From: Irene V <<u>irenevds2@gmail.com</u>> Sent: Wednesday, March 18, 2020 7:43 PM Subject: help offered to Belcarra Residents

Hi,

If help is needed with doing groceries, picking up medicines or driving people to appointments etc. then please let me know. I have plenty of time in the next 2 weeks.

Have a good day. Cheers, Irene VanderSpek 604 939 8993