



Belcarra Barnacle

July/August 2022

Belcarra's Community Newspaper

Volume 43 Issue 6





Published ten times yearly by

THE BELCARRA BARNACLE.

Our purpose is to inform and involve.

The Barnacle welcomes all contributions about our local community.

If you would like to submit an article to the Editor, please be advised that your name will be listed as the author.

We also reserve the right to edit for brevity, accuracy, clarity or taste.

Photos and original art will be returned if requested.

HOW TO REACH US:

Put submissions in the Barnacle Box outside the Village Office.

Mail: The Belcarra Barnacle, 4084 Bedwell Bay Road, Belcarra, B.C. V3H 4P8.

E-Mail: belcarrabarnacle@gmail.com

For Out of Town Delivery:

The Belcarra Barnacle is available for mail, for \$20.00 per year to cover mailing expenses. Please send cheque and mailing information.

DEADLINE: The 20th of each month.

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Words from the Editor:

Welcome to your Community Newspaper!

Thank you all for your continuing support of your local newspaper by sending us photographs and articles.

Please remember that the deadline for submissions is the 20th of the month!

Thanks to the residents who contribute, to the residents who proofread & to all residents who read the Barnacle!

Michelle Montico, Editor
(604 528 0659)

belcarrabarnacle@gmail.com

ADVERTISING RATES: (Ads must be copy ready)

	Per Month (In Advance)	5 Issues (In Advance)	10 Issues
<u>Black and White</u>			
Card (2" x 3")	\$20	\$75	\$120
1/4 Page	\$25	\$90	\$150
1/2 Page	\$50	\$200	\$300
<u>Colour</u>			
1 Page (Back Page)	\$225	\$1000	\$1900
1 Page (Centre)	\$200	\$900	\$1750
1/2 Page (Centre)	\$150	\$700	\$1400

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Please send ads by e-mail in PDF, jpeg, or tif format to

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Vol. Fire Dept.	sasamatrecruitment@gmail.com
SVFD Recruitment:	
RCMP - Non-Emergency	604 945 1550 or 604 469 1599

IMPORTANT DATES

JULY/AUGUST 2022

July 1st	Canada Day
July 4th	Belcarra Garden Club Mtg
July 4th	Property Taxes Due
July 6th	OCP Review Committee Mtg
July 11th	Regular Council Meeting
July 13th	Full Moon
July 25th	Regular Council Meeting
July 28th	New Moon
Aug 1st	BC Day
Aug 8th	Belcarra Garden Club Mtg
Aug 11th	Full Moon
Aug 27th	New Moon
Sept 5th	Labour Day
Sept 6th	Back to School

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COUNCIL MEETINGS IN 2022

Council meetings are currently available on Zoom.

Please check Village website for more information.

4084 Bedwell Bay Road
www.belcarra.ca

COVER ART

Our front cover features a photograph called Morning Wake, submitted by Ashley Fenton.

The back page is a photograph submitted by Kimberley Tobias.

Do send your favourite local photos and artwork to the Barnacle.

It is a pleasure to share them.

belcarrabarnacle@gmail.com



Mayor's Report

June, the month of the summer solstice, spoke to the approaching warmth, flowers, and beauty throughout the Village. This is a summer for friendships and a return to outdoor activity including, for the hardy few, swimming in the ocean.

It was a pleasure to attend with local dignitaries and politicians the Chamber of Commerce hosted luncheon meeting with Ed Hall, Chief of the Kwikwetlem First Nation. Chief Hall spoke of his people's history and made optimistic comments for their future.

The Crossroads Hospice Society hosted their annual hike to raise money and renew interest in their important work for our community. Many local leaders and community members participated.

Council Highlights from the Past Month:

- The Village of Belcarra's 2021 Annual Report was submitted and accepted by Council. This document includes the Financial Statements of the Village and notes that the Village has an accumulated surplus of \$9,616,381. The full report is available on the Village website.

- Our federal member of parliament, MP Bonita Zarillo, attended a Council meeting and spoke in support of many of the efforts of your Council. Ms Zarillo's federal responsibilities include aspects of healthcare, universal pharmacare, aging in place, and asset management. Ms Zarillo welcomes all inquiries from our Village residents.
- The Metro Vancouver Regional District Regional Growth Strategy (Metro 2050) was presented to and accepted by Council. Your Council added several items of specific interest to the Village including water system improvements and roadway access to Belcarra north (Farrer Cove).
- Council have directed Village Staff to apply for a Grant opportunity under the Canada Community Building Fund. This is to assist in Strategic Planning in Asset Management and Climate Change.
- The ongoing work of the OCP Review Committee was reviewed and accepted. Further information, from this Committee, important to all residents, will be available in the very near future.

National Indigenous Peoples Day was celebrated on the summer solstice, the longest day of the year. It is a day of cultural, historical, and spiritual significance for Indigenous Peoples and an opportunity for all of us to consider the pathway of reconciliation.

Happy to chat,
Jamie

The Village of Belcarra 2021 Annual Report is now available on the Village website:

<https://belcarra.ca/assets/media/2022/06/2021-Annual-Report.pdf>



OCP Committee

The DRAFT OCP document was presented to Belcarra Council on June 27, 2022 and is now available on the Village of Belcarra website for community review and input.

LINK: <https://belcarra.ca/assets/media/2022/06/OCP-Review-Message-Draft-Plan-Attached.pdf>

Residents of Belcarra are encouraged to review these materials and provide their comments to the OCP Review Committee. All community input will be considered by the OCP Review Committee during preparation of the final draft of the plan prior to forwarding it to Council.

Please email your comments to: OCP@belcarra.ca

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Belcarra Blockwatch

Submitted by Diana Drake
and Carol Drew

Since the beginning of the year, there have been 3,000 sightings of bears north of the Fraser. (B.C Conservation Service).

The uptick in encounters is thought to be due to the steady human incursion into bear territory and, possibly, to milder springs.

Once again black bears are on the prowl throughout our village looking for easy sources of food. They will be active in our area from now until September.

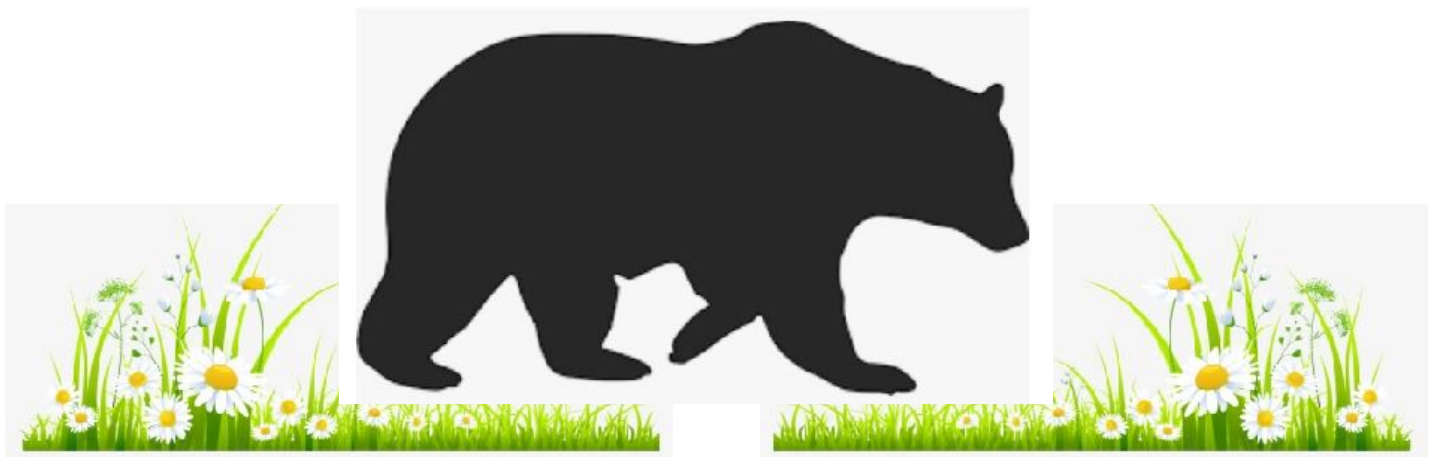
Early in the month of June, the Waste and Recycling Depot was closed for several days because of a "persistent bear issue." The bins were held hostage by a mother and two cubs who remained undeterred by all the noise generated to chase them away. (Later, another - a 'teenager'- was actually seen inside one of the containers.) Several homes and cars have also been broken into.

Time to review basic safety tips for living in bear territory.

To keep these amazing animals from being considered 'nuisance bears' - ones that have become habituated to the presence of humans and therefore at serious risk - please:

- secure all garbage indoors, until taking it directly to the WARD.
- keep pet food inside and remove dirty dishes if pets are fed inside.
- store away bird feeders or keep them empty until November.
- clean and remove grease from grills and barbecues after use.
- ensure all foodstuffs from eating outdoors is cleared away.
- do not leave food or fast food packaging etc. in vehicles. Perfumes, lotions etc. should also be removed and stored.
- keep windows up on vehicles and doors locked. If possible, point car downslope so that the if a bear does manage to get in, the door remains open.

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Sometimes described as 'timid', black bears are not typically aggressive. They will lunge or charge threateningly, but most often stop short. Actual attacks are rare. If encountering one on trails or on the street:

- do not make eye contact.
- back slowly away. DO NOT run. Talk slowly and quietly. Do not scream or squeal as the bear may be triggered by high pitched 'prey' sounds.
- make yourself as big as possible - arms over head, raised sticks, seek high ground, etc.
- pick up small children/pets.
- always leave the bear an escape route.
- do not 'play dead' or try to climb a tree.
- keep well away from cubs.

A Few Bear Facts:

- 800,000 in the wild in North America.
- Females - average weight: 58 kg (130 lbs); Males- 85 kg (187 lbs).
- 2100x human sense of smell. They can detect the odour of carrion 20 miles away.
- exceptional climbers and swimmers. They are also immensely strong, flipping a 300 lb rock easily.
- They're capable of running at speeds of 40 to 50 km per hour over short distances.
- Not just black, they are also blond, brown, and grey blue. The white Komodo bear or Spirit Bear is a close relative.

Be aware of your surroundings at all times, whether at home or on the trails. When hiking, travel in groups, making lots of noise.

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DARE TO DREAM?

Submitted by Don Babineau, Colm Cole, and Joe Weber

Please Join Us...

A group of us in Belcarra believe we need a change of direction for our Village... moving away from the "Status Quo", a move towards being more progressive, more ambitious, and more creative, making Belcarra an even better place to live than it is now.

We feel Belcarra needs to be sustainable financially and we need to properly manage our critical Services... Fire Risk, Water, Roads, and Safety while taking care of our Environmental Responsibilities.

The fall election is just around the corner. We want to run a slate of candidates who have the passion and energy to build a better, more sustainable Belcarra. A slate of candidates who have similar views on the future direction of Belcarra and, if elected, will have a clear mandate.

Here is a taste of what we would like to do...

1. Reduce the annual tax increases once we implement alternate revenue streams.
2. Ensure that we are operating efficiently as a Village.
3. Once and for all... after more than a decade of dithering... make sense of our water system and its ability or inability to adequately protect us from fire.

4. Build a safe gravel walking / running path along Bedwell Bay Road incorporating existing paths and roads without the massive costs and expropriations proposed with the multi-use path.
5. Ensure we have the capital required to maintain our infrastructure properly.
6. For a village our size, we seem to have too many rules and bylaws which are not equally or fairly enforced. Most of us have a story to tell on this subject. We need to "right size" our rules.
7. Focus on process. Our goal is to logically work through problems – opportunities, etc. keeping all stakeholders informed along the way. Allow for input and healthy debate. Share all information so residents can make informed decisions. If the issue is of key importance such as the rezoning bylaw was, we believe in referendum.
8. Leverage our smarts, form committees when needed, ensure selection of members is fair and transparent. Reduce the use of consultants.
9. Allow the formation of special interest groups to do the work on projects like rejuvenating our tennis courts.
10. Our population is stagnant or declining with little or no prospects for growth according to the December 6 presentation by Steve Pomeroy on Belcarra Housing Needs. This is not what makes for a vibrant community. This needs to be addressed.

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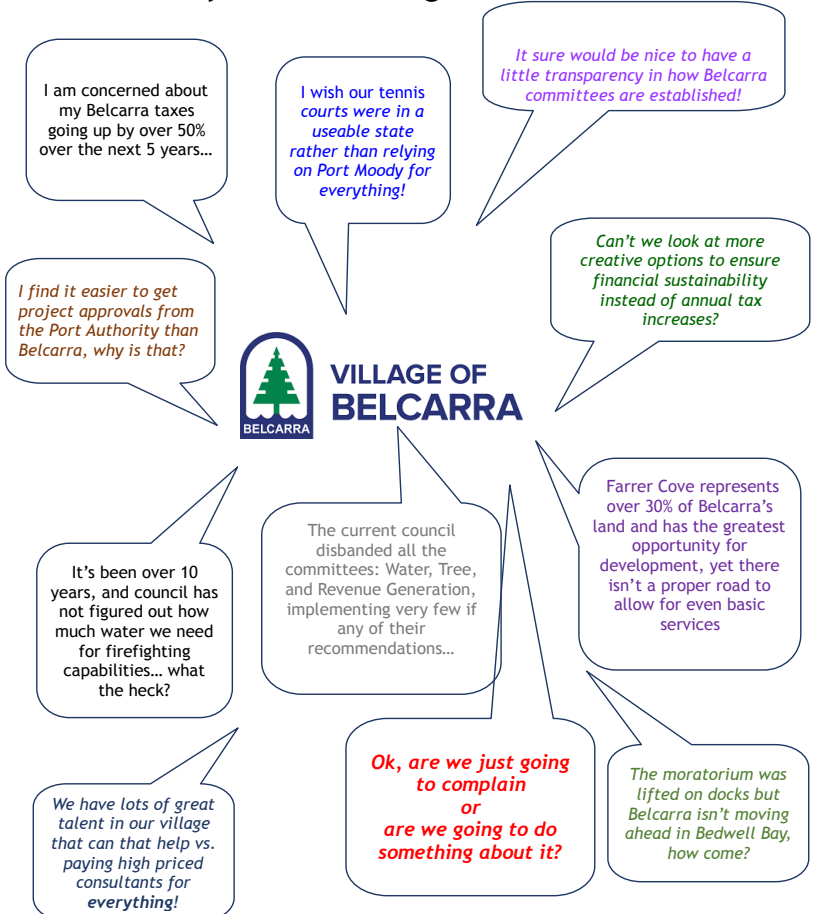
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11. There has been talk over the years about building an "Age in Place" complex. There is also a need to house volunteer firefighters reasonably. We want to explore this opportunity to build such a facility in Belcarra.
12. Commit to doing a Financial Sustainability Study to give us a proper baseline upon which we can make informed decisions.
13. Move ahead with new dock applications in Bedwell Bay.
14. For many years building a road to Farrer Cove has been discussed. We feel this is a key priority for us to improve the safety and water supply to Farrer Cove Residents. It is also one of the few areas that represents some development opportunities.

Do you "Dare to Dream"? Do you want to get involved as a candidate or supporting our team? Are you interested in talking or learning more?

Please contact us at
Belcarravision2030@gmail.com

Comments We Have Been Hearing in Our Beautiful Little Village...



In loving memory

Walter Laube

July 7, 1931 – May 12, 2022



Belcarra lost one of its original pioneers when Walter Laube passed away on May 12. Known affectionately by his neighbours as “the Fossil”, Walter was a pillar of the local community for 57 years.

Over those decades, he came to be known throughout the Bedwell Bay neighbourhood for his gregarious, generous nature, and industrious self-sufficiency. Always willing to lend a hand, Walter was an extraordinarily capable man who could seemingly build or fix anything.

His broad skillset could be seen in his own house, which he built from the ground up. Its many improvements over the years mirrored the evolution of Belcarra itself, as the village grew from a scattering of rustic houses and summer cottages to the manicured, well-heeled enclave of today.

Back in 1965, when Walter started clearing a plot of land on Main Avenue, he had few neighbours and no water or garbage service. Like many residents, he composted what he could and burned the rest. Water was sourced by bucket from the creek and when it came time to dig a well, the local water diviner was called in. Brandishing a forked willow branch, she walked around the property until her dowsing stick suddenly pointed toward the earth. At that spot, she pronounced, water would be found. And so it was, 32 feet down!

Main Avenue then was a gravel road that ended at the bottom of the hill, just past where the Croziers live now. The phone was on a “party line”, meaning that four houses shared one phone line; and, with so little traffic, kids and pets roamed freely.

But Vancouver was growing quickly, and Belcarrans soon had to fight the city’s planners to retain the peaceful character of their community. Walter led the way, fiercely resisting a 1970s-era Greater Vancouver Regional Development proposal to turn Main Avenue into a thoroughfare. Thanks to his ultimately successful activism, the street remains serene and child-friendly to this day.

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Many Belcarrans would have come to know Walter after he retired from teaching, when he could be found daily hiking the trails alongside his beloved dog, Crystal. With his outgoing personality and willingness to help others, he befriended practically everyone in the neighbourhood. Walter could always be relied on for an interesting conversation, a good laugh, and, if you needed help to cut a tree or fix something around the house, he was the man to call.

Walter will be sadly missed by many as one of the original residents who helped make Belcarra the beautiful, close-knit community it is today.

A celebration of Walter's life will be held at a later date. Please email laubefamily2022@gmail.com so we can contact you with the details when they are finalized.

With so many entertaining anecdotes to share, it promises to be a day of joy and laughter. Exactly the tribute Walter would have wanted.

Memories and expressions of sympathy may be shared at <https://www.dignitymemorial.com/en-ca/obituaries/port-coquitlam-bc/walter-laube-von-laubenfels-10753979>.

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Stories From The Archives

Belcarra For Summer Residence

Researched By: Ralph Drew, Belcarra, BC, April 2022.

Source: Vancouver News-Advertiser, Tuesday, June 23rd, 1908, page 7.

Ideal Location on Burrard Inlet Within a Convenient Distance of City

Perched on pleasant vantage points all along the North Arm of Burrard Inlet [Indian Arm] today may be seen the pretty villas and bungalows erected for the summer months by businessmen and city-tired people of Vancouver. One of the finest sites for this purpose, if not the finest of all, has hitherto remained untouched, but a portion of it has at last been placed on the market, and those in want of summer homes may now choose a lot there. Belcarra, known to Vancouver people for years past as Judge Bole's Ranch [District Lot 229, 160 acres of Crown Land pre-empted by John Hall in 1870], has been subdivided along the waterfront, and this favorite old picnic grounds will within another year or two be dotted with summer villas and, for part of the year at least, will become the home of numerous populations of seekers after pleasure and rest.

By courtesy of Mr. W. J. Taaffe, a member of the 'Belcarra & Bidwell Bay Company' [sic. 'Bidwell Bay and Belcarra Land Company Limited'], which is placing the townsite [Belcarra Subdivision] on the market, and of Mr. C. J. Loewen, of Messrs. Loewen & Harvey the city agents, some press representatives were shown over the grounds on Saturday last.

After a careful inspection they had to admit that the name "Belcarra", an Irish term chosen by Judge Bole, and meaning "the land of perpetual sunshine", had been aptly selected, for where the sun shines straight on one side of the peninsula, the setting sun sends down rays as direct and lingering on the other. The shoreline of the property is indented by two beautiful bays, Belcarra on the west and Bidwell [sic. common misspelling of 'Bedwell'] on the east, with a charming woodland walk running over the isthmus between the two. Along this walk, ferns six feet high grow in profusion, and an occasional foxglove and many dwarf flowers may be seen, while the leafy branches interlace overhead, and the light foliage of the deciduous trees around gleams in pleasing contrast to the darker green of the cedars and pines [hemlock and fir trees].

The Belcarra Bay has been cleared of boulders, leaving an excellent place for bathing and swimming. The orchard at the rear [planted by John Hall] just now is sweet with timothy and clover, while the trees overhead are loaded with green fruit. This portion is being reserved by the company, together with the beach, as common playground for future dwellers of Belcarra. As the ground is already cleared, it will be an easy matter to mark-out tennis courts, croquet grounds or bowling greens, as may be desired. Here the company maintains its office and headquarters for the transaction of the business locally.

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One of the first requisites of a successful summer camping place is a supply of good water, and at Belcarra it may be found in plenty. A fine spring of the purest water bubbles out of the rocks by the beach ['Medicine Man Spring'] and it is the intention of the company to conserve it by building a large cement tank, where pailfuls may be dipped-out at once. There are also other streams at intervals throughout the length of the subdivision. Out of the 160 acres [65 ha], which it owns at this point, the company has subdivided about 12 acres [5 ha], and the lots run in almost semi-circular shape around the bay. They have been divided with a fifty-foot [15m] frontage on the shore, and the depth of 80 feet [24m] to 200 feet [61m], according to the sweep of the shore and the configuration of the land. The ground for the most part is fairly even or runs back in a gentle slope. The timber is mostly alder and birch and light woods, and could be easily cleared, while the soil is rich leave mould excellently adapted for gardens or orchards.

The first to locate on these beautiful waterfront homesites has been Mr. Taaffe, who has built his camp a little north of Belcarra beach. He kindly conveyed the visitors to this spot on his launch, the 'Gypsy Queen', and Mrs. Taaffe afterwards hospitably entertained them to tea in a pleasant canvas-covered room, looking out upon the water.

"An ideal spot for a summer vacation", was the verdict of everyone. And so indeed it is. For whether you look round into the green mystery of the forest with its wealth of ferns and underbrush, or overhead with waving tree tops cast a quivering trelliswork of shade, or out in front where the breeze sweeps across the sunlit waters of Belcarra Bay, everywhere there is coolness and repose, and you forget the roaring streets and dusty throughfares and the restless crowds of men.

"But will people buy these lots and build homes here?" asked one of the party.

"We will take a run in the launch", replied Mr. Taaffe, "and then you will see".

And in a surprisingly short time the 'Gypsy Queen' was humming into Deep Cove, where a crowd of campers could be seen upon the wharf, and the smoke of the summer cottages was curling up among the trees. Then it was out by Brighton Beach, where pretty little bungalows were perched on juts of rock, and back by Jug Island where a house seems to be built in every level spot [Cortes & Stella Eldridge's cottages], and home by "Coombe", Mr. T. E. Julian's property, where a large number of leading citizens have built and are building summer homes for themselves. In short, it seems that in every available spot where a human habitation could be built it had been seized upon for that purpose.

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“Do you think our property will sell now?” asked Mr. Taaffe.

And the doubtful one had to admit that it certainly would, for if a man will buy a fairly level rock and build upon it, it required no great reasoning to see that it would not be difficult to persuade him to invest where he could make his nest on fertile soil. Nor can the prices at which the Belcarra lots are offered be said to be at all unreasonable. They range from \$225 [about \$5500 today] for a short lot of about 80 feet in length to \$750 [about \$18,000 today] for the largest and choicest, while terms are liberal and easy.

The property has had its vicissitudes. Originally owned by Judge [William Norman] Bole, of New Westminster, and cleared by him for ranching purposes [sic. originally the site was a Tsleil-Waututh winter village prior to the 1850s, the site was pre-empted in 1870 by John Hall before title was transferred to Judge Bole in 1884]. It subsequently passed into ownership of the ‘Terminal Steamship Company’ [in 1906], who last year [1907] used it as a pleasure resort. From the company it was purchased by the present ‘Belcarra & Bidwell Bay Company’, who have subdivided it into townsite lots. The President of the company is Mr. F. C. Wade, K.C., Mr. W. H. Hargrave is Vice-President, and Mr. A. C. Ray, Secretary, while Messrs. Loewen & Harvey are selling agents. [Charles Loewen was also a shareholder in the company.]

While only about 12 acres have been subdivided as yet, the company will put more on the market as that is sold-off, but they have naturally chosen to place the most inviting portion before the public first. As long as Vancouver maintains its rapid growth [Vancouver’s population increased from 25,000 in 1900 to 100,000 in 1910], and its business men increase in wealth with their labors, they will naturally follow the universal impulse to return to Nature for a season in each year. In Belcarra is a place only nine miles [14.5 km] distant from the city [sic. Coal Harbour], a distance that may be covered by an ordinary gasoline launch in about an hour, and no doubt many will welcome this opportunity to secure a place, where without neglecting their business altogether, they may rid themselves of its worries every night and weekend, and find renewed health and vigor in the healing virtues of the forest and the sea.

Afternote:

In 1904, the ‘Terminal Steamship Company Limited’ purchased the 160-acre ‘Bole Ranch’ from Judge Bole’s wife, Florence Blanchard Bole, as an excursion destination for their steam passenger vessels ‘S.S. Britannia’ and ‘S.S. Defiance’. In 1906, the ‘Bole Ranch’ was sold to the ‘Bidwell Bay and Belcarra Company Limited’; however, the ‘Terminal Steamship Company’ retained the right to own/use the Belcarra wharf and picnic grounds. The ‘Bidwell Bay and Belcarra Company Limited’ was incorporated on August 13th, 1906, for the sole purpose of purchasing and subdividing the ‘Bole Ranch’.


Noise ByLaw By Colleen McDonald




Noisy Belcarra? *Not on a Sunday!*

How about taking a break on Sundays and enjoying the quiet? Not only would it be nice for the neighbours, but it's in the bylaws and has a \$500 fine. Who knew?


No person shall carry on or cause to be carried on works in connection with the construction, reconstruction, alteration or repair of any building, structure, or highway, or in connection with any excavation or other operation, or operate any kind of machine or engine in such a manner as to disturb the quiet, peace, rest, enjoyment, comfort or convenience of the neighbourhood or of persons in the vicinity, on a Sunday or between the hours of 9:00 o'clock in the evening and 7:00 o'clock in the morning of any other day in the week.




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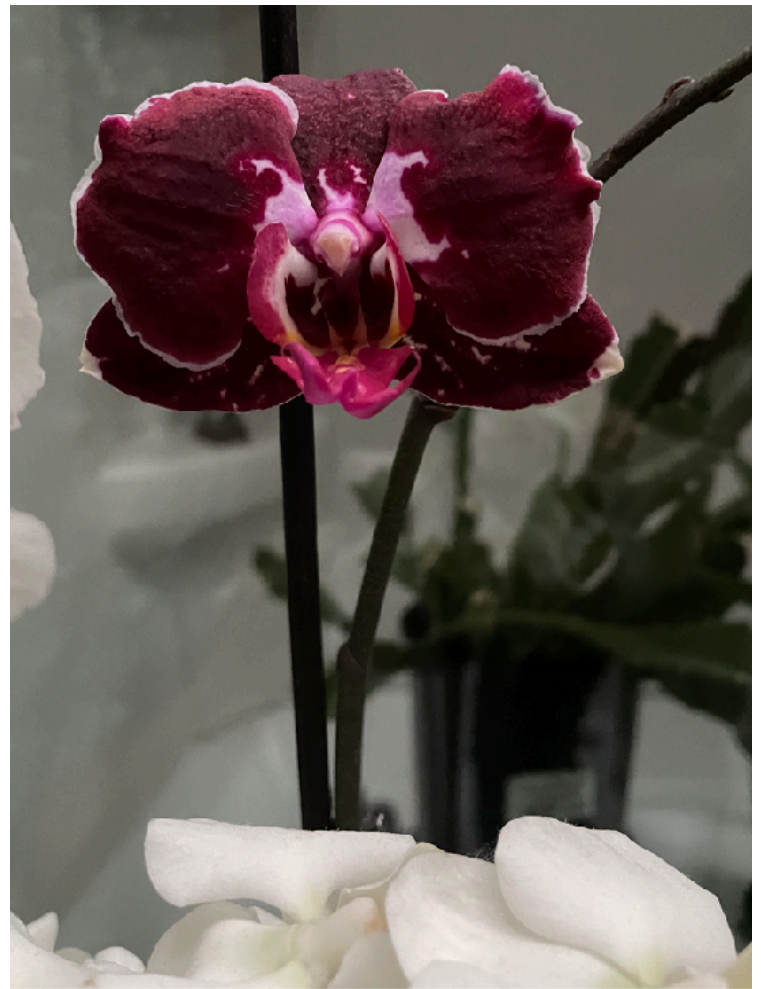
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Submitted by Bonni Marshall



Submitted by Megan Shelly

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Submitted by Brenda Hogg



Submitted by Megan Shelly

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VILLAGE NEWS

Quips and Quotes

Submitted by Barbara Shelly

When you make a mistake, see what's good
about it.

Mistakes are little windows into what is possible."

From an article "Think Big" by Laura Owens:

The New Yorker p. 28, October 30/17

**"We might think
we are nurturing our
garden, but of course
it's our garden that is
really nurturing us."**

—JENNY UGLOW

THE BELCARRA GARDEN CLUB

Submitted by Les Bramley

Hi everybody.

Our next meeting will be held at the village hall car park on Monday August the 8th at 4pm.

The August topic is how to Propagate from Cutting.

The September meeting will be on Monday the 12th at 4pm at the Belcarra Park picnic shelters.

The September topic is how to turn your garden into a Carbon Sink.

Nora Boekhout has made a New Belcarra Garden Club webpage <https://tinyurl.com/48fae639> Take a look & follow along, Nora is putting some interesting stuff on there.

Kathy & I went to BARAGA the Burnaby & Region Allotment Garden Association. We were impressed. It is the largest allotment area in Canada and well worth a tour.

There are 372 x 1000 square foot plots of vegetables, fruits & flowers grown there.

Our BGC is going to visit BARAGA in September, date to be decided.

Anyone interested is welcome to join us.

Don't forget our Shangrilla Farm tour on Wednesday August 24th meeting at the Village Hall at 10am.

All welcome to join us.

HAPPY GARDENING

If you have any gardening questions or wish to become a member, please contact us at 604-937-7103 or email lesbramley@shaw.ca

Bear Education 2022

By Chris Miller, Conservation Officer

There have been several incidents in Belcarra recently of a bear breaking into homes and vehicles. The Conservation Officer Service is asking residents to remove all food from vehicles and keep car doors locked. Similarly, it is recommended that house doors and windows not be left open or unlocked and that all attractants are kept secure and inaccessible to wildlife. Attractants include garbage, compost, bird feeders, pet food, fruit trees, dirty barbeques, and more. Advice on how to prevent conflicts with wildlife can be found at www.wildsafebc.com. It is important to report bear conflicts to the Conservation Officer Service before things escalate to a level where bears are breaking into homes and vehicles.

Conservation Officers work closely with municipalities to identify and mitigate problem areas where attractants are being left unsecured so that bears can continue to thrive in our communities without getting into conflict. Early reporting of these issues and good attractant management is the key to keeping bears and people safe in Belcarra. Please report wildlife conflicts to the Conservation Officer Service at 1-877-952-7277. Simply seeing a bear is not a conflict and does not require reporting.

RAPP

Report All Poachers and Polluters

Conservation Officer 24-Hr Hotline:

1-877-952-RAPP (7277)



rapp.bc.ca

Human Sources of Bear Attractants



Bird Feeders



Food crops



Landscaping that produces fruit or nuts



Garbage



Pet food



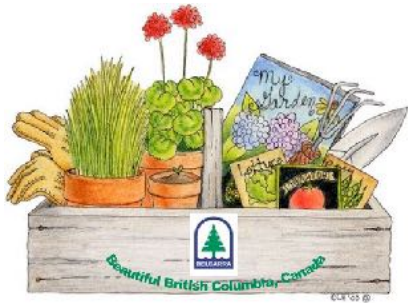
Livestock



Barbeque



Compost



Out in the Garden with... The Belcarra Garden Club Species at Risk... Monarchs need Milkweed!

By Nora Boekhout and Les Bramley

Here's a disturbing fact: did you know that British Columbia has over 1800 species (including plants) at risk of extinction? This is more than any other province or territory in Canada! Loss of habitat, wide spread urbanization, intensive agriculture, and heavy pesticide use has led to a drastic decline in many species.



At this month's gathering, our Belcarra Garden Club leader, Les Bramley, focused on the plight of the Monarch Butterfly. The Monarch Butterfly (*Danaus plexippus*) is certainly one of the most well-known and loved butterflies.



Most of you will be familiar with the images of hundreds of them in flight or better yet, thousands of them collected on the trees in Mexico! You might also have heard that unlike most butterflies, some of the subspecies travel almost 4,000 kilometres in fall, all the way from Canada to Mexico. It is the only butterfly known to make this two-way migration, as birds do, and it is one of the longest insect journeys in the world. You may wonder how a little butterfly could manage when their life span is only three to five weeks... it takes five generations to cover the distance to Canada during the spring migration! In BC we have a small population that migrates to the Pacific Coast of California. Canada's eastern Monarchs are from the Rockies to the Maritimes.

What you may not be aware of, is that 80% of this wonderful species of butterflies has disappeared over the last twenty years! This is truly a shocking decline. "Butterflies are often described as keystone species because they not only respond quickly to ecological changes, but they also provide insights into the health of the environment they are living in." (Quote from David Suzuki [Where are all the monarchs? B.C. Butterflyway Rangers to use citizen science in 2019 to find out - David Suzuki Foundation](#))

According to Wildlife Preservation Canada, "Many native flowers are not pollinated by bees but by butterflies, whose long proboscis (mouthpart used for feeding) are able to reach deep enough into the flower to pollinate these species."

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No wonder that Les chose this as a subject to investigate! But what does this have to do with a garden club, you might ask. A better question is, what can a garden club do to help? Strangely enough, while the Monarch butterflies pollinate many different plants, they lay their eggs exclusively on milkweed plants. Planting milkweed is one of the best ways that North American gardeners can help the endangered Monarch. Canada is the northernmost range of the Milkweed plant, and not many milkweed species can survive our cold winters. If we can propagate it ourselves, an added bonus is that milkweed flowers are popular with other types of butterflies (including swallowtails, fritillary, and skippers), as well as moths, bees, flies, beetles and even hummingbirds.

Two types of milkweeds are especially good choices for our local gardeners: the Swamp Milkweed (*Asclepius incarnata* is deer resistant) and the Showy Milkweed (*Asclepius speciosa* is a plant native from BC to the Maritimes). Both are readily available as seeds from West Coast Seeds and plants are also often available at local garden centres, such as Amsterdam Nursery. Butterfly Bush Milkweed (*Asclepius tuberosa*) is also particularly liked by bees. The toxic substance in milkweed (cardiac glycoside) is absorbed into the Monarch larvae tissues and serves as a defence mechanism.



Swamp
milkweed



Showy milkweed



Butterfly Bush
milkweed

Important factors:

1. If you purchase milkweed plants, be sure that they were not treated with pesticides or insecticides at any time.
2. The sap in milkweed plants (cardiac glycoside) is harmful, even toxic, to pets. It can also cause skin and irritation in humans. Wear gloves when handling it.
3. Some varieties of milkweed are listed as Class Number One noxious weeds in certain areas and so should not be planted. Common Milkweed (*A. syriaca*) is considered a noxious weed.

Here's an inspiring idea to think about: in November 2019 the "Butterflyway Project" won a Nature Inspiration Award from the Canadian Museum of Nature. By planting native plants in urban habitats, the participants helped provide food and shelter for butterflies, bees, and birds in an increasingly challenging environment. Wouldn't it be great if our own little community added its own contribution to Mother Earth!

The Belcarra Garden Club will be exploring this idea, and others, at the July meeting which will delve more into "Planting with Native Plants". Maybe those vacant road ends can be revitalized into "Native Plant Community Gardens"?

We hope you will visit our webpage!
We have collected more information to share
with you on this topic!

It's an easier way to check out the links too.

Our NEW Belcarra Garden Club webpage:

<https://tinyurl.com/2p9hm6nw>

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LINKS

Monarchs

<https://davidsuzuki.org/story/where-are-all-the-monarchs-b-c-butterflyway-rangers-to-use-citizen-science-in-2019-to-find-out/>

<https://www.canada.ca/en/environment-climate-change/services/species-risk-public-registry/cosewic-assessments-status-reports/monarch-2016.html>

Milkweed

<https://savingthemonarch.com/growing-milkweed-in-canada/>

West Coast Seeds

<https://www.westcoastseeds.com/blogs/garden-wisdom/about-milkweed>

Nature Watch

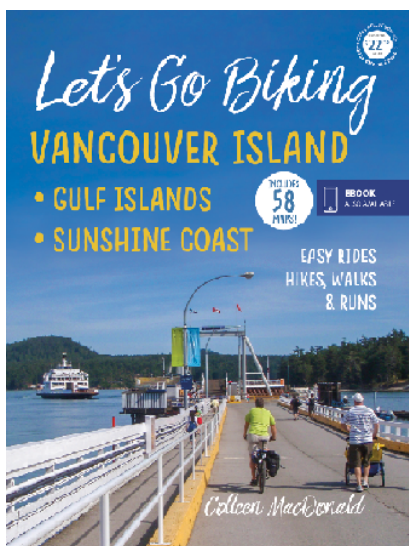
<https://www.naturewatch.ca/milkweedwatch/identifying-milkweed/>

Announcing a NEW BOOK

Let's Go Biking to Vancouver Island, the Gulf Islands and Sunshine Coast ~ by local author

Colleen MacDonald

letsgobiking.net/book/



AUGUST NIGHT SKY - PERSEID METEOR SHOWER

from the Smithsonian



Across North America, amateur and seasoned stargazers look forward to the Perseids every year for a reliably spectacular show. The colourful fireballs appear to radiate from the constellation of Perseus, named after the legendary Greek hero. Typical shows boast a rate of 150 to 200 meteors per hour—unfortunately, the peak days of this year's shower (August 11 & 12) will coincide with the nearly or entirely full moon, which will brighten the night sky significantly and drown out some of the show. To make the most of the night, wait to stargaze until two or three hours before dawn—after the moon has set, but before the sun's rays start peeking over the horizon.

Getting away from light pollution is key to seeing the spectacle. For BC, the Canadian Space Agency lists Garibaldi Provincial Park as a good viewing location with low light pollution and high altitude. Time to haul out the backpacking equipment!



Belcarra Blessings

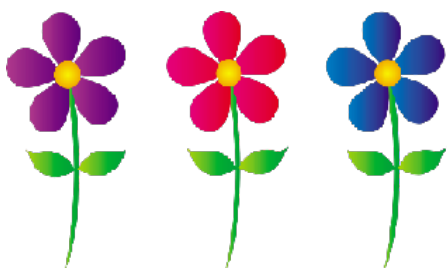
Deborah Struk

Happy Summer Break

Aha so funny as I write and 'Summer' is officially upon us, within hours, it is a puzzle will summer come roaring in like a lion or continue quietly as a lamb that suddenly appears bounding and playing about.

The upside to the rain is not having to water as frequently. The downside I am noticing is my garden soil is compacting too much and the weeds absolutely LOVE this rain, sun crazy mixed weather. I am thankful for each burst of sunshine to relax or go work in the garden.

Nonetheless, we embrace each day and try to find the JOY in every bird sighting, sweet bear video, and all the beauty we have around us. Belcarra is such a beautiful place. I am ever thankful for the serenity we have.



It is wonderful that our resident bears aren't causing too much havoc. We need to be mindful with our doors and windows, having to keep latched doors locked. So that is another positive to not having summer heat! Those bears are clever enough to open car doors and press down latches. I am not sure they can actually turn door handles, hope not. In the meantime we should watch from a distance and then after we have enjoyed them, loudly shoo them away so they can remain wary of humans. What I really am hopeful for is seeing resident Orcas on the water, but will be thrilled to see the transients.

A hearty Congratulations to all the Grads this year! So happy they actually had the choice to celebrate. What a glorious relief after years of restrictions and mandates.

Much love and blessings be upon you all.
Happy Summer.

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Kid's Space

KID FRIENDLY ACTIVITY ICE CREAM IN A BAGGIE

Recipe by children from A to Z

My daughter works in a day care and made these for the kids. We had to make them at home for my kids. They loved it and it is so simple and fun for the kids. Great summer treat/activity.

READY IN: 20mins

SERVES: 1

UNITS: US

DIRECTIONS

- With the sandwich ziploc baggie put the sugar, milk and vanilla. Zip closed.
- Take the gallon sized ziploc bag and place the rock salt in bag and fill with ice cubes about 3/4 full.
- Place sealed sandwich baggie in with the ice and salt.
- Ziploc gallon bag closed.
- Give the bag to the kids to shake and roll filled bag over and over until frozen (about 15-20min.) Yummy! Open and eat!
- As the ice melts it does leak a little so you may want your little ones to do this outside.

INGREDIENTS

- 1 sandwich ziploc bag
- 1 gallon ziploc bag
- 1 tablespoon **sugar**
- 1/2 cup **milk** or 1/2 cup **half-and-half cream**
- 1/4 teaspoon **vanilla**
- 2 tablespoons **rock salt** or 2 tablespoons **table salt**



DID YOU HEAR?
THERE'S A NEW VET IN TOWN.



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ANIMAL HOSPITAL

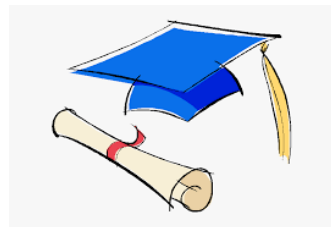
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Maxwell Pringle is graduating G5 from
Anmore Elementary





Summer Ice cream Word Search!



Banana	Chocolate	Peach
Brownie	Coconut	Peppermint
Bubblegum	Coffee	Pistachio
Butterscotch	Mango	Pumpkin
Caramel	Maple	Strawberry
Cherry	Neapolitan	Vanilla



Coquitlam SAR: Bedwell Bay–Jug Island–Woodhaven Loop

As the weather warms up, there's nothing better than to get out on the trails and enjoy the fresh air.

By Steve Chapman, Coquitlam Search & Rescue - May 23, 2022, TriCity News

Bedwell Bay–Jug Island–Woodhaven Loop

(18 km - 540 m ascent)

This four- to five-hour loop has a lot of nice viewpoints over Bedwell Bay, Indian Arm and Sasamat Lake. It's a long hike but mostly over easy terrain.

From the concession stand at White Pine Beach, head west on the paved trail and then veer off left onto the gravel lakeside trail.

This will eventually take you up to a gravel road where you will turn left.

Follow the gravel road past the gate all the way out to Senkler Road, which you will follow out to the main road just after the bridge.

Follow Bedwell Bay Road a short distance west before cutting down Watson Road and a short trail down to the water.

Now, follow Marine Avenue along the water's edge for over a kilometre, enjoying the fine views of Bedwell Bay along the way.

There's a short section of trail bridging a gap in the road.

Eventually you will hit the start of the Bedwell Bay trail, which you will follow past a "fork and join" for about half a kilometre to a trail junction.

Go left at the junction out to the road and the start of the Jug Island Trail. Now follow the well-signposted Jug Island Trail all the way to the end (about 3 km) to the spectacular viewpoint overlooking the island.

On the way back, just after descending the large run of steps, turn right onto the wide trail that heads west out onto Coombe Lane. Follow the roads south now all the way to Belcarra Picnic Area.

Pick up the trail on the left side of the concession stand (Admiralty Point Trail) and, shortly after, veer onto the Springboard Trail.

This switchbacks for some considerable distance, eventually taking you to the north side of Woodhaven Swamp before emerging out onto Tum-Tumay-Whueton Drive.

Take the second right after the zebra-crossing onto the Woodhaven Trail. Follow this for almost 2 km, eventually emerging onto Bedwell Bay Road again.

Cross over the road and go down the steps, following the trail to a bridge, which marks the intersection with the Sasamat Lake Loop Trail.

At the bridge, turn right, completing the loop back to the concession stand via the floating bridge.

Tired legs, however, might want to turn left here and retrace the outgoing route back to the start.

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Coquitlam SAR Safety Tips: (3 T's)

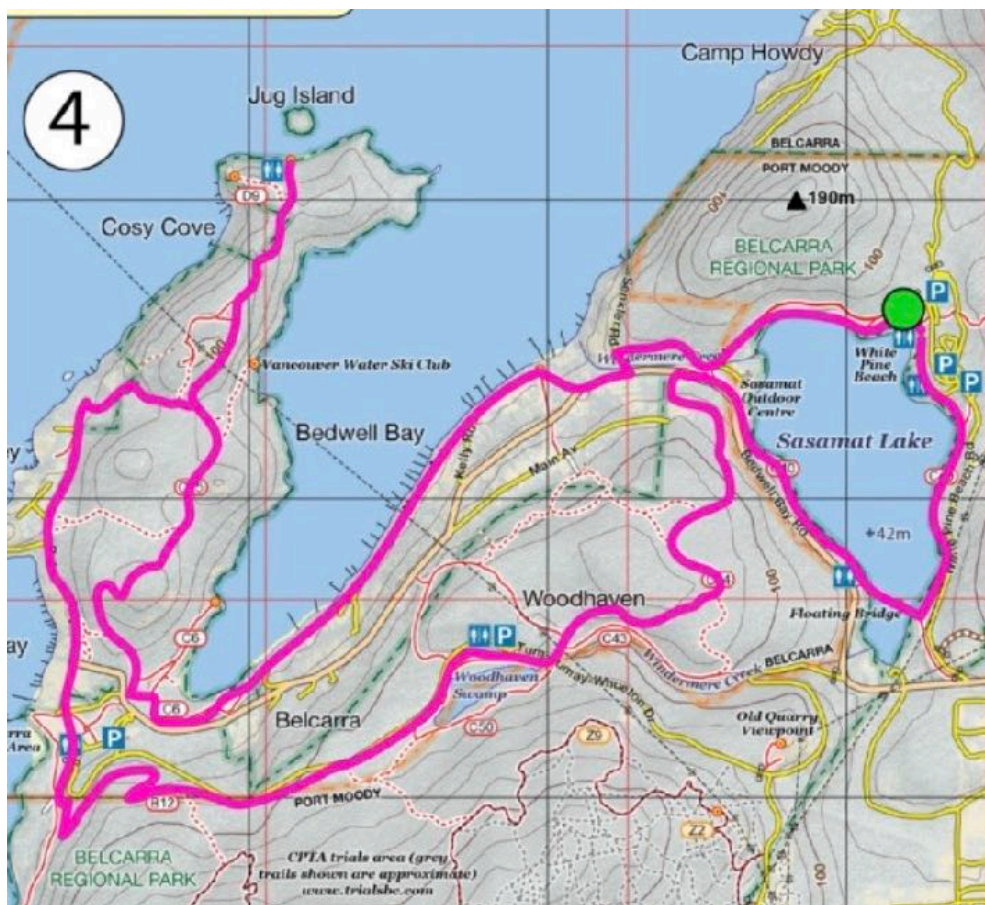
TAKE "THE ESSENTIALS" and other necessary equipment:

- flashlight with spare batteries
- extra food and water
- paper map/compass/GPS
- emergency shelter
- signalling devices (whistle, air horn, phone)
- extra clothing (to survive a night out)
- first aid kit
- pocket knife
- fire starter
- bug repellent/sunscreen

TRAIN: Make sure that you and the people you are hiking with (never go alone) are in good enough physical shape to do the hike comfortably and are also mentally prepared. Everyone should have the travel skills needed for the route. You should fully research your route beforehand and check the weather forecast.

TRIP PLAN: Make sure someone will come to look for you if you don't return, by providing a trip plan to a responsible person who will raise the alert (i.e., call 911). The trip plan can be on old-fashioned paper or in electronic form. To create an online trip plan use the AdventureSmart App or the Overdue App (with maps).

Please consider donating to Coquitlam Search and Rescue in its 50th year. Go to coquitlam-sar.bc.ca to make a contribution.





Letter to the Editor

TO: Mayor and Council

From: Sherry Chisholm

PAY ATTENTION....THIS IS REALLY IMPORTANT. I understand that most folks have no real interest in the local politics and certainly not the five year plan called OCP (official community plan).

I have listened to some of the OCP meetings. They are very controlled and the public comments are interpreted by the company that has been hired to literally run the show. These meetings are VERY controlled. It is hard to get a straight answer to your questions and then it seems your questions and answers are misunderstood.

The OCP members generally DO NOT seem to represent the people of the village or future of our community very well.

This OCP that is being produced right now will damage our homes and future of our community (group small houses on one lot with communal kitchen facilities...dock removal where eel grass and the environment is deemed by the first nations folks to be threatened...etc)

PLEASE write a letter .. read the draft OCP... attend on zoom or in person the next public OCP meeting or even a council zoom meeting and speak up before a small group of select citizens on the OCP decide for your future.

I understand that not everyone will agree with my thoughts, however, what I am asking is that the real people of this community talk up or write what they want to see in the future before it is too late.

It really is important that you give some time for yourself to ensure that YOUR wishes and needs are addressed by the OCP and the Village officials before we are turned into something that none of us want.

TAKE THE TIME....YOU WILL BE GLAD YOU DID...AT LEAST TRY TO PROTECT THE VILLAGE FUTURE.

“
**Smell the
sea and feel
the sky. Let
your soul and
spirit fly.**

VAN MORRISON



Letter to the Editor The Multiple Use Path.

by Klaus Bever

When the notion of a safe pathway for everyone, of all abilities, and connecting the major centers of our Village was turned away by this Council in April of this year, the potential for increased safety along Bedwell Bay Road was, for the time being, also delayed. The safety of those that will continue to walk, cycle, stroll or drive along Bedwell Bay Road will have to be approached in other ways.

Everyone on Council, and many of those from the Village that provide advice regularly to Councillors, seemed willing to recognize the need for safety improvements along Bedwell Bay Road for cyclists and pedestrians. The roadway from Senkler to the municipal hall and especially the section between the Tatlow Trail connector and the mailboxes just past Main Street provide the greatest discomfort for those walking or cycling. In this section, vehicle speed is affected by the downhill grades and drivers' sight lines being shortened by corners and landscaping. In this section, are also several crosswalks and two street intersections that add to driver distraction. Some traffic calming could be very helpful.

With summer, there is increasing traffic and increasing potential for accident. Immediate placement of some forms of traffic calming along this section of Bedwell Bay Road seems appropriate. Permanent solutions to traffic calming take time and study that temporary solutions do not require. When Council decided to temporarily close Midden Road to through traffic, it happened quickly, efficiently and effectively. The same approach to traffic calming along Bedwell Bay Road could be equally effective.

The safety and health of all users of Bedwell Bay Road would be enhanced by quick action on the part of this Council and Village staff. Let your Council know your thoughts.



EASY & DELICIOUS CUCUMBER SALAD

Submitted by Bonni Marshall

This should make enough for 4 people as a small side salad with lunch or dinner. If you are serving people with larger appetites, you may want to double the recipe.

Salad Ingredients:

- One long English cucumber, peeled and cut into small cubes
- Small handful of fresh mint leaves, chopped
- Small handful of fresh basil leaves, chopped
- You can also add some fresh dill
- One shallot finely chopped (optional)
- Toasted slivered almonds (maybe a 1/4 cup or so)

Note: I toast my slivered almonds in my air fryer - it's super quick & easy!

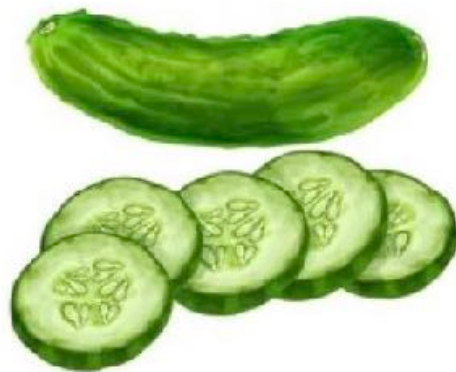
Mix all the salad ingredients together in a bowl (except for the toasted almonds) and store in the fridge until ready to eat. Don't make this too far ahead though. Keep the toasted almonds on the counter.



Dressing Ingredients:

- 3 Tbsps. Olive Oil
- 1 Tbsp. fresh squeezed lemon juice (or extra to taste)
- Clove of garlic (or two if they aren't large cloves) - finely crushed
- Celery seed - maybe 1/4 to 1/2 tsp. (or whatever quantity you prefer)
- Sea salt and ground black pepper to taste

Just before serving, toss the dressing on the salad, and add the toasted almonds.



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