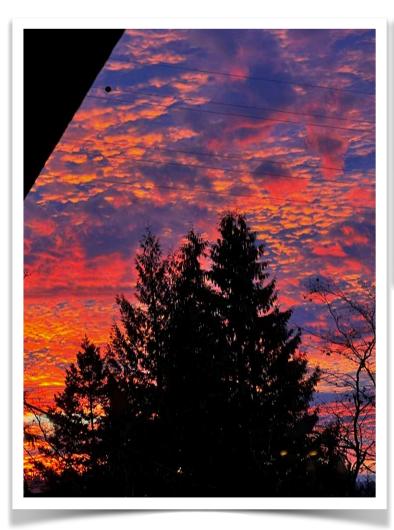
Left: Brrr... Anna's Hummingbirds really appreciated having warmed feeders this month. Photo Credit: Nora Boekhout





Christmas Cactus Update by Nora Boekhout

Further to my December BGC article, my "Thanksgiving Cacti" are in bloom for the second time and YES, my "not true" Christmas Cactus (which may be an "Easter Cactus") finally has buds (Valentine's? Early Easter?) Now I'm not sure WHEN to do the "dark and cold" treatment for next year.





Above: Santa and his elf helper, Liisa Wilder, at the Santa Ships and Light Show event in the park (co-sponsored by CRAB). Photo Credit: "Auntie M" Raappana

Left: Colourful December Sky Photo Credit: Brenda Hogg



## **Local Car Care Services** at Affordable Rates

Family owned and operated since 2003 Now located in Port Moody!

- Certified automotive technicians
- All makes and models of vehicles
- ✓ Land Rover and **Jaguar Specilaists**
- ✓ Advantage Tire Group Dealer

2725 Murray Street, Port Moody Ph: 604.986.4377 E: info@hespautomotive.com

Call or book your appointment online www.hespautomotive.com

- Fair and honest pricing
- Brand name OEM parts
- Quick turnaround times
- Loaner vehicles
- ✓ Full tire service center



#### Page 14

Weather was on everyone's mind this January!

First, in thanks to an Arctic outflow, we were plunged into a deep freeze with daytime highs setting record lows, but even so the days were beautiful. We were graced with sunshine and blue skies, and ice mosaics artfully forming across Bedwell Bay. Then there was the snow! Our Village was blanketed and looked like something from a fairy tale.

Thank you to everyone who helped their neighbours by shovelling a driveway, sharing a warm fire, or simply calling to check in — what a lovely Village indeed.



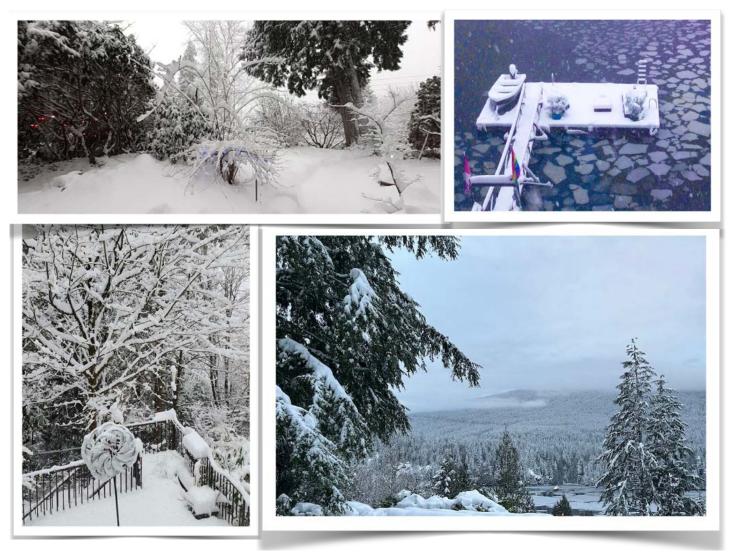


Photo Credits: 1. Meghan Shelly, 2. Paula Carlsen, 3. Nora Boekhout 4. Bonni Marshall



CRAB Corner By Penny Moen

CRAB will be hosting our first Director's meeting next week and will welcome new Directors Sue Brain and Andrea Jauck. We look forward to setting our calendar of events for 2024.

As we move forward, we welcome input from our neighbours regarding our program. If there is something that you would like to see in your community or suggestions for changes to events that we provide, please make sure to let us know. You can send a message to <u>c.r.a.b.4084@gmail.com</u>.

We appreciate the support that we have received from everyone who has attended a CRAB event. CRAB being able to continue to provide opportunities to get together is in great part due to the work of our volunteers. We want to send out a big THANK YOU!!

#### Please Donate your Refundable Containers to CRAB

In 2023, 60% of CRAB's revenue came from refundable containers donated at the WARD.

Thank you Belcarra!

We use this revenue to host community events throughout the year.

Please keep donating and supporting your community!



Milk and plant-based beverages are part of the deposit system!



## Buzz Aldrin, What Happened to You in All the Confusion? by Johan Harstad

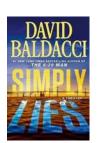
This book is a puzzle - how could anything so simple, set mostly in the barren Faroe Islands,



be so fascinating? A story about a man who strives to be 'second', basically unseen/unknown. So well written - I couldn't put it down. (Note: made into a Norway TV series in 2011). CB

#### Simply Lies by David Baldacci

Mickey Gibson, single mother and former detective, leads a hectic life similar to that of many working moms. Then one day her life changes when a con artist calls her about a



dead body. She is enticed into the murky world of a murder investigation. The two of them go head to head in an electrifying game of cat and mouse until the crime is solved. Baldacci is a master of intrigue. You won't be able to put it down! CG

#### Between Cottages by Jane Appleby

I purchased this beautiful book when it first came out. Given that the cabins are going to be destroyed, residents may want to purchase their own copy. D. Struk



https://www.blurb.ca/ bookstore/invited/ 4949801/

#### Page 16

The Belcarra Barnacle



### ¥ UNDER THE SEA WORD SEARCH

ANEMONE	S	L	s	Е	Y	s	s	s	х	v	Z	Е	E	С	Q
CLAM	М	Е	в	U	Q	N	Т	H	J	н	S	Ν	R	Z	R
CRAB	С	Е	Е	U	Р	I	s	A	Y	A	Е	0	N	J	S
EEL	S	S	I	R	N	0	В	R	L	I	S	м	N	R	Т
JELLYFISH	J	D	E	G	0	z	Т	K	J	С	Y	E	L	I	A
LOBSTER	G	Е	R	$\mathbf{M}$	A	L	С	С	Y	Т	в	Ν	в	D	R
OCTOPUS	м	A	L	Ν	I	н	Р	L	0	D	х	Α	E	R	F
2000	Y	$\mathbf{v}$	s	L	0	В	S	Т	Е	R	Т	Е	R	Т	1
-MAR.	X	U	D	В	Y	Y	С	F	E	Y	w	G	М	с	s
SEAWEED	Р	w	F	Z	Y	F	J	Ν	L	A	0	U	U	Р	н
SHARK	U	Ν	н	Q	w	L	I	В	Е	R	н	в	В	$\mathbf{M}$	L
SQUID	Y	L	J	A	D	Е	F	S	Z	Y	F	Y	I	G	F
STARFISH	J	F	$\mathbf{M}$	G	L	С	L	М	Н	F	v	Z	F	K	М
SWORDFISH	Р	Т	w	в	J	E	N	Т	D	В	Q	х	н	A	Т
WHALE	s	w	0	R	D	F	I	s	н	U	D	С	w	Q	С
46										A			5		



#### I.HOW MANY OCEANS ARE THERE ON EARTH? \*\*CAN YOU NAME THEM ALL?

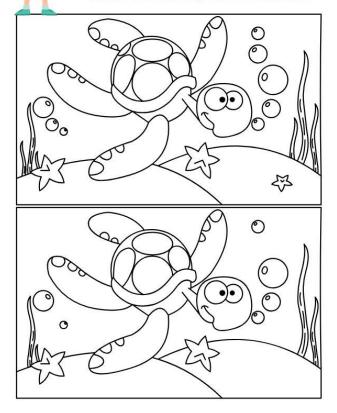
- 2. WHAT % OF EARTH IS COVERED BY OCEAN?
- 3. WHICH IS THE LARGEST OF THE OCEANS?
- L. WHAT IS THE LARGEST OCEAN ANIMAL? \*\*Hint: also the largest on earth at 180 tonnes!

#### 5. CAN CORAL MAKE ITS OWN SUNSCREEN!

4. The Blue Whale and they are also the loudest known animal! 5. YES! Coral grows colourful internal algae that protects it from the suns UV

- 3. The Pacific Ocean, it covers 155 million (yes million!) square kilometres!
  - 2.71% (Wow, that's a lot of ocean!)
  - 1. Five: Atlantic, Pacific, Indian, Arctic and Southern Oceans

Can you find the 7 differences in these ocean pictures below? Start colouring to find them!



## DID YOU HEAR? THERE'S A GREAT VET IN TOWN



ANIMAL HOSPITAL

Dr. Carolyn Buxton portmoodyanimalhospital.com 604.469.5589

Your Other Family Doctor

**New Clients Welcome!** 

#### Goldeneyes on the Inlet - by Colleen MacDonald



Common goldeneye male

What are those black and white ducks we see in large groups on the inlet?

... They're *goldeneyes*!

Named for their bright yellow eyes, the goldeneye ducks winter on ice-free inlets and coves along the Pacific Coast from BC to California.

There are two species of goldeneyes:

- **Common goldeneye** (Bucephala clangula) identified by the white circle below its eye
- **Barrow's goldeneye** (Bucephala islandica) which has a crescent moon patch below its eye. These are the goldeneyes we see wintering on səlilwət/Indian Arm.

On an interesting note, bird names are changing to eliminate eponymous names. I'm curious to know what the Barrow's goldeneye will be officially called. For more information on bird names, visit <u>https://bit.ly/3Oapc5L</u>

Goldeneyes are medium-sized diving sea ducks, 40-50 cm long and weigh one kilogram. Males are black with white markings and they have orange feet. Females and juvenile males have brown heads and gray bodies, and their legs and feet are yellow.



Barrows goldeneye female and male ~ John Reynolds photos

The females' gray beak turns a pale yelloworange during spring.

Goldeneyes are diving ducks. They usually dive in shallow bays -- about 3 meters but they can dive as deep as 6 meters or more.

Along their coastal wintering grounds, goldeneyes feed on barnacles, mussels, sea stars and crabs. At Whiskey Cove we enjoy watching the goldeneyes clustering around docks, cleaning off mussels and watching them dive under the clear water to eat the barnacles on the rocky shore. To watch a video taken in the cove, visit <u>https://bit.ly/DucksDiving2</u>

The goldeneyes make hoarse croaking sounds -- krawk -- as they cluster along the rocky shore and around docks. They are sometimes called Whistlers because their fast wingbeat makes a loud whistling sound in flight.

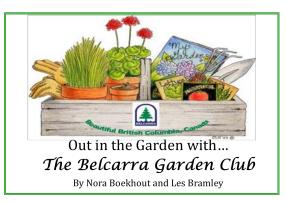
On the inlet the ducks form large groups called rafts. One day I counted over a hundred goldeneyes gathered together. Eagles and hawks are the ducks' predators on the inlet.

Other wintering diving ducks found on Indian Arm include surf scoters, buffleheads, Harlequin duck, grebes, loons, and mergansers.



Goldeneyes flying ~ Cheryl Papove photo

#### The Belcarra Barnacle



Happy New Year to all our fellow gardeners and wildlife lovers!



#### **Do Wind Turbines Kill Birds?**

This month Les was intrigued by the question, "Do Wind Turbines kill birds (and bats)?" As the world explores renewable options for energy sources, it is vital to also consider side effects to Mother Nature. Although the answer was "Yes", Les found out that this is only a fraction of those killed by house cats, collisions with buildings and cell phone towers, or even the fossil fuel operations that wind farms replace. The scary part here is that this number is in the billions per year! Migration times are, of course, the most disastrous.

Wind power is a provider of clean, cheap zero carbon electricity and about 96% of a wind turbine is made from recyclable materials. The goal is to make them 100% from recyclable products and to use the Fibreglass as a key component in the production of cement. Wind Turbines are very expensive, typically \$1.3 million per megawatt (MW). One MW can power approximately 1000 homes for a month.

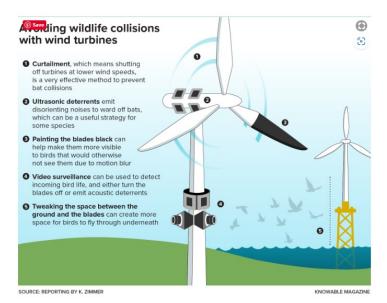
Most onshore commercial Wind Turbines have a capacity of two to three MW, but offshore Turbines can be 16 to 18 MWs. Turbine blade tip speeds range from 120 to 180 miles per hour which is disastrous for birds and bats.

Engineers and Scientists around the world have been investigating different ways to make Wind Turbines safer for wildlife. One interesting nineyear study, at Norway's Smola Wind Farm, found that painting one wind turbine blade black decreased bird deaths by 70%. It's not a simple solution; however, as US Federal Aviation Administration standards require turbines to be painted white or grey for aviation safety.

Katrick Technologies out of Glasgow Scotland have made bladeless honeycomb wind turbines. Iberdrola, in Spain, is applying vinyl shapes resembling eyes to protect bird life. Aeromine Technologies, in California, have wind turbines with zero external moving parts. Other studies on raising the cut-in speed have shown excellent results in reducing bat mortality without significantly reducing revenue. Another strategy may be, to deter bats with disorienting noises, audible only to bats.

There is a lot of remarkable information on this topic, and we hope you will check out some of the links we have provided on our website!

#### http://tinyurl.com/rwcf9b85





Belcarra Blessings Deborah Struk

Welcome to February y'all. What is it that fills your heart with love? Are you better at giving love, or taking/receiving love? Do you allow yourself to receive love, or have you been hurt or disillusioned by love? Some, like in the old Nazareth song, 'Love Hurts', are jaded and prefer not to trust or try to love; that is unfortunate. Love has its trials, but trials can help one become stronger.

Each of us has the capacity in the depth of our soul to give and receive love. Remember the song, 'Put a Little Love in Your Heart'? If you are reading online, you can click this link to our own Canadian sweetheart, Anne Murray singing the song Del Shannon wrote, way back when. <u>https://m.youtube.com/watch?v=lEg4mZ1Niw8</u>

Such a powerful video and song that is true. We are to love our neighbour as ourself. Sometimes, some people do not like their neighbours, but we are to love them.

This month, it is an honour to shed some well deserved love on a couple who have the biggest hearts for Belcarra, they have brought so much to the Village — Jim and Sherry Chisholm. (Also, an early Happy 90th Birthday to Jim)

First off, Jim and Sherry have been very involved in Belcarra in many ways. They have served on CRAB, various committees, the OCP, and Jim helped establish the fire department and helped in the building of the original fire hall.

Sherry's diligence and persistence brought natural gas into Belcarra. Jim and Sherry worked with government officials and First Nations to bring water and other key benefits into Belcarra.

If they had not worked so hard, our elected Torriciansy swould hope for kind beapte and those sowiectindshen while vogether for fate, ngherry met resistantlegevitlethet Maybraatythat time, tregarding when she brought in close to 1,00 signatures, the Mayor realized it was Tomethnigtmany residents Wanted. With regards inomony postable water systems we time rendlose to dosing Thurkgyant woral the Eederala Government, tsigether weiting on a settain group to sign to allow the project. Jim and Sherry went to our this with the goal of helping the village grow then MP James, Moore, who in turn told the and be on more solid ground. Trusting you will group they needed to sign so it could proceed. gestoneepeople three simplify very good the getting bestatinteedstatodbetdisneillelenerativenky tou to Jim fance Sheetry Jbey are certainly wise beyond their years, and described by another resident as contemplative, balanced, and chint statesmen. vsherevhisatedicated to during right thinks for all of Ithed Villagere thismanhasing enotano level beat raffle ticket salesman at GRABI events. fieward Sherry have faithfully bought and stored supplies at their home so they could provide drinks, hot boat for Hope, Due to Covid that charity chocolate, lights, fireworks, and shelter for CRABOeventsoutstheapark, the Willage Hall and inherevidentian it was years they have opened their themeonforpagenfliesures avatato Halloween and Christmasefireworks and hostly CRAB meetings.

Binabovatiances and a provide the second state of the second state of the second state of the second second

So, a big thank you and lots of love to lim and Have a great fall and here is hoping that Sherry. Our Village is a better place because of Covid 19 comes to a halt soon.

Happy Valentine sto your all and preases let's put petittle downfor our fellow men and women. We are so blessed to live where we do. We can all make it a better place for everyone.

### BELCARRA in the NEWS

See the attached link to a recent article by Janet Cleugh published January 2, 2024 in the Tri-City News.

#### Property assessments in Belcarra up 9% – the highest in the region

"Property values in the Tri-City village of Belcarra rose the highest in the Lower Mainland, according to figures released by BC Assessment."

"Single-family home and land values in the village as of July 1, 2023, shot up nine per cent over the previous year versus around three per cent for the rest of the region."

Full article link:

<u>Tri-City News - Property Assessments in</u> <u>Belcarra up 9%</u>

Submitted by Dayna Fitz

See the attached link to a recent article by Vaughn Palmer published Jan 26, 2024 in the Vancouver Sun.

**B.C.** NDP quietly consult on sweeping changes to managing public lands

An article about how the BC government will co-manage provincially owned lands with Indigenous governments.

It appears that the government has already decided...

What will this mean for Belcarra... For us... For our docks...

https://vancouversun.com/opinion/columnists/ vaughn-palmer-bc-ndp-quietly-consultsweeping-changes-managing-public-lands

Submitted by Michele Babineau

## KINDNESS IS FREE

sprinkle that stuff everywhere!

HAPPY VALENTINE'S DAY AND REAL ACTS OF CARING WEEK!

## February 11-17th Real Acts of Caring Week

"It's about doing something kind for another and not expecting anything back."



604.728.5643 Web: Pccorp.info

NO Headaches - NO Surprises - NO Excuses

"Just a GREAT job"

Letter to the Editor Real Acts of Caring By Klaus Bever

On Monday, January 22, 2024, Belcarra Council met and welcomed a group of local students who asked Council to designate February 11 - 17 as "Real Acts of Caring Week" in Belcarra.

For all parents and teachers watching, this was a presentation that reminded us that good citizenship is not to be taken for granted. Social responsibility is not inherited. Good citizenship and social responsibility are learned. We learn from what we hear. We learn from what we see. The children in this presenting group are being shown good citizenship through mentoring. Society values good mentorship and relies on mentorship for promotion and acceptance of principles, such as kindness and caring.

What makes acts of caring real is the sincerity by which they are attempted. That not all attempts of kindness and caring are successful is also learned. But that should not diminish our enthusiasm for supporting sincere efforts to help.

So what am I really trying to say? Our Council spoke kindly and sincerely with this group of students and did indeed declare February 11 -17 "Real Acts of Caring Week" in Belcarra. It would be a real act of caring for this community if this Council were to continue with their pre-election support for greater safety along Bedwell Bay Road, for all users.

## Apple Dapple Cake

A Delicious recipe for a Book Club

- 1 <sup>1</sup>/<sub>2</sub> cup sugar
- 1 ¼ cup oil
- 3 eggs
- 3 cups flour
- 1 tsp baking soda
- $\frac{1}{2}$  tsp salt
- <sup>1</sup>/<sub>4</sub> c orange juice
- 3 cups finely diced apples
- 2 cups chopped walnuts (or pecans)
- 2 tsp. vanilla extract
- 2 tsp. cinnamon

#### Glaze

- <sup>1</sup>/<sub>2</sub> cup dark brown sugar
- 4 Tbsp butter
- 1/4 c heavy cream (or evaporated milk)

#### Directions

Lightly butter a bundt pan.

Prep apples and walnuts, set aside.

Combine sugar and oil and beat well. Add eggs one at a time, beating till fluffy.

Combine dry ingredients and stir into egg mixture.

Lightly stir in orange juice, apples, walnuts, vanilla, and cinnamon and spoon into pan.

Bake at 325 for 1 <sup>1</sup>/<sub>4</sub> hours, toothpick should test clean.

Cool for 30+ minutes, remove from pan.

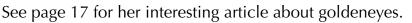
Combine glaze ingredients in a sauce pan, cook for 3 minutes medium high heat (almost boiling). When glaze has cooled (warm, but not hardened), pour over the cake.

#### Photos of Ducks, Please!



Colleen MacDonald, is hard at work on a new book about ducks on the inlet.

If you have any photos to share, please send them to <u>colleenmacd@gmail.com</u>



#### The Belcarra Barnacle

## **BELCARRA CLASSIFIEDS:**

#### **ALTERATIONS**

I've yet to meet a challenge too difficult, SO don't be afraid to drop by to see if I can help with fitting or stylistic details that need a revamp! I'm usually in the studio from 9-5, and can be available evenings and weekends. Just let me know what time is best for you!

Contact Barbara at 604-936-8495 or email: bshelly@shaw.ca

#### 2020 TREK DOMANE+ LT E-BIKE

2020 Trek Domane+ LT E-bike, 58 cm, red/ black, carbon fiber (weight 32 lbs). Brakes-Shimano Ultegra disc/hydraulic; Shifters-Shimano Ultegra DI2 Electric; Crankset-Ultegra 11:34; Saddle-Bontrager Arvada Elite; Wheelset-DT Swiss disc aluminum; Tires-Bontrager 28 mm AW2; Motor-Fazua Evation Torque 60 nm 250 w; Battery-Fazua 250wh. Included items-spare battery, charger, fenders, service logs, flat pedals. Always serviced by Trek and ridden in the summer. Immaculate condition, no scratches. Asking \$4000

Call or text Donna 604-619-7654

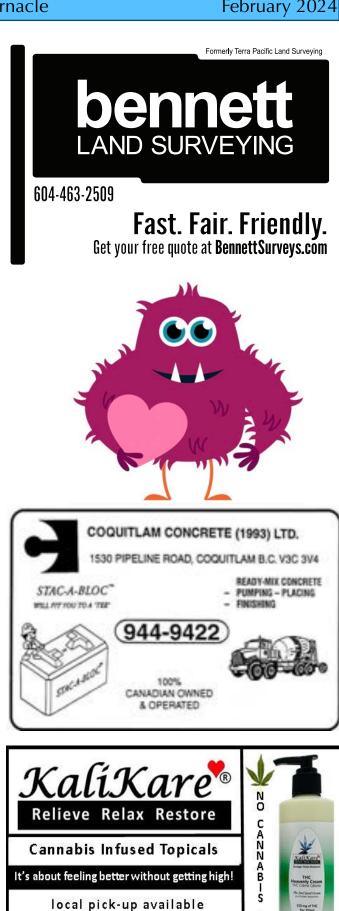
#### **NURSERY FURNITURE - PERFECT CONDITION**

3-in-one Convertible Crib with bottom drawer (South Shore Furniture, white); converts to a toddler bed and then a youth twin bed frame. Complete with new crib mattress, sheets set, breathable mesh crib bumper/liner; PAID \$380 — yours for \$175

Matching Dresser/Change Table (South Shore Furniture, white) with 3 drawers and shelves; PAID \$460 — yours for \$200

Safety First High Chair; PAID \$180 — yours for \$100

Great for sleepovers at grandparents' homes! Bundle together all three for \$400. **Contact Kimberly at** kimberlynonis33@gmail.com



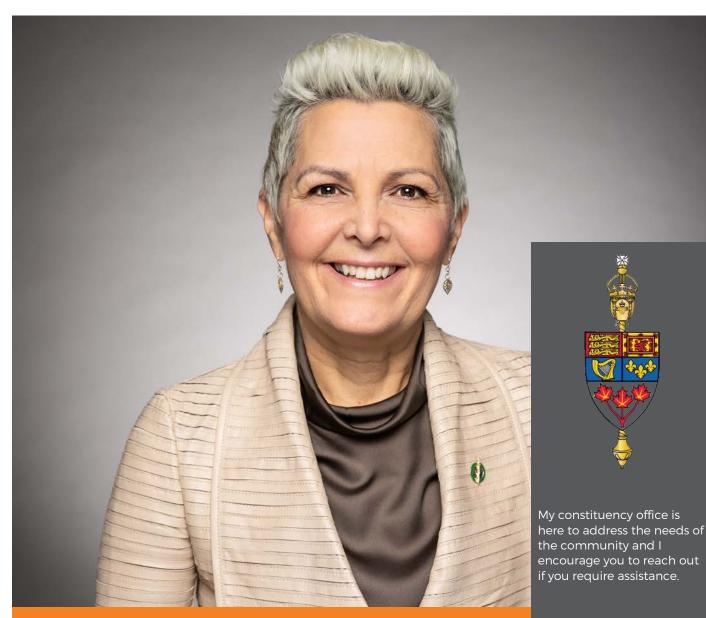
A R O

m

А

Host a home party to sample products with friends.

www.kalikare.com



## **BONITA ZARRILLO**

#### Member of Parliament|Députée Port Moody-Coquitlam, Anmore, Belcarra

What my Community Office can help you with:

- Address issues you may be having with federal ministries or agencies
- Provide information on locating government services and contact information
- Assist in understanding government policies and services
- · Receive information to attend community events
- Advocate on behalf of the community to government
- Provide congratulatory and greeting messages
- Provide government documents and other web-based forms if you don't have internet access

#### Contact

PHONE: 604-664-9229

WEBSITE: BonitaZarrillo.ndp.ca

EMAIL: Bonita.Zarrillo@parl.gc.ca

CONSTITUENCY OFFICE ADDRESS: 1116 Austin Avenue Coquitlam, BC V3K 3P5

