



# Belcarra Barnacle

February 2023

Belcarra's Community Newspaper

Volume 44 Issue 1





Published ten times yearly by

### THE BELCARRA BARNACLE.

Our purpose is to inform and involve.

The Barnacle welcomes all contributions about our local community.

If you would like to submit an article to the Editor, please be advised that your name will be listed as the author.

We also reserve the right to edit for brevity, accuracy, clarity or taste.

Photos and original art will be returned if requested.

### HOW TO REACH US:

Put submissions in the Barnacle Box outside the Village Office.

Mail: The Belcarra Barnacle, 4084 Bedwell Bay Road, Belcarra, B.C. V3H 4P8.

E-Mail: [belcarrabarnacle@gmail.com](mailto:belcarrabarnacle@gmail.com)

### For Out of Town Delivery:

The Belcarra Barnacle is available for mail, for \$20.00 per year to cover mailing expenses. Please send cheque and mailing information.

DEADLINE: The 20th of each month.

### VOLUNTEERS:

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Deborah Struk

Bonni Marshall

Michele Babineau

ON-LINE: [www.belcarra.ca](http://www.belcarra.ca)

### Words from the Editor:

Welcome to your Community Newspaper!

Thank you all for your continuing support of your local newspaper by sending us photographs and articles.

Please remember that the deadline for submissions is the 20th of the month!

Thanks to the residents who contribute, to the residents who proofread & to all residents who read the Barnacle!

Michelle Montico, Editor  
(604 528 0659)

[belcarrabarnacle@gmail.com](mailto:belcarrabarnacle@gmail.com)

### ADVERTISING RATES: (Ads must be copy ready)

Classified ads (3 to 5 lines) are free for Belcarra Residents.

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1 Full Page	\$150	\$540	\$960
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<u>Colour</u>			
1 Page (Back Page)	\$270	\$1200	\$2280
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1/4 Page (Centre)	\$60	\$240	\$480

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Sandra at 604 931 4262 or [srietchel@shaw.ca](mailto:srietchel@shaw.ca)



## BELCARRA DIRECTORY


Belcarra Village Hall 604 937 4100  
 Belcarra Website [www.belcarra.ca](http://www.belcarra.ca)  
 Block Watch Diana Drake 604 939 4946  
 CRAB Penny Moen 604-727-2510  
 c.r.a.b.4084@gmail.com  
 Vol. Fire Dept. Jay Sharpe 604 765 2944  
 jay.sharpe@anmore.com  
 SVFD Recruitment: sasamatrecruitment@gmail.com  
 RCMP - Non-Emergency 604 945 1550 or  
 604 469 1599  
 Village Roadways, Water & WARD Emergencies  
 604 917 0113

## IMPORTANT DATES

FEBRUARY 2023

Feb 5	Regular Council Meeting
Feb 5	Full Moon
Feb 14	Valentine's Day
Feb 15	National Flag of Canada Day
Feb 19	New Moon
Feb 20	Family Day
Feb 21	Regular Council Meeting

February is Black History Month



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## COUNCIL MEETINGS 2023

Council meetings are in-person at the  
 Village Hall.

Participation is also available via Zoom.

Meetings are recorded.

Please check the Village website for more  
 information.

4084 Bedwell Bay Road  
[www.belcarra.ca](http://www.belcarra.ca)

## COVER ART

Our front cover features a photograph  
 submitted by Lorill Estar.

Do send your favourite local photos and  
 artwork to the Barnacle.

It is a pleasure to share them.

[belcarrabarnacle@gmail.com](mailto:belcarrabarnacle@gmail.com)



## Mayor's Report

Welcome to the New Year. I would like to provide you with Highlights from the last public Council Meeting and from my activities as your Mayor since the last report.

### Council Meeting, December 5, 2022

The meeting began with a blessing of Council given by Elder Carleen Thomas of the Tsleil-Waututh Nation.

Council received for information, from the Partners from KMPG, the 2022 year end Audit Planning Report.

Council discussed and brought forward the Village's Financial Plan Document for the Public Budget Consultation scheduled for January 23, 2023. Two taxation scenarios for 2023 are included.

Ian Devlin, Chair of the Official Community Plan Committee provided budgetary comment to the operation of that committee.

Paula Richardson, Chief Administrative Officer, brought to Council a preliminary inquiry from the Evangelical Layman Church. Following discussion, Council deferred this matter for a six month period and after additional information from the applicant.

Stewart Novak provided, and Council received for information purposes, updates to several aspects of our Water System operation.

More detail and a recording of this meeting are available on the Village website [[www.Belcarra.ca](http://www.Belcarra.ca)].

Multiple meetings during the past six weeks included: the Translink Mayor's Council on Regional Transportation, AGM of the Tri-City Chamber of Commerce, and Metro Vancouver Board. I am appointed, on your behalf, to the following regional committees: Electoral Area, Climate Action, Mayors, Regional Parks.

On December 17 I joined with community members and many children to welcome the annual Santa's Christmas Ship Flotilla with a volunteer crew from the Royal Canadian Marine Search and Rescue. The children met Santa and had the opportunity to sign his Great Book. The children were able to get a photo with Santa and receive a Christmas treat. Thank you to CRAB for co-sponsoring this event.

Congrats to local author Diana Drake on her book "Ren's Treasure".

Happy to chat,

Jamie



**604-290-2750 or 604-464-5844**  
**[abledrain@shaw.ca](mailto:abledrain@shaw.ca)**





## Belcarra Blockwatch

Submitted by Diana Drake

The beginning of the new year is a good time to make a quick assessment of your emergency supply kit. Here are some essentials for a home kit that will help you cope without services. Stock supplies for at least 72 hours and consider planning for one week. Keep items in a container or large bag in an accessible location. Replace any expired items like food and batteries twice a year.

- Water (four litres per person per day)
- Non-perishable food (dried, canned), or emergency food rations
- Flashlight
- Batteries
- Phone and extra battery chargers or power bank
- Manual can opener
- Spices and sweeteners (salt, pepper, honey, sugar)
- Durable cups, bowls, plates, and cutlery
- Tissues, toilet paper
- Personal hygiene supplies (soap, toothpaste, diapers)
- Garbage bags and wet wipes
- Masks
- Seasonal clothing, sturdy footwear
- Blankets
- Medical kit
- Personal items



## Village of Belcarra

Amanda Seibert  
Corporate Officer



Announcement from [www.belcarra.ca](http://www.belcarra.ca)

Council and staff are pleased to announce that Amanda Seibert has joined the Village as Corporate Officer for the municipality.

Amanda comes to us with a wide range of experience in local government. She worked for the City of Maple Ridge for 15 years in legislative services. In her role she worked closely with Council, Committees, and various municipal departments, preparing agendas, reports and clerical support.

Amanda is available to be contacted at the Village Office at 604-937-4100. Please join us in welcoming Amanda to our Village staff.

Paula Richardson  
Chief Administrative Officer



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## WARD Operation Update BIN A - MIXED RECYCLABLES

From Council Meeting Agenda [www.belcarra.ca](http://www.belcarra.ca)

At the January 23rd council meeting, Stewart Novak presented an update to council regarding a change in service at the WARD:

GLASS is now allowed in Bin A -

Waste Connections will now deliver the mixed recyclables to the United Boulevard Recycling and Waste Centre instead of Waste Connections' privately owned facilities. This will allow Belcarra residents to put glass jars into Bin 'A' Mixed Recyclables as they have done previously. United Boulevard Recycling and Waste Centre accepts glass jars into mixed recyclables.

SOFT PLASTIC is NOT allowed in Bin A -

At this time, #4 plastics - plastic bags, bubble wrap and chip bags will no longer be accepted in WARD's Bin 'A' recycle bin.

In order to keep soft plastics out of local landfills, these items can be taken to a Recycle BC depot to allow for effective recycling. Recycle BC has been expanding its recycling program effective January 1, 2023 to allow for more items. Belcarra residents are encouraged to check the Recycle BC website at [www.recyclebc.ca](http://www.recyclebc.ca) for information on items accepted at these depots.

Stewart Novak reminded us that:

Food or other contaminated recyclables, and non-recyclable materials mixed into Bin A may result in back charges and may result in the full load of material being designated garbage.

Please refer to the Village website or contact staff for additional information about the WARD operation.

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*Karen Hall*





## VILLAGE OF BELCARRA

**RECYCLE GUIDE (BIN A ONLY)****NO STYROFOAM OR SOILED ITEMS ACCEPTED**

<p>Labeled glass bottles, labeled glass wine, beer, liquor bottles, glass jars</p> <p><i>* All items except glass jars can also be donated through the Refundable Shelter*</i></p>		<p>✗ <b>NO soiled items, coffee cups, broken glass, lids, lightbulbs, dishes, pyrex, ceramics, pottery, mirrors or window glass</b></p>	
<p>✓ Tin/aluminum/bi-metal cans with tabs and/or lids, soda/beer cans, clean aluminum foil, clean aluminum-foil backing dishes &amp; pie plates, metal storage tins</p> <p><i>* Soda and beer cans can also be donated through the Refundable Shelter*</i></p>		<p>✗ <b>NO SOILED ITEMS, paint or aerosol cans, metal scraps, metal or wood clothing hangers</b></p>	
<p>✓ Tetra packs (drink boxes), soup cartons, milk and plant based beverage cartons</p> <p><i>* All items can also be donated through the Refundable Shelter*</i></p>		<p>✗ <b>NO SOILED ITEMS, no Styrofoam containers</b></p> <p><i>* Soiled cardboard can go in BIN B (organics)</i></p>	
<p>✓ Paper, newspaper, paper cups, cardboard, non-waxed boxes, plastic lined paper plates, bowls and cups</p> <p><b>FLATTEN CARDBOARD BOXES</b></p>		<p>✗ <b>NO SOILED ITEMS, shredded paper, paper towel, tissue, wax coated cardboard, waxed or foil covered paper</b></p> <p><i>* Shredded paper, tissue and paper towel can go in BIN B (organics)</i></p>	
<p>✓ Plastic plates, bowls, cups, cutlery, straws, food storage containers, plastic clothing hangers, labeled plastic bottles, plastic cups with foil lids, labeled plastic liquor bottles</p> <p><i>* Labeled plastic bottles can also be donated through the Refundable Shelter*</i></p>		<p>✗ <b>NO SOILED ITEMS, motor oil/gasoline containers, automotive fluid containers, plastic toys</b></p>	
<p><b>*PLASTIC #4 ITEMS ('SOFT PLASTICS') ARE CURRENTLY NOT ACCEPTED* AT WARD</b></p>		<p>✗ <b>NO plastic bags, sandwich and freezer bags, shrink wrap, plastic drop sheets and covering, bubble wrap, plastic recycling bags</b></p>	

LOOK FOR THESE NUMBERS WHEN RECYCLING:

**\*Many of the above items are refundable and can be deposited into the Refundables Shelter. These items are donated to CRAB. Please check the signage on the bin for items that can be donated.**

**DEPOSIT ORGANICS/YARD WASTE INTO BIN B  
DEPOSIT HOUSEHOLD GARBAGE INTO BIN C  
DEPOSIT ELECTRONICS INTO BIN E**



### Kathleen Watson (Kay)

Kay loved to travel, and on October 14th 2022 surrounded by family she booked her final one-way ticket. Her first trip occurred on August 16th, 1925 arriving in

Cumberland BC to the great joy of her parents Joseph & Hannah Watson and older siblings Henry, Jack and Edna. At 5 years old, Kay was gifted with her very own little brother, Leland, where she honed her skills as a tour guide extraordinaire. Kay outlived all her siblings.

Kay's next big trip was to Vancouver BC to attend the Vancouver Normal School to get her teacher's certificate. Education was highly valued by Kay and it was a gift she would pass on through her encouragement to each generation. She spent several summers taking courses to earn her Bachelor of Arts degree. She started teaching in a one room school house in Richmond BC, but did most of her teaching at New Westminster Secondary School. After over thirty years she retired and pursued her love of travel.

Kay excelled at sports, so much so she was inducted in 1989 to the BC Sports Hall of Fame as a member of the Hedlund's Senior Women's basketball team who won the Canadian Senior Women's Championship five years in a row. Kay would learn and hone her craft in many sports including basketball, baseball, tennis, golf, pickle ball, and pretty much anything where there was competition. She was offered a spot on the Chicago Bluebirds in the National Girls Baseball League which has gained recognition in the movie A League of Their Own, but declined the offer because she didn't want to let her school down.

Her career as a recliner coach was exceptional right up to the day before her final journey.

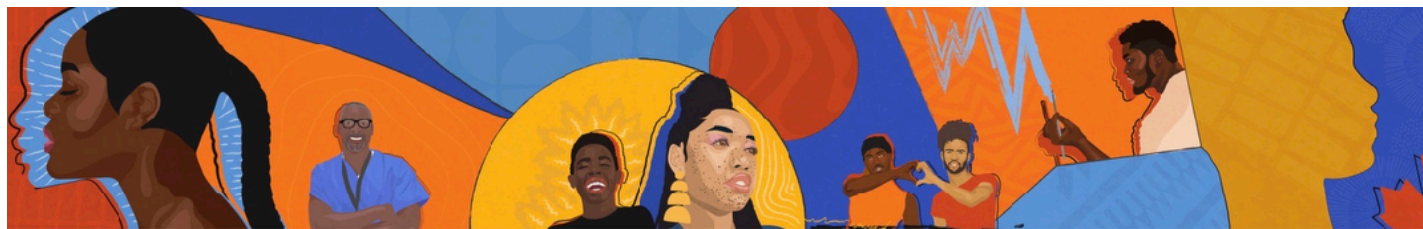
Some people bring home shot glasses or coffee mugs from their vacations, but not Kay....she brought home friends! Kay traveled the world with many people seeing such places including Europe, China, the Panama Canal, South America, the Baltic, the British Isles, Australia and New Zealand to list a few. The friends she met on her journeys were then invited to come and stay with Kay and her long time best friend Sandra Connor, and the tour guiding would begin. They showed their visitors the splendours of beautiful British Columbia, Expo 86, the Olympic games, fishing in Campbell River, helicopter flights over glaciers, cabin trips to Loon Lake, horseback riding at the base of Mount Baker or sunset dinners overlooking Belcarra or Gartley Beach. Through their travels Kay and Sandra brought people together and expanded their group of friends at each turn.

Kay's love of travel and sports did come second to one thing. She adored her family, and was thrilled with each new generation that came along. She was always excited to hear each detail of what we were up to or to share the tidbits from her latest adventure. Keeping contact with the clan was paramount to Kay. Cheering on each generation was a joy that all could see on Kay's face when she spoke of them. Be it a graduation, a new job, a baseball game, or a dance recital, Aunty Kay would be there buying tickets, clapping and smiling from the sidelines. When any of us moved to a new apartment or house, well we could count on Aunty Kay to be one of our first guests!

She travelled many roads, met many friends and touched all of our lives. We are better people for having known her.








## February is Black History Month


Every February, people across Canada participate in Black History Month events and festivities that honour the legacy of Black Canadians and their communities.

The 2022 theme for Black History Month is: "February and Forever: Celebrating Black History today and every day," which focuses on recognizing the daily contributions that Black Canadians make to Canada.


No matter where you live, we invite all Canadians to learn more about these communities, and how they continue to help shape the story of Canada.




*As your representative in Victoria*  
**I'm here to help**

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## Stories from The Archives -

## As to Port Moody Streets

The Port Moody Gazette, Saturday Feb. 9th, 1881, pg. 2.

Researched By: Ralph Drew, Belcarra, BC

"One of the characteristics of Port Moody least agreeable to the stranger and intending settler — indeed the only natural characteristic which is likely to produce in him anything like a feeling of discouragement — is the immense mass of growing timber, and timber usually of an immense size, with which the ground is found to be originally covered. To a man who has lived in a prairie country, or is familiar only with the more lightly timbered forests of the Eastern Provinces, these British Columbian woods seem, at the first, quite appalling. But, after all, they are not nearly so bad as they look; and the plucky axeman and grubber, who attacks a track of this forest land in good earnest, will soon make short work of the timber standing upon it."

"Still, it must be admitted that the clearing off, grubbing, and grading of town lots and streets, after the standing timber has already been slashed and burnt over, is an expensive and troublesome operation. But, especially in town buildings, there is another view of the matter. In this almost frostless country, nobody ever thinks of excavating in order to lay deeply the foundations of a building, or to provide a frost-proof cellar beneath it; so, there we dispense with one large outlay found quite indispensable in all building operations among all of our fellow subjects east of this Province; and a very large item of expense is thus saved; for these excavations not unfrequently cost as much as the whole superstructure raised above them.

It would be well then for distant strangers to be given to understand that for this elsewhere formidable outlay, there is no necessity whatever in any building operations here at Port Moody."

"There is another class of outlays ostensibly to be increased in building-up this town, and which are already being incurred, to some extent, which we nevertheless think might be largely ameliorated if not entirely avoided. The private and enterprising individuals who have undertaken to open-up streets adjacent to their own property, have, we see, commenced grubbing and grading such streets from the soil itself. Provision is being made for plank sidewalks, This, cannot but prove a very expensive, and — we cannot but think — a needlessly expensive process. Not only the sidewalks, but the whole roadway should be planked. If ever there was a country in the world where planked highways should be the rule, Port Moody is such a place. The soil itself is not good for street making. Where it is not clayey, it is quick-sandy, and it is nearly everywhere springy.

(Continued on Page 11)



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(Continued from Page 10)

There is scarcely any dry gravel at all. Hence, the necessity for planked streets. Again, timber suited to street planking abounds here — so much so, indeed, that, at the present time, it is a nuisance. The time will soon come, however, we shall regret not having such supplies to fall back upon. As it is, it is a shame to waste this fine timber; and we should turn it to a useful account wherever we can. Hence, we should use up large quantities of it in planking our streets.

These planked streets can be made very much cheaper, very much more expeditiously, and very much better, than ever can be made by excavating and grading the soil. A little, portable, steam saw-mill, run up into the edge of the woods, almost anywhere hereabouts would now make planks enough to cover all of the streets of Port Moody. When these streets wear-out, let our successors — the future citizens of this then large and wealthy city — pave the streets if they feel so disposed. It is certain that no good and satisfactory highways can ever be made through this Port Moody soil."



Thank you to CRAB!

Our friendly community association (CRAB) has provided a generous donation to the Belcarra Barnacle. We couldn't publish, and meet the escalating costs of paper and print, without support from folks like CRAB.

### Coats for Kids

On behalf of council, I wish to extend our tremendous thank you to the residents, friends and families of Belcarra who generously donated this past December in support of HAVAN Coats for Kids Campaign. Together with Councillor Janet Ruzycki, we travelled to the wind-up breakfast event in Richmond for the heartwarming experience of delivering 2 crazy large boxes of new and gently used coats, hats, scarves, boots and toys which we hoisted onto the flatbeds to add to the growing pile of donations! What a success .... from the bottom of our hearts, we thank you for supporting this worthy cause 🌟💖

Warm regards,  
Lísa M. Wilder  
Councillor



Photo  
Submitted  
by  
Brenda  
Hogg



## Business is Better with Chamber Membership

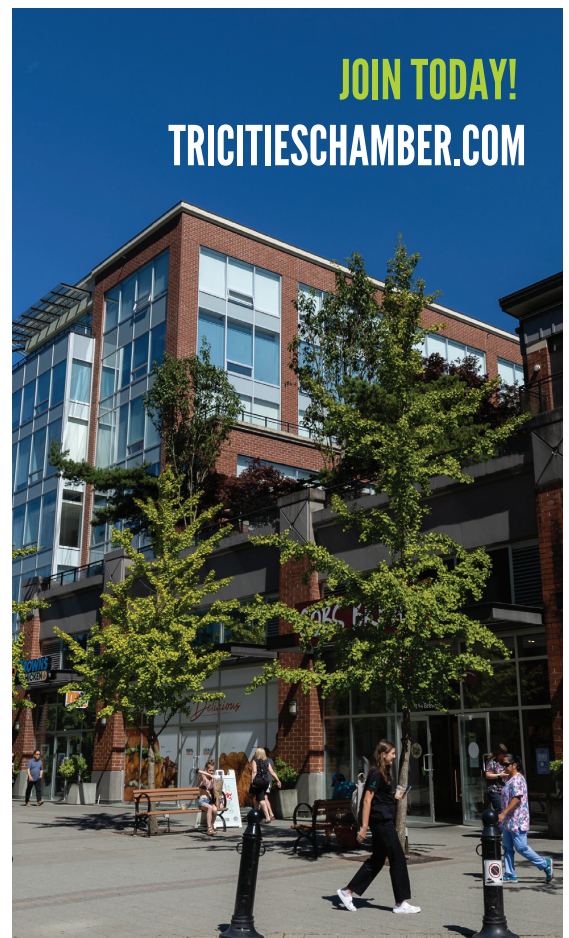
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## VILLAGE NEWS

### 2023 RESIDENT DIRECTORY

There is still time (but not much!) to update your contact information in the 2023 Belcarra Resident Directory.

Photo submissions will be open until the 1<sup>st</sup> week of February so please send in your best shots!

Email us at [crab4084@gmail.com](mailto:crab4084@gmail.com).

CRAB membership drive is now under way. Your annual family fee of \$30 goes towards hosting social events throughout the year and includes a copy of the coveted Directory. This year we are also including one (1) dinner ticket to the Spring Social pub nite. EFT payment can be made to [crabpayments@gmail.com](mailto:crabpayments@gmail.com) or feel free to drop off a cheque (payable to CRAB) or cash to the village hall. A membership form can be found on the village website. Your support is greatly appreciated!

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### ALTERATIONS

I've yet to meet a challenge too difficult, so don't be afraid to drop by to see if I can help with fitting or stylistic details that need a revamp!

I'm usually in the studio from 9-5, and can be available evenings and weekends.

Just let me know what time is best for you!

Call Barbara @ 604-936-8495, or email:

[bshelly@shaw.ca](mailto:bshelly@shaw.ca)



*Grow Local*

# SEED SWAP

**Saturday, February 18, 2023**  
**10am to 2pm,**  
**at the Port Moody Police Dept**  
**Community Garden**  
**3051 St. John's Street, Port Moody**

**Drop in and connect with your community!**

**Bring seeds to share and exchange them for new seeds.**

**Bring your excess seeds, unwanted varieties, self-saved seeds and partially used packs to swap!**



## CRAB Corner

Thank you to the captains and first mates with the Santa's Christmas Ships team, Royal Canadian Marine Search & Rescue, Dan Greenwood (Boulder Island Light Show, the Christmas Carolers and all of our volunteers (Liisa W., Jim C., Deborah S., Peter S., Dave W., Penny M. & Lyle M.) who made the Christmas Ships and Santa visit in Belcarra Park so memorable. With over 50 children once again having the opportunity to sign Santa's Great Book and receive a special treat, many whispered wishes into his ear while parents looked back to find their signatures from many years past. The snow and poor weather did not dampen the good spirits and cheer of all those who attended. See centre pages for photos by Tina of Originelle Designs Photography.

At our December 2022 AGM, a couple of new directors were added to the board:

Penny Moen, President

Dayna Fitz, Director at Large

Penny and Dayna are joining Liisa Wilder (Secretary/Treasurer), Deborah Struk and Jim Chisholm (Directors at Large).

The new board met in January, and we are happy to report that 2023 will be the year we return to many of our favourite CRAB activities ... parties, picnics and pub nights.

To start, there will be a Pancake Breakfast and Easter Egg Hunt on Sunday, April 9th and a Spring Social and Chicken BBQ on Saturday, May 6th.

Both events will need your help to be successful and we will be asking for volunteers to assist with set up, kitchen duties, clean-up and hide a few eggs. Volunteer information and planning nights will take place in person at 7 pm on Thursday, March 9th (Easter) and Thursday, April 13th (Pub Nite). Please let us know if you would like to volunteer for an event and if you are able to attend the information and planning meeting. Watch for more information in your Inbox and in the March edition of the Barnacle.

If you are not already included and would like to be added to our e-mail distribution list, please let us know at [crab4084@gmail.com](mailto:crab4084@gmail.com).



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### Belcarra Blessings

Deborah Struk

Belcarra 'together' in 2023; that is my hope. So much continues to go on in our world bringing uncertainty, but, there is Hope and we have each other.

In the world's best selling book it says, "Keep your heart with all diligence, for out of it flows life." Proverbs 4:28. Profoundly, this applies to our physical hearts as well as our soul/emotional heart.

This month has been known as "Heart Month" with the Heart and Stroke Foundation. Belcarra, pre covid, always came together and donated record amounts when Koko Carlson and her faithful Belcarra volunteers would come knocking on our doors. I miss that personal touch. Sadly, now all donations are only done online.

In the last year and a half I have known too many people (and all younger and some, much younger) suffering from strokes or heart attacks. One of Peter's very best (younger) friends, who previously lived in Gladys Crawford's cabin died of a sudden, massive heart attack. That shook Peter's world. Heart and Stroke Foundation is even more dear to my heart than before.

I encourage you to go online and donate today.

[www.heartandstroke.ca](http://www.heartandstroke.ca)



How about we come together and show Belcarra can top the charts in online donations? 💕

Nurture your soul heart; may it flourish and sing. For some it's 'forest bathing' (shinrin-yoku). We have no lack of forests here to do so and it is sooooo good for your soul and on many levels of wellness (immunity too). Paint a picture, write a song or poem, go birdwatching, take a chilly dip in the ocean, meditate, read or listen to the Bible; whatever rejuvenates you, just do it. Creativity abides in each of you. Let it flourish.

You are worth it. Find what makes your heart soar, what makes you feel alive, regardless of what comes at you. Jesus said, "in this world you will have trouble, take heart, I have overcome the world." Also in John 10:10, "The thief comes to steal, kill and destroy and I have come to give life and life abundantly." Jesus was talking of the things that matter: joy, peace and love.

May His love abound to you more and more. May Life rise up within your soul and heart and bring you joy, regardless of what is going on. It might do well to not even listen to or watch media (other than The Belcarra Barnacle 😊).

Be blessed my precious neighbours. We do live in a paradise this side of Paradise.



## Letter to the Editor By Sherry Chisholm

### New Fire Department Buildings

Sasamat Fire Department must build 2 new fire halls. Anmore and Belcarra have a long standing agreement to a 50:50 deal on assets and equipment. WCB REQUIRE new halls to be built. The halls must be brought up to earthquake standards.

Anmore is planning on building in approximately 2 years. They require a training room and sleeping quarters as they will have a paid fire chief and some full time paid firemen. Belcarra fire hall will not need those extras.

Will the same halls be built at the same cost or will Belcarra's cost less? If so the agreement is that each community will pay 50:50.

Belcarra will need to decide if they will levy a per property tax levy or sell road ends as needed. We are unable to go for any more loan money as we are maxed out.

The per property tax levy will affect EVERY property in the Village. The sale of some 5 or 6 upland road ends will only affect a FEW properties (nearest neighbors). The nearest neighbours will lose some conveniences for sure, however, they will not have the big tax levy that will otherwise be levied on all Village properties. There will be no loss of driveway access to properties as there are approximately 31 road ends to choose from.

The road ends are 66 feet wide and so 50 foot width would be sold and the balance of 16 feet would be left for driveway access and trails. It seems to me that having a new neighbour will be worth the change and will save Villagers a great deal of money if there is a tax levy for each property.

There may be some discussion about splitting the fire department. We do not have enough volunteers to operate the fire department in Belcarra alone. We need to have the department for our household insurance costs. Without our Sasamat Fire Department we will lose our well trained and VERY NECESSARY FIRST HEALTH RESPONDERS.

BELCARRA DOES NOT HAVE THE NECESSARY RESERVES TO COVER THE MILLIONS OF DOLLARS THAT WILL BE OUR 50% SHARE FOR THE TWO NEW FIREHALLS.

As I see it there are only these 2 options. Which one is the least painful for ALL Villagers?

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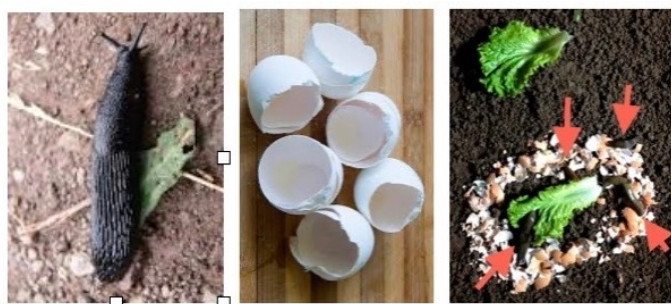


## Slugs and Eggshells

Well here is a true gardener... Les wrote while in Kona (but on a stormy rain-soaked day of course)!

Eggshells are made up of Calcium 34%, Sodium 0.05%, Magnesium 0.3%, Phosphorus 0.04%, Potassium 0.03%, and 5% organic matter. These nutrients are useful to plants but slow to break down. We spread Dolomite Lime on our Vegetable garden for our plants' calcium needs, usually around February. We put our crushed eggshells in our compost bins along with our coffee grinds. We've read the coffee grinds are an aphrodisiac for the worms! Enough said about that... back to slugs. Some people say eggshells do not stop slugs. Our Veggie section, which is covered in our eggshell compost, has fewer slugs. We water early and again later when needed. We let the soil surface dry for the night time because "that is when the slugs really go to work". We keep the pathway grass and weeds cut very short. We are lucky to have many little snakes and ground beetles, which eat the slugs. Some birds help too!

Around March, when we notice that baby plants in our greenhouse are being eaten, we put a little slug bait down on the floor. The greenhouse is the only place we use slug bait, as we don't want the birds or animals eating it.



Nora also adds crushed eggshells to the worm bin instead. The eggshell trick may be a myth as experiments show that the slug's heavy mucus lets him slide right over sharp edges. Any trace of egg membrane actually attracts slugs! Nonetheless, clean eggshells and coffee grounds may still be a deterrent. Crush the shells into small "bits" and make the barrier wide, as slugs can stretch!

My personal "battle strategy" is to make "slug rings" around "slug favourite" plants. I use copper mesh (from Lee Valley) in conjunction with coffee grounds. This has been very successful in keeping slugs from decimating my new dahlia shoots and protecting "tasty hostas"!

Common online tips are: clear the area around your plants, keep a vigilant "slug patrol", water in the mornings, use pet safe slug bait, use barriers around sensitive plants as a deterrent, encourage predators, and grow plants they don't like.



Experience and discussions with our garden club members are the best resources!

Happy Gardening!

More links and article available on our webpage:

<http://tinyurl.com/rwcf9b85>





## Letter to the Editor

By Klaus Bever

## Road and Related Safety

Much of Council's time during the last year was taken up by issues that were either centered on, or around, safety for our roads and pathways. This seemed appropriate and timely. Every member of Council exercised their opportunities in the run-up to the election, reminding the villagers of their commitment to safety for everyone, of all ages and of all abilities. There seemed to be a remarkable spirit rising amongst those holding office and amongst those hopeful for success in the October election. They had seen the future, and it appeared to be safer. After all, who would argue against greater safety for cyclists, joggers, walkers, runners, moms pushing baby strollers or those struggling with walking sticks after hip or knee surgery.....and get elected?

No one spoke against greater safety. Inevitably however, issues of safety were often stacked against other persistent village and Council preoccupations. There was steep terrain, lack of roadway width, and a multitude of concerns ranging from distaste for speed bumps to driveways on village property. Oftentimes, both the elected and the hopeful found that deflecting safety discussions to funding concerns proved effective. It seemed safer to not dwell too long on safety.

During the summer months, there were opportunities to calm traffic along Bedwell Bay Road, especially at the Kelly Ave. to Main Ave. section. Council members were engaged to move forward on some transition towards traffic calming and pedestrian/crosswalk safety. Then urgency was put aside. Council eventually agreed to ask for an ICBC safety audit before considering any initiatives of their own. ICBC reported that there were safety problems. Council heard and approved a first step towards improvements. That was more than three months ago. There has been nothing since.

Late on November 26, 2022 a large tree fell from municipal property near the firehall, across Bedwell Bay Road, knocking out power, damaging utilities and damaging private property. Many local residents were without power for many hours. The roadway was completely blocked. Any residents living west of the tree fall were unable to exit the Village if needed, and any emergency vehicles coming from Port Moody were unable to access residents in the Belcarra Bay Road area. The alternate exit through the Regional Park and Tum-Tumay-Whueten Drive was not opened until the following morning. Village emergency staffing seemed absent until the following morning. This seems a failure in our emergency preparedness. And yes, this matter has not had any public discussion at Council. That was two months ago.

If you have concerns with public safety, timely reporting and improvements, speak to your Council.

## Kid's Space

At the stroke of noon on February 15, 1965, Canada's red and white maple leaf flag was raised for the very first time on Parliament Hill. On the same day in 1996, National Flag of Canada Day was declared.

Our national flag is a symbol that unites Canadians and reflects the common values we take pride in — equality, freedom and inclusion.

How well do you really know the National Flag of Canada?

Let's test your knowledge and find out!

1. What type of maple leaf is in the centre of the Canadian flag?
  - A. A mountain maple leaf
  - B. A silver maple leaf
  - C. A sugar maple leaf
  - D. A stylized maple leaf



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2. Which of the following symbols was the first to emerge as an emblem of Canada?

- A. The beaver
- B. The maple leaf
- C. Hockey
- D. The canoe

3. What does "half-masting" refer to?

- A. It is a flag position used to indicate mourning
- B. It is a flag position used as a symbol to celebrate an achievement
- C. It is a short (half-size) flagpole used in special ceremonies to honour dignitaries
- D. It designates the removal of half the flags in an arrangement to showcase important flags during a special event

4. In 1921, which colours were proclaimed by King George V as the official colours of Canada?

- A. Red, white and blue
- B. Red and white
- C. Green and yellow
- D. Gold and blue

5. In what year was the current Canadian flag officially adopted?

- A. 1921
- B. 1942
- C. 1965
- D. 1979

6. When is National Flag of Canada Day celebrated each year?

- A. July 1
- B. February 15
- C. September 10
- D. December 8

7. True or False: Canada is the only country with a maple leaf on its flag.

- A. True
- B. False

8. What does it indicate when the Canadian flag is flown upside-down?

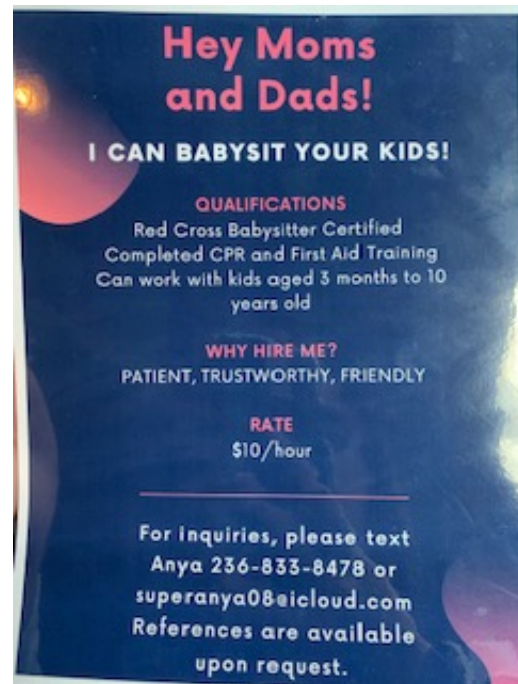
- A. Election day
- B. Mourning
- C. Declaration of war
- D. None of the above

9. True or False: Every province and territory in Canada has its own flag.

- A. True
- B. False

10. When should the flag be replaced?

- A. At the end of the year
- B. On February 15
- C. When it is faded or damaged
- D. Upon the arrival of a dignitary





## Marry Me Chicken

Adapted from: Jennifer Segal  
([www.onceuponachef.com](http://www.onceuponachef.com))

Fall in love with Marry Me Chicken, a dish of tender sautéed chicken in a creamy sun-dried tomato sauce.

Servings: 4

### Ingredients:

- 3 tablespoons all-purpose flour
- Salt
- ¼ teaspoon Freshly ground black pepper
- 4 boneless, skinless chicken breasts (about 1¼ lbs)
- 2 tablespoons extra-virgin olive oil
- 1 small yellow onion, finely chopped
- 3 cloves garlic, minced
- 1 cup heavy cream
- 1 cup chicken broth
- ⅓ cup sun-dried tomatoes packed in oil, drained and finely chopped
- 2 teaspoons tomato paste
- ½ teaspoon dried oregano
- ¼ teaspoon crushed red pepper flakes
- ¼ teaspoon sugar
- 2 tablespoons grated Parmigiano Reggiano or Pecorino Romano cheese
- 2 tablespoons fresh chopped basil, plus more for serving

### KIDZ Page -

#### Answers to the Government of Canada Quiz:

1. D, 2. A, 3. A, 4. B, 5. C 6. B, 7. A, 8. D, 9. A, 10. C



1. Cut the chicken breasts in half horizontally and then pound them until they are between ⅛ and ¼-inch thick.
2. Place the flour, ¾ teaspoon salt, and the black pepper in a ziplock bag and shake to combine. Add the chicken to the bag; seal the bag tightly and shake to coat the chicken evenly. Set aside.
3. Heat the oil in a large nonstick skillet over medium-high heat. Place the flour-dusted chicken in the pan and cook, flipping once, until the chicken is lightly golden and just cooked through, about 3 minutes total. Transfer the chicken to a plate and set aside.
4. Reduce the heat to medium and add the onions to the skillet. Cook, stirring frequently, until softened and translucent, 2 to 3 minutes. Add the garlic and cook, stirring constantly, for 30 seconds more; do not brown. Add the cream, broth, sun-dried tomatoes, tomato paste, oregano, red pepper flakes, sugar, and ¼ teaspoon salt; use a wooden spoon to scrape any brown bits from the pan into the liquid.
5. Bring the liquid to a boil, then reduce the heat to medium and gently boil, uncovered, until the sauce is thickened, about 5 minutes.
6. Stir in the Parmigiano Reggiano (or Pecorino Romano) and basil.
7. Add the chicken back to the pan, along with any juices that accumulated on the plate; reduce the heat to low and simmer until the chicken is warmed through and the sauce thickens a bit more, 1 to 2 minutes. Sprinkle with more fresh basil, if desired, and serve.

English poet Geoffrey Chaucer -  
may have invented Valentine's Day

From history.com

The medieval English poet Geoffrey Chaucer often took liberties with history, placing his poetic characters into fictitious historical contexts that he represented as real. No record exists of romantic celebrations on Valentine's Day prior to a poem Chaucer wrote around 1375. In his work "Parliament of Foules," he links a tradition of courtly love with the celebration of St. Valentine's feast day—an association that didn't exist until after his poem received widespread attention.

The poem refers to February 14 as the day birds (and humans) come together to find a mate. When Chaucer wrote, "For this was sent on Seynt Valentyne's day / Whan every foul cometh ther to choose his mate," he may have invented the holiday we know today.

#### TIDE TABLES ONLINE

<https://www.tide-forecast.com/locations/Port-Moody-British-Columbia/tides/latest>

<https://www.tideschart.com/Canada/British-Columbia/Belcarra-Bay/Fishing/>

<https://tides4fishing.com/ca/british-columbia/port-moody>

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My constituency office is here to address the needs of the community and I encourage you to reach out if you require assistance.

# BONITA ZARRILLO

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What my Community Office can help you with:

- Address issues you may be having with federal ministries or agencies
- Provide information on locating government services and contact information
- Assist in understanding government policies and services
- Receive information to attend community events
- Advocate on behalf of the community to government
- Provide congratulatory and greeting messages
- Provide government documents and other web-based forms if you don't have internet access

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