

# Belcarra Barnacle

June 2019

Belcarra's Community Newspaper

Volume 40 Issue 5





Published ten times yearly by

#### THE BELCARRA BARNACLE.

Our purpose is to inform and involve.

The Barnacle welcomes all contributions about our local community.

If you would like to submit an article to the Editor, please be advised that your name will be listed as the author.

We also reserve the right to edit for brevity, accuracy, clarity or taste.

Photos and original art will be returned if requested.

#### HOW TO REACH US:

Put submissions in the Barnacle Box outside the Village Office

Mail: The Belcarra Barnacle, 4084 Bedwell Bay Road, Belcarra, B.C. V3H 4P8.

E-Mail: belcarrabarnacle@gmail.com

#### For Out of Town Delivery:

The Belcarra Barnacle is available for mail, for \$20.00 per year to cover mailing expenses. Please send cheque and mailing information.

DEADLINE: The 20th of each month.

#### **VOLUNTEERS:**

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Bonni Marshall

Isabel Wilson

Michele Babineau

ON-LINE: www.belcarra.ca

#### Words from the Editor:

Welcome to your Community Newspaper!

Thank you all for your continuing support of your local newspaper by sending us photographs and articles.

Please remember that the deadline for submissions is the 20th of the month!

Thanks to the residents who contribute, to the residents who proofread & to all residents who read the Barnacle!

Míchelle Montíco, Editor (604 528 0659)

belcarrabarnacle@gmail.com

#### ADVERTISING RATES: (Ads must be copy ready)

	Per Month 5 Issues 10 Issues (In Advance) (In Advance)				
Black and White					
Card (2" x 3")	\$20 <i>\$75</i> \$120				
1/4 Page	\$25 \$90 \$150				
1/2 Page	\$50 \$200 \$300				
<u>Colour</u>					
1 Page (Back Page)	\$225 \$1000 \$1900				
1 Page (Centre)	\$200 \$900 \$1750				
1/2 Page (Centre)	\$150 \$700 \$1400				

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#### The Belcarra Barnacle

#### **BELCARRA DIRECTORY**

Belcarra Village Hall 604 937 4100
Belcarra Website www.belcarra.ca

Block Watch Carol Drew 604 937 0143

Díana Drake 604 939 4946

CRAB Dave Warren 604 939 3010

Vol. Fíre Dept. Jay Sharpe 604 765 2944

jay.sharpe@anmore.com

SVFD Recruitment: sasamatrecruitment@gmail.com

RCMP - Non-Emergency 604 945 1550 or 604 469 1599

#### IMPORTANT DATES

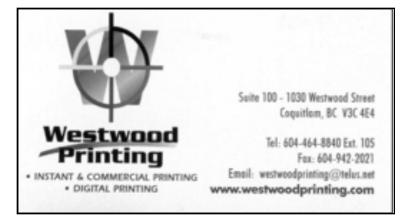
#### June 2019

June 3rd New Moon

June 10th Council Meeting @ 7.00 pm

June 16th Fathers Day!
June 17th Full Moon
June 23rd Belcarra Day!

June 24th Council Meeting @ 7.00pm



#### CAUTION BE BEAR AWARE

It's that time of year again!

- Make noise as you go
- Never approach or feed bears
- Secure food and garbage
- Keep children close to you
- Keep dogs on a leash

If you experience risky bear behaviour (not sightings)
Please contact the Conservation Office Hotline at
1-877-952-7277 (Ext 1)

Go to the following link for more information: https://www2.gov.bc.ca/gov/content/environment/plantsanimals-ecosystems/wildlife/human-wildlife- conflict/ staying-safe-around-wildlife/bears/bear-smart

#### **COVER ART**

Our front cover this month features photographs courtesy of DeepCoveKayak.com photographs taken by Mike Derbyshire.

Do send your favourite local photos and artwork to the Barnacle.

It is a pleasure to share them.

belcarrabarnacle@gmail.com



#### VILLAGE OF BELCARRA

## - MINUTES OF COUNCIL MEETINGS 2019 ITEMS OF NOTE

#### 24th April

#### 4. DELEGATIONS AND PRESENTATIONS

4.1 Farrer Cove Committee, Brian Ashford, Chair, Larry Carlsen, Vice-Chair, Sy Rogers, Lynda Spence, Bob Wilson

#### Recommendation:

That Council direct staff to work with all appropriate parties with respect to exploring mechanisms to secure long-term legal access to Farrer Cove.

#### 5. REPORTS

5.3 Lorna Dysart, Chief Administrative Officer, report dated April 24, 2019 regarding Metro Vancouver Regional District Water Connection Request

#### Recommendation:

That Staff be authorized to provide Metro Vancouver with an interim water supply to enable the Belcarra Park Picnic Area to open and to provide a permanent water service as outlined in the Metro Vancouver Regional District Water Connection Request report; and That the Village of Belcarra Water Servicing Agreement with the Metro Vancouver Regional District (Parks) dated April 25, 2019 be approved; and

That the Mayor and Chief Administrative Officer be authorized to sign the Agreement

13th May

#### 5. REPORTS

5.3 Lorna Dysart, Chief Administrative Officer, verbal report regarding a Bylaw Amendment to include the Requirement of Fire Sprinkler Systems.

#### Recommendation:

That Council direct staff to prepare a Bylaw Amendment to require fire sprinkler systems to be installed in all new construction and in major house renovations, or additions, that exceed a floor area of 47 square meters and / or where this add-on is deemed feasible.

Notes extracted from the village website by Clive Evans

Go online to www.belcarra.ca for more information



## VILLAGE OF BELCARRA Notice of Watermain Armouring Repair

June 3 to 7, 2019 7:00 AM to 4:00 PM

The Village of Belcarra is having a watermain armouring repair to the watermain at Midden Road and the foreshore. Spence Trucking Ltd. has been hired to complete this work. The watermain has become exposed and requires rock rip rap armouring to protect it from damage.

During construction hours of 7:00 AM to 4:00 PM on June 3 to 7, 2019 your patience and cooperation is requested. At times there will be truck traffic, marginal vehicle delays, and an increase in noise may be experienced. Care will be taken to ensure the safety of motorists and pedestrians during this period.

We apologize for any inconvenience the work may cause. Thank you for your cooperation and for assisting us to complete the project successfully.

If you have any questions or concerns, please contact Bernie Serné at 604-937-4100 or bserne@belcarra.ca.



#### VILLAGE OF BELCARRA

## Resident Windshield Parking Decals Now Available May 17, 2019

New Resident Windshield Parking Decals are now available for pick up at the Village Office.

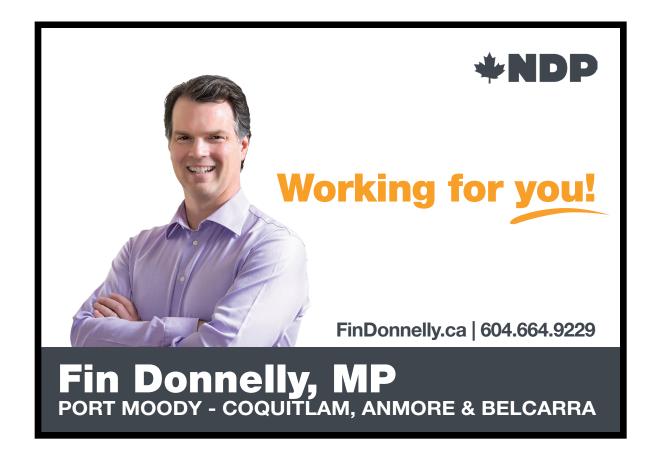
If you have already filled out a Resident Parking Permit Application, you may exchange your parking pass for a new decal at the Village Office.

If you do not have a parking pass, please fill out the attached form and return it to the Village Office to receive your Resident Parking Decal.

Please note, Guest Parking Passes will remain the same, please fill out the attached application form and submit it to the office to apply for Guest Parking Passes.

### Village of Belcarra

Financial Overview Report – May 15, 2019 - 29 pages. Available on the village website. www.belcarra.ca





#### Letter to the Editor

## Re: "Long Term Debt" versus "Total Assessed Value"

The recently received 2018 audit report for the Village of Belcarra included several graphs showing debt expressed in various contexts. One of those graphs was included in the last issue of the Belcarra Barnacle. However, missing from the auditor's report was information showing "Long-Term Debt" expressed as a ratio of the "Total Assessed Value" for municipalities. In other words, the report did not present information regarding the "Debt-to-Equity Ratio" for the municipalities included in their report.

The "Debt-to-Equity Ratio" is important in that a municipality's "Total Assessed Value" is one measure of a municipality's ability to pay-down long-term debt — much like total household income relates to the size of mortgage that a family can support.

An analysis of the 2017 Ministry of Finance financial

data for British Columbia municipalities shows the Village of Belcarra in a reasonably good position in the overall picture compared to other municipalities. The ratio of "Long-Term Debt" to "Total Assessed Value" for Belcarra was 0.64% as of December 31st, 2017.

In 2017, there were 42 municipalities that had a higher "Debt-to-Equity Ratio" than Belcarra, eight of which had a "Debt-to-Equity Ratio" ten (10) times greater than Belcarra; namely: Grand Forks (6.0%), Prince George (6.3%), Masset (6.7%), Richmond (6.8%), Fort St. John (7.8%), Vancouver (13.4%), Kelowna (14.1%) and Surrey (17.6%).

Also missing from the auditor's report was mention of the "Servicing Liability Limit" which is the upper limit established by the Province for servicing debt. As of 2017, Belcarra's annual "Servicing Liability Limit" was \$400,000 while the "Actual Debt Servicing Cost" was \$235,444. In other words, Belcarra's actual debt servicing cost was 59% of the "Servicing Liability Limit" leaving considerable room for emergency borrowing if it was necessary.

Suggestions that Belcarra is in a tenuous financial position are simply not correct!

Ralph Drew





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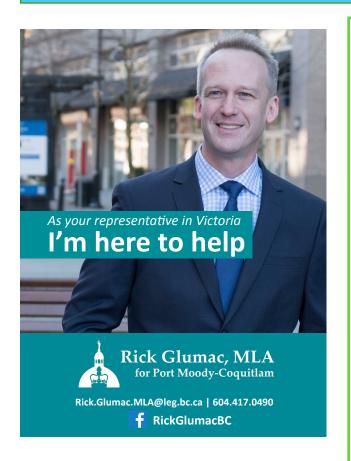
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#### We have whales!

Submitted by Jo Ledingham

It's so exciting but it's important to keep in mind Fisheries and Oceans regulations regarding whale-watching:

"<u>Killer whales in B.C. and Pacific Ocean</u>. In addition to the minimum distance approach of 200m for all killer whale populations in B.C. and the Pacific Ocean, a new 400m approach distance will be mandatory in Southern Resident killer whale critical habitat areas."

While F & O does not believe the Orcas we are seeing in Indian Arm are Southern Resident killer whales, there remains a 200m minimum distance for all killer whales – including transients, which is what we are seeing. New, tougher regulations are expected to come into effect in early June so stay tuned. We are asked to report immediately all infractions: 1-800-465-4336.

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#### Belcarra Blockwatch

Submitted by Diana Drake and Carol Drew

#### Boating Safety

Summer is almost here and with the warmer weather comes a return to boating fun.....and, of course, a return to all its attendant responsibilities. The Coquitlam RCMP's Rural Section, which covers the Fraser and Pitt rivers to Pitt Lake, Burrard Inlet to English Bay and all of Indian Arm, is reminding everyone of boating safety regulations on local waters. Police officers will be out in the upcoming weeks conducting speed enforcement, checking for open liquor, licences, and PFDs. So.... please follow these basic principles for

So.... please follow these basic principles for safety on the water:

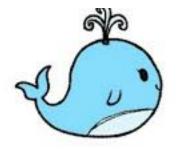
- life jackets (PFDs) are mandatory whether you are in a boat, kayak, canoe or on a paddle board.
- boaters must carry (a) proof of competency: eg. Pleasure Craft Operator card for any electric or gas powered craft.

  (b) personal ID and (c) pleasure craft licence for 10hp or more.
- boating while impaired, or BUI, is dangerous and illegal and may result in criminal charges.
- operate at a safe speed, adapting to weather conditions and boating traffic.
- have proper signalling devices and lighting on board.
- check weather, wind, tide and fuel before setting out.

Also, considering one man's disastrous experience at Rocky Point in Pt. Moody, take care launching a boat on your own! (See: tricitynews.com - man nearly crushed by boat and car in Pt. Moody)

Note: A village resident recently notified Block Watch that a suspicious individual on a Sea-Doo was seen, over a two day period, apparently "scoping out docks and boats along Belcarra Bay waterfront".







604-290-2750 or 604-464-5844 abledrain@shaw.ca



Belcarra cabín dwellers get a temporary reprieve as their case goes to court.

Source Gary McKenna/ Trí-Cíty News Apríl 20 2019

Photo of Jo Ledingham

Metro Vancouver's six-year battle to evict a group of cabin-dwellers from Belcarra Regional Park is heading back to court.

The effort to remove the longtime residents hit a legal roadblock in February when B.C.'s Residential Tenancy Branch failed to uphold the region's two-month notice to vacate.

Now, Metro Vancouver is taking the residents to court, saying the arbitrator's decision should be set aside or remitted back to the tenancy branch for a new hearing. The regional district has stated it intends to use the land for public park space and retain the cabins as an "interpretive landscape display."

But because the land use has not been determined for one of the cabins, the arbitrator said the region had not established the property would be used for purposes other than residential. In its petition to the court, Metro Vancouver said it has been clear about its intentions for the property.

"The entirety of the evidence was that the whole of the rental property, including all of the cabins, would cease any residential use and be converted to non-residential use as public park land," said Metro's court document.

The petition is the latest battle in a six-year legal dispute between Metro Vancouver and the residents of seven cabins in Belcarra Regional Park, who rent their cabins on the eastern shoreline of Indian Arm.

The regional district, which owns the land, wants to demolish several of the cottages to improve waterfront access and provide more parking for park visitors. The plan also calls for the construction of a 700-metre trail, two toilet facilities and the restoration of natural

habitat around a pond and the cottages. Metro Vancouver estimates the total cost for the project will be about \$4.3 million.

Jo Ledingham, who has lived in one of the cottages for 17 years, and first started visiting it in the summers starting in 1964, said the long legal fight has been frustrating for residents.

"There's huge anxiety," she said. "It takes a toll. It becomes your life.

"That anxiety can also make you dig your heels in and say this isn't right," she added.

Ledingham said she would like to see an arrangement where residents of the cabins continue to reside in the park even as Metro improves waterfront access.

But she said the region seems determined to move ahead with its plans, even if it means evicting the residents.

"They will just keep doing this," she said. "It is taking them longer than they wanted."

## Stories From The Archives — Port Moody Clearing and Building

Researched By: Ralph Drew, Belcarra, BC, Apríl 2019. Source: Mainland Guardían, Saturday, February 3<sup>rd</sup>, 1883.

Port Moody — The present fine bright weather has encouraged builders and capitalists to come to the front. Gangs of men are being sent over from this city [New Westminster] to erect two hotels, a number of stores, workshops, &c., so that from this time forth the busy hum of animated industry will continue and increase in volume daily. The work of clearing the [C.P.R. railway] track goes on merrily; the roots of giant trees are blown into fragments with dynamite, the holes where they were, filled and the track graded with wonderful despatch. Of course, expedition is important just now, because the ships with rails may arrive any day from England. The sale of lots is going on briskly; twenty-one parcels changed hands during the last few days, and prices are stiffening. Accommodation for travellers is absurdly inadequate; a few blankets and room to stretch on the floors of the hotels, are at a premium. Workmen are glad to lodge themselves in shingle cabins or tents. It is fortunate that the weather, though frosty, is clear and sunshing during the day, so that the inconvenience is not so great. There is no snow.



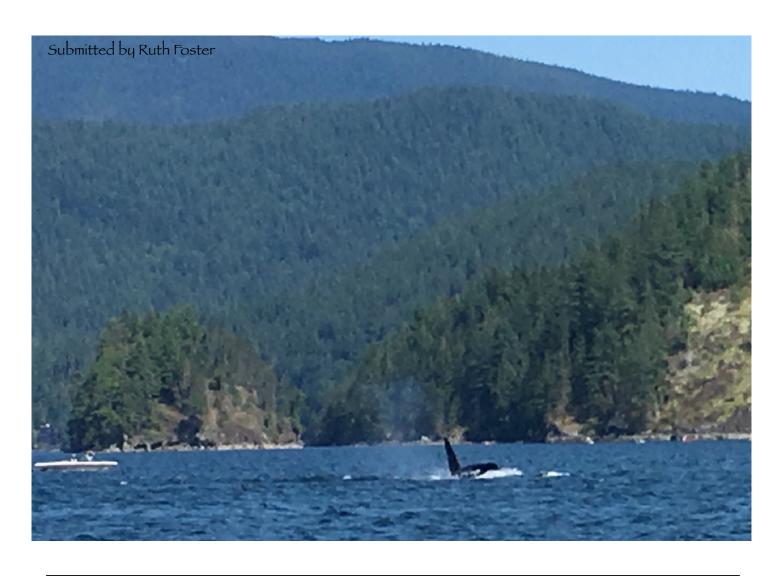
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### **2019 BELCARRA DAY**

Belcarra's 40th Anniversary

**Sunday**, **June 23** ~ **10** am **- 2** pm

#### Belcarra Park Picnic Shelters

**Scheduled Activities** 

10:00 am -Coffee's on!

10:00 am - 12:00 pm

Cinemazoo - Petting Zoo



10:00 am - 12:00 pm Kids Pony Rides

10:30 am - 12:30 pm

**Professional Face Painting by Grace** 

10:30 - 1:30 pm

Caricatures by Caricatoons

11:30 am - 1:00 pm

Lunch co-sponsored

by SVFA & VOB

12:30 pm - 1:00 pm

Kids games

1:00 pm - 1:45 pm

Raffle Prizes & Cake



2:00 pm - Wrap Up

Ongoing Activities & Attractions



BOUNCY CASTLE

Thomas the Train



SVFD Fire Truck



Local Artists

Face Painting

Caricature Artist

**40**th Anniversary Group Photo **CRAB Candy Store** 

Music by:

Five on a String



#### VILLAGE NEWS

#### QUIPS AND QUOTES

Submitted by Barbara Shelly

...another person's life observed from outside, always has a shape and definition that one's own life lacks.

The Ghost Road by Pat Barker

#### **BARNACLE TRAVELS!**

The Belcarra Barnacle invites you to take your local newspaper with you when you travel, send us a photograph of yourself holding a copy of The Belcarra Barnacle and we'll publish your photograph!



Deborah Struk at Laguna Beach.



#### **BELCARRA DAY**

Have a Ball! Fun for the whole Family! at Belcarra Park Picnic Area

Sunday, June 23, 2019

10:00 am to 2:00 pm

Volunteers needed for various activities.

Call the Village Office 604-937-4100 for more information and to sign up!

## Belcarra's 40<sup>th</sup> Anniversary



## Regarding Cougars and Bears. Submitted by Martin G. Devos

We have sighted a large cougar near our vehicles in the morning (4-6am) a few times in the last month, Duane, our lower unit tenant, was only feet away from it once on the other side of a hedge hiding beside his truck, and just a few weeks ago it was in someone's backyard killing a deer just 3 houses north of us on Belcarra Bay Road. Easily 200lbs.

Around the same time as the first sightings a friend of ours that lives closer to the village entrance had a cougar stalking around his house at night while he and a friend were outside having a cigarette. His home camera system shows it on 3 sides of the house and then being scared off by his friends golden retriever who was only 20' from it's owner.

In October we carelessly attracted a junior black bear and had a close call, as we were new to the area and quickly ensured not to leave anything tasty outside! Today the same poor person of our household, Luke, ran into a FULL Grown Black bear as he was going to run up to the garage leaving from the front door as the bear was going beside the house down the stairs and it then went to our low deck, water side searching for food. I am at work so Luke called me for information, I told him to be as Loud as he could from the upper deck and shout BEAR to notify neighbours and/or pedestrians.

We are at 4643 and many, many neighbours and visitors alike walk by our place, could you imagine a panicked full grown black bear charging out of a driveway to the woods on the other side of the road as you are strolling with your dog?

We've notified the Conservation Officer, but yes.. be AWARE!







Belcarra Blessings
Deborah Struk

'Enjoy living in Belcarra; paradise this side of paradise'

Oh what a month! Don't get me wrong, I mean it in an overwhelmingly positive way. Life is truly amazing. Oh yes, we all have our struggles and upsets, but oh so much to be thankful for, to be mindful and intentional in our awareness and gratitude brings health to our souls.

It is a joy to be present in life and thankful at each turn. As we do, greater blessings abound. (life principle; we reap what we sow) As we live this way it inevitably spills over into the lives of those around us.

I had a huge list of my own blessings this month that were truly spectacular. That list started to get too long and my gratitude overflowed. The beauties that touch my soul the most are; being blessed with seeing God's creation and knowing when other people are joyful.

So, what filled my heart to overflowing in May? There were two mature bald eagles that soared past as I kayaked. Further on, they had landed in a gigantic hemlock near the shore. One was high up with it's wings spread wide, the other in a branch about 4 metres below. One of them was making near terrifying shrieking noises. What a display. I continued past for a few minutes.

The noise continued then suddenly stopped with a different sound. Then both flew towards Strathcona and halfway across the Arm, they grabbed onto each other in their mating ritual and spiralled out of sight behind Boulder Island. Such a Glorious sight! The pair of them have graced the skies so many times in the last month. Then, two weeks ago began the swallows swooping for hours back and forth across the sky and over our pool. The swallows haven't been seen here for at least 5 years. There are pairs of tree and barn swallows. But, the tree swallows are my favourites. Just last week the black-capped chickadees took up residence in a nearby birdhouse.

What about the whale sightings? How glorious! The first time the orcas came in late April, which I missed . At one point I noticed a group of boats and was suspicious, but last report they were at Camp Jubilee. I didn't pick up my telescope. Alas, it was the Orcas heading back towards Burrard Inlet. Lesson learned, I should've been more present than rational, right? Nonetheless, I was overjoyed so many others DID get to see this transient pod. Following that there was a grey whale in Belcarra Bay, Jo Ledingham and many others were blessed with that sighting. Several days later Liisa Wilder and Jillian Hull were completely surprised with a very up close viewing of a grey whale feeding in Belcarra Bay. They watched it for about 45 minutes as it circled the bay. How exciting! I did a happy dance that they were both treated to this spectacular sight.

If that weren't enough excitement, on Thursday May 23, neighbours Kim and Linda Alfreds were boating to Victoria for the Swiftsure Yacht race. Linda texted to say they had seen an Orca heading towards Belcarra! About 15 minutes (and many phone call to others) later the Orcas burst around Cates Park point. It was beautiful! What a sight My heart was full. I watched them as they gracefully swam North past Hamber Island. I was overjoyed to know so many others did get to see the Orcas. There are videos on Youtube (search Indian Arm Orcas) and Liisa will share her video if you ask.

Days ago a bear was roaming down our side drive. What's the protocol? MAKE NOISE! It then sauntered off into Papove's yard along the foreshore over to Chisholm's. Jim and Sherry watched it, while making noise and it, thankfully, decided these humans are too noisy and ran off. So long as we are diligent with not

having easy food available. They should be quick to move along.

Perhaps our most 'majestic', and fierce land animal has been frequently sighted. There is a cougar that has been spotted between the hours of 4 and 6am AND 9/10 pm. The early mornings along Belcarra Bay near Bedwell Bay intersection and in the evenings in the park. Park workers have seen it 'watching' from the picnic area at night.Please exercise caution.

Keep your eyes open and you never know what you will see. We can all sing "Down by the Bay where the wha -les swim" with hearts full of joy and gratitude in this village between the forest and the sea.



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## Kid'z Space



This is a photograph submitted by Megan Shelly of a Newt seen at a Belcarra bus stop!



https://bcwf.bc.ca/initiatives/conservation-app/



#### Whale Sightings

https://www.youtube.com/watch?
v=rbiRRNONarQ

http://wildwhales.org/wras/

https://twitter.com/tracygreenbc/status/1129545396399869952?s=11



#### Underwater Alphabet

Written by Isabelle Côté, Belcarra's Professor of Marine Ecology Fun factoids about local marine wildlife, one letter at a time.

S is for... sunflower seastar. This is one of the largest seastars in the world, growing up to 1 m in diameter. Their body can be dull grey to bright orange, and is covered in short spines. Adult sunflower seastars have anywhere from 16 to 24 arms, the undersides of which are covered with 15,000 sticky tube feet. These are great for clinging to rock and for speeding toward any prey that the sunflower seastars can smell, which they do at the dizzying speed of 1.2 m per minute (or 72 m per hour). Not very fast, you say? Fair enough, but that's faster than most of the prey they running after, which include mussels and clams, sea urchins, crabs, barnacles, chitons, sea cucumbers, snails, sand dollars, worms, and the odd fish.

Although sunflower seastars have always been known as fearsome predators, they became very more famous in 2013 because they nearly disappeared from our local waters. A virus, likely triggered by warm water temperatures, caused infected seastars to dissolve into little mounds of white flakes – made from their tiny skeleton pieces – in a matter of weeks. About 90% of sunflower seastars, and other seastar species too, died in Howe Sound (and probably in Indian Arm, but no one was counting them there). Their demise triggered an ecological cascade, whereby green urchins became superabundant, and they grazed what little kelp we had to almost nothing. Ecology in action!

Fun factoid about sunflower seastars: Most other seastars have a one-piece, fairly stiff skeleton, which means that they hold their body shape in and out of the water. Sunflower stars, in contrast, have a skeleton that is made up of just a few disconnected pieces. This gives them a fleshy, flaccid body that wobbles like jello when poked underwater, and that flattens like a gooey pancake if pulled out of the water.





Submitted by Dave Warren & Liisa Wilder

There has been a large cougar frequently spotted between the areas of Belcarra Park North along Belcarra Bay Rd. Sightings are between 4-6 am and after 9pm. It has been seen in the evenings sitting in the picnic area watching. There have also been animals go missing and known animal kills. There has been NO threat to people. We do live in a wildlife area. If you spot a cougar, NEVER run away and do NOT turn your back. Cougars will back off if they know you are threat.

Also a large black bear (200+ #) has been sighted wandering throughout the village, most recently wandering down the side of homes in the Belcarra Bay Rd area. Be Bear Aware.

Here is the link to Wild Life BC education material, in particular our bears and cougars:

#### https://wildsafebc.com

Please exercise caution when walking; keep pets when possible, and always walk your pet on a leash. Do not leave any food source outside or in vehicles, including garbage.

Stay safe and help keep our wildlife safe as well.



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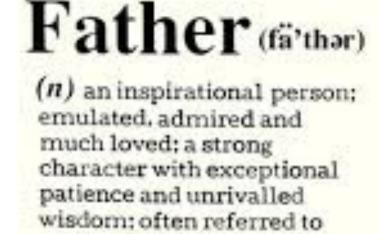
 $info@specialized tree care. ca \mid www.specialized tree care. ca$ 

778-847-0658

Aaron Minicola
President & Owner



Belcarra resident Ruth Foster is heading up a documentary film project about Port Moody's eldest citizen, the loco heritage champion, Mary Anne Cooper.



as a daughters first love.



#### Classified Ads are free for Belcarra Residents



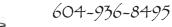
"Winter wears on his smiling face A dream of Spring!"

[adapted from S. T. Coleridge, February 1825]

Yes! Long, sunshiny days signal a change in the air.

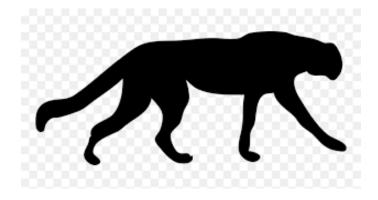
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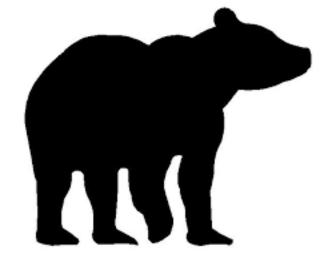
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Lessons · Group Programs · Tours · Rentals

## June 2019 Tide Table

Day	High	Low	High	Low	High	Phase	Sunrise	Sunset
Sat 01	4:32 AM 4.25 m	12:05 PM 0.96 m	6:51 PM 4.06 m	11:56 PM 2.91 m			5:10 AM	9:08 PM
Sun O2	5:02 AM 4.26 m	12:43 PM 0.72 m	7:39 PM 4.25 m				5:10 AM	9:09 PM
Mon 03		12:42 AM 3.02 m	5:34 AM 4.28 m	1:24 PM 0.53 m	8:25 PM 4.40 m	New Moon	5:09 AM	9:10 PM
Tue 04		1:27 AM 3.11 m	6:07 AM 4.28 m	2:05 PM 0.40 m	9:11 PM 4.51 m		5:08 AM	9:11 PM
Wed 05		2:14 AM 3.19 m	6:44 AM 4.25 m	2:47 PM 0.36 m	9:56 PM 4.59 m		5:08 AM	9:12 PM
Thu 06		3:04 AM 3.23 m	7:26 AM 4.15 m	3:30 PM 0.41 m	10:42 PM 4.65 m		5:07 AM	9:12 PM
Frí 07		4:00 AM 3.22 m	8:23 AM 3.98 m	4:15 PM 0.56 m	11:27 PM 4.69 m		5:07 AM	9:13 PM
Sat 08		5:03 AM 3.12 m	9:37 AM 3.76 m	5:01 PM 0.82 m			5:06 AM	9:14 PM
Sun 09	12:13 AM 4.72 m	6:14 AM 2.92 m	10:58 AM 3.54 m	5:52 PM 1.18 m		Fírst Quarter	5:06 AM	9:15 PM
Mon 10	12:59 AM 4.72 m	7:29 AM 2.57 m	12:25 PM 3.38 m	6:50 PM 1.60 m			5:06 AM	9:15 PM
Tue II	1:44 AM 4.69 m	8:36 AM 2.13 m	1:59 PM 3.38 m	7:56 PM 2.03 m			5:06 AM	9:16 PM
Wed 12	2:27 AM 4.63 m	9:31 AM 1.68 m	3:32 PM 3.56 m	9:05 PM 2.42 m			5:05 AM	9:17 PM
Thu 13	3:09 AM 4.55 m	10:21 AM 1.26 m	4:51 PM 3.85 m	10:10 PM 2.72 m			5:05 AM	9:17 PM
Fri 14	3:48 AM 4.46 m	11:07 AM 0.93 m	5:57 PM 4.15 m	11:09 PM 2.95 m			5:05 AM	9:18 PM
Sat 15	4:25 AM 4.36 m	11:53 AM 0.69 m	6:53 PM 4.39 m				5:05 AM	9:18 PM
Sun 16		12:01 AM 3.12 m	5:01 AM 4.28 m	12:37 PM 0.56 m	7:42 PM 4.56 m		5:05 AM	9:19 PM
Mon 17		12:50 AM 3.23 m	5:35 AM 4.21 m	1:19 PM 0.53 m	8:26 PM 4.65 m	Full Moon	5:05 AM	9:19 PM
Tue 18		1:36 AM 3.28 m	6:09 AM 4.14 m	2:01 PM 0.58 m	9:07 PM 4.69 m		5:05 AM	9:19 PM
Wed 19		2:20 AM 3.30 m	6:46 AM 4.06 m	2:39 PM 0.69 m	9:46 PM 4.69 m		5:05 AM	9:20 PM
Thu 20		3:05 AM 3.28 m	7:28 AM 3.94 m	3:15 PM 0.86 m	10:24 PM 4.67 m		5:05 AM	9:20 PM
Frí 21		3:53 AM 3.23 m	8:16 AM 3.77 m	3:48 PM 1.07 m	11:00 PM 4.65 m		5:05 AM	9:20 PM
Sat 22		4:47 AM 3.14 m	9:11 AM 3.58 m	4:19 PM 1.33 m	11:35 PM 4.62 m		5:06 AM	9:20 PM
Sun 23		5:48 AM 2.99 m	10:13 AM 3.37 m	4:49 PM 1.61 m			5:06 AM	9:21 PM
Mon 24	12:08 AM 4.57 m	6:56 AM 2.76 m	11:23 AM 3.19 m	5:23 PM 1.92 m			5:06 AM	9:21 PM
Tue 25	12:40 AM 4.51 m	7:57 AM 2.47 m	12:42 PM 3.11 m	6:07 PM 2.26 m		Last Quarter	5:06 AM	9:21 PM
Wed 26	1:11 AM 4.44 m	8:46 AM 2.14 m	2:14 PM 3.18 m	7:09 PM 2.60 m			5:07 AM	9:21 PM
Thu 27	1:43 AM 4.38 m	9:28 AM 1.80 m	3:45 PM 3.40 m	8:24 PM 2.88 m			5:07 AM	9:21 PM
Frí 28	2:17 AM 4.34 m	10:09 AM 1.45 m	4:57 PM 3.70 m	9:35 PM 3.07 m			5:08 AM	9:20 PM
Sat 29	2:53 AM 4.33 m	10:51 AM 1.13 m	5:55 PM 3.99 m	10:35 PM 3.19 m			5:09 AM	9:20 PM
Sun 30	3:31 AM 4.35 m	11:34 AM 0.83 m	6:45 PM 4.24 m	11:29 PM 3.26 m			5:09 AM	9:20 PM



JULY 12-14 & 19-21 2019 | 11AM-7PM ORGANIC • GREEN TEA • SOURDOUGH BREAD

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